

0) Date - Month

MONTH

1	January	▼
2	February	
3	March	
4	April	
5	May	
6	June	
7	July	
8	August	
9	September	
10	October	
11	November	
12	December	

0) Date - Year

YEAR

2011	2011	▼
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0) Date - Day

DAY

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- 0) Enter PDA # found on the back of the PDA.

PDAID

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- 0) Please enter your two digit staff ID, it can be found in the protocol.

GSIDCOL1

- 0) Child's Study ID

GID

We would like to better understand things that you might do or how you feel about physical activity.

Physical activity can be any play, game, sport, exercise, or transportation (like walking or biking to school) that gets you moving and breathing harder.

This is NOT a test! There are NO right or wrong answers.

We want to know your thoughts, feelings, and opinions about physical activity. Please DO NOT share your answers with others in the room.

PHYSICAL ACTIVITY KNOWLEDGE

The following questions ask about how your health is affected by physical activity. Please mark whether you think the question is True or False after I read each question.

- 1) Physical Activity can weaken your bones?
GQ01PAK1
1 TRUE
0 FALSE
- 2) Physical Activity helps to keep your heart healthy?
GQ02PAK1
1 TRUE
0 FALSE
- 3) Physical Activity develops your body strength?
GQ03PAK1
1 TRUE
0 FALSE
- 4) Physical Activity gives you high blood pressure?
GQ04PAK1
1 TRUE
0 FALSE
- 5) Physical Activity helps you keep a healthy body weight?
GQ05PAK1
1 TRUE
0 FALSE
- 6) Physical Activity shortens your life?
GQ06PAK1
1 TRUE
0 FALSE

- 7) Physical Activity releases the tension/pressure of everyday stress?
GQ07PAK1
1 TRUE
0 FALSE
- 8) Physical Activity helps you relax?
GQ08PAK1
1 TRUE
0 FALSE
- 9) Physical Activity generally makes people feel depressed?
GQ09PAK1
1 TRUE
0 FALSE
- 10) Physical Activity gives you aches and pains?
GQ10PAK1
1 TRUE
0 FALSE
- 11) Physical Activity can keep your muscles strong and flexible?
GQ11PAK1
1 TRUE
0 FALSE
- 12) Physical Activity helps you sleep better?
GQ12PAK1
1 TRUE
0 FALSE
- 13) Every day you should get at least _____ minutes of physical activity.
GQ13PAK1
1 15
2 30
3 60
4 90

PHYSICAL ACTIVITY

- 14) During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)
GQ01PA1
1 0 days
2 1 day
3 2 days
4 3 days
5 4 days
6 5 days
7 6 days
8 7 days
- 15) On an average school day, how many hours do you watch TV?
GQ02PA1
1 I do not watch TV on an average school day
2 Less than 1 hour per day
3 1 hour per day
4 2 hours per day
5 3 hours per day
6 4 hours per day
7 5 or more hours per day

- 16) On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)

GQ03PA1

- 1 I do not play video or computer games or use a computer for something that is not school work
- 2 Less than 1 hour per day
- 3 1 hour per day
- 4 2 hours per day
- 5 3 hours per day
- 6 4 hours per day
- 7 5 or more hours per day
- 17) In an average week when you are in school, on how many days do you go to physical education (PE) classes?

GQ04PA1

- 1 0 days
- 2 1 day
- 3 2 days
- 4 3 days
- 5 4days
- 6 5 days
- 18) During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

GQ05PA1

- 1 0 teams
- 2 1 team
- 3 2 teams
- 4 3 or more teams

PHYSICAL ACTIVITY STAGES OF CHANGE

For each of the following questions, please mark YES or NO. Please be sure to read the questions carefully.

For physical activity to be considered REGULAR it must be done for 30 minutes (or more) per day, and be done for at least 5 days per week.

The intensity of the activity should be enough to increase your heart beat and/or your breathing. Examples of activities are fast walking, biking, swimming, dancing, and aerobics or any other activity with a similar intensity.

- 19) Do you currently do regular physical activity?

GQ01SC1

- 1 YES
- 0 NO

- 20) Do you intend to do regular physical activity in the NEXT 6 MONTHS?

GQ02SC1

- 1 YES
- 0 NO

- 21) Do you intend to do regular physical activity in the NEXT 30 DAYS?

GQ03SC1

- 1 YES
- 0 NO

- 22) Have you been doing regular physical activity for the PAST 6 MONTHS?

GQ04SC1

- 1 YES
0 NO

NORMATIVE BELIEFS

- 23) This week will you do physical activities?

GQ01NBA1

- 1 NO, NOT AT ALL
2 NO, NOT REALLY
3 YES, MAYBE
4 YES, FOR SURE

- 24) This week will you try to do physical activities?

GQ02NBA1

- 1 NO, NOT AT ALL
2 NO, NOT REALLY
3 YES, MAYBE
4 YES, FOR SURE

- 25) This week what are the chances of you doing physical activities?

GQ03NBA1

- 1 NO, NOT AT ALL
2 NO, NOT REALLY
3 YES, MAYBE
4 YES, FOR SURE

- 26) Doing physical activities is fun.

GQ01NBB1

- 1 NO, NOT AT ALL
2 NO, NOT REALLY
3 YES, MAYBE
4 YES, FOR SURE

- 27) Doing physical activities are something to do when I'm bored.

GQ02NBB1

- 1 NO, NOT AT ALL
2 NO, NOT REALLY
3 YES, MAYBE
4 YES, FOR SURE

- 28) Doing physical activity is tiring.

GQ03NBB1

- 1 NO, NOT AT ALL
2 NO, NOT REALLY
3 YES, MAYBE
4 YES, FOR SURE

- 29) Doing physical activities can cause me bodily injury.

GQ04NBB1

- 1 NO, NOT AT ALL
2 NO, NOT REALLY
3 YES, MAYBE
4 YES, FOR SURE

- 30) Are your friends physically active?

GQ01NBC1

- 1 NO, NOT AT ALL
2 NO, NOT REALLY
3 YES, MAYBE
4 YES, FOR SURE

- 31) Is one of your siblings physically active?

GQ02NBC1

- 1 NO, NOT AT ALL
2 NO, NOT REALLY
3 YES, MAYBE
4 YES, FOR SURE
0 I do not have any siblings

32) Is your father physically active?

GQ03NBC1

- 1 NO, NOT AT ALL
- 2 NO, NOT REALLY
- 3 YES, MAYBE
- 4 YES, FOR SURE
- 0 This answer does not apply to me.

33) Is your mother physically active?

GQ04NBC1

- 1 NO, NOT AT ALL
- 2 NO, NOT REALLY
- 3 YES, MAYBE
- 4 YES, FOR SURE
- 0 This question does not apply to me.

ENJOYMENT OF PHYSICAL ACTIVITY

34) When I am active I feel bored.

GQ01EPA1

- 1 DISAGREE A LOT
- 2 DISAGREE A LITTLE
- 3 NEITHER AGREE OR DISAGREE
- 4 AGREE A LITTLE
- 5 AGREE A LOT

35) When I am active I dislike it.

GQ02EPA1

- 1 DISAGREE A LOT
- 2 DISAGREE A LITTLE
- 3 NEITHER AGREE OR DISAGREE
- 4 AGREE A LITTLE
- 5 AGREE A LOT

36) When I am active it's no fun at all.

GQ03EPA1

- 1 DISAGREE A LOT
- 2 DISAGREE A LITTLE
- 3 NEITHER AGREE OR DISAGREE
- 4 AGREE A LITTLE
- 5 AGREE A LOT

37) When I am active it frustrates me.

GQ04EPA1

- 1 DISAGREE A LOT
- 2 DISAGREE A LITTLE
- 3 NEITHER AGREE OR DISAGREE
- 4 AGREE A LITTLE
- 5 AGREE A LOT

38) When I am active it's not at all interesting.

GQ05EPA1

- 1 DISAGREE A LOT
- 2 DISAGREE A LITTLE
- 3 NEITHER AGREE OR DISAGREE
- 4 AGREE A LITTLE
- 5 AGREE A LOT

39) When I am active I feel as though I would rather be doing something else.

GQ06EPA1

- 1 DISAGREE A LOT
- 2 DISAGREE A LITTLE
- 3 NEITHER AGREE OR DISAGREE
- 4 AGREE A LITTLE
- 5 AGREE A LOT

OUTCOME EXPECTANCY VALUE

- 40) If I were to be physically active during my free time on most days it would help me to spend more physical time with my friends.

GQ01OEA1

- 1 Disagree a lot
 - 2 Disagree a little
 - 3 Neither agree or disagree
 - 4 Agree a little
 - 5 Agree a lot
- 41) Spending more time with my friends is...

GQ01OEB1

- 1 Not very important
 - 2 Somewhat unimportant
 - 3 Neither important nor unimportant
 - 4 Somewhat important
 - 5 Very important
- 42) If I were to be physically active during my free time on most days it would help me to control my weight.

GQ02OEA1

- 1 Disagree a lot
- 2 Disagree a little
- 3 Neither agree or disagree
- 4 Agree a little
- 5 Agree a lot

- 43) Controlling my weight is...

GQ02OEB1

- 1 Not very important
- 2 Somewhat unimportant
- 3 Neither important nor unimportant
- 4 Somewhat important
- 5 Very important

- 44) If I were to be physically active during my free time on most days it would put me in a better mood.

GQ03OEA1

- 1 Disagree a lot
- 2 Disagree a little
- 3 Neither agree or disagree
- 4 Agree a little
- 5 Agree a lot

- 45) Being in a better mood is...

GQ03OEB1

- 1 Not very important
- 2 Somewhat unimportant
- 3 Neither important nor unimportant
- 4 Somewhat important
- 5 Very important

- 46) If I were to be physically active during my free time on most days it would make me better in sports, dance, or other activities.

GQ04OEA1

- 1 Disagree a lot
- 2 Disagree a little
- 3 Neither agree or disagree
- 4 Agree a little
- 5 Agree a lot

- 47) Being better in sports, dance, or other activities is...

GQ04OEB1

- 1 Not very important
- 2 Somewhat unimportant
- 3 Neither important nor unimportant
- 4 Somewhat important
- 5 Very important

- 48) If I were to be physically active during my free time on most days I would feel better about myself.

GQ05OEA1

- 1 Disagree a lot
 2 Disagree a little
 3 Neither agree or disagree
 4 Agree a little
 5 Agree a lot

- 49) Feeling good about myself is....

GQ05OEB1

- 1 Not very important
 2 Somewhat unimportant
 3 Neither important nor unimportant
 4 Somewhat important
 5 Very important

BARRIERS TO SELF-EFFICACY

Many girls report that it is more difficult to get themselves to exercise under some conditions than others. There are no right or wrong answers. Mark how much you AGREE or DISAGREE with the following statements.

- 50) I can be physically active during my free time on most days.

GQ01SE1

- 1 Disagree a lot
 2 Disagree a little
 3 Neither agree or disagree
 4 Agree a little
 5 Agree a lot

- 51) I can ask my parent or other adult to do physically active things with me.

GQ02SE1

- 1 Disagree a lot
 2 Disagree a little
 3 Neither agree or disagree
 4 Agree a little
 5 Agree a lot

- 52) I can be physically active during my free time on most days even if I could watch TV or play video games instead.

GQ03SE1

- 1 Disagree a lot
 2 Disagree a little
 3 Neither agree or disagree
 4 Agree a little
 5 Agree a lot

- 53) I can be physically active during my free time on most days even if it is very hot or cold outside.

GQ04SE1

- 1 Disagree a lot
 2 Disagree a little
 3 Neither agree or disagree
 4 Agree a little
 5 Agree a lot

- 54) I can ask my best friend to be physically active with me during my free time on most days.

GQ05SE1

- 1 Disagree a lot
 2 Disagree a little
 3 Neither agree or disagree
 4 Agree a little
 5 Agree a lot

- 55) I can be physically active during my free time on most days even if I have to stay at home.

GQ06SE1

- 1 Disagree a lot
- 2 Disagree a little
- 3 Neither agree or disagree
- 4 Agree a little
- 5 Agree a lot

- 56) I have the coordination I need to be physically active during my free time on most days.

GQ07SE1

- 1 Disagree a lot
- 2 Disagree a little
- 3 Neither agree or disagree
- 4 Agree a little
- 5 Agree a lot

- 57) I can be physically active during my free time on most days no matter how busy my day is.

GQ08SE1

- 1 Disagree a lot
- 2 Disagree a little
- 3 Neither agree or disagree
- 4 Agree a little
- 5 Agree a lot

SOCIAL SUPPORT

- 58) During a typical week, how often do your friends encourage you to do physical activities or play sports?

GQ01SS1

- 1 NEVER
- 2 ONCE
- 3 SOMETIMES
- 4 ALMOST EVERY DAY
- 5 EVERY DAY

- 59) During a typical week, how often do your friends do physical activities or play sports with you?

GQ02SS1

- 1 NEVER
- 2 ONCE
- 3 SOMETIMES
- 4 ALMOST EVERY DAY
- 5 EVERY DAY

- 60) During a typical week, how often do your friends tell you that you are doing well at physical activities or sports?

GQ03SS1

- 1 NEVER
- 2 ONCE
- 3 SOMETIMES
- 4 ALMOST EVERY DAY
- 5 EVERY DAY

- 61) During a typical week, how often has a member of your household (for example, your father, mother, brother, sister, grandparent, or other relative) done a physical activity or played sports with you?

GQ04SS1

- 1 NEVER
- 2 ONCE
- 3 SOMETIMES
- 4 ALMOST EVERY DAY
- 5 EVERY DAY

- 62) During a typical week, how often has a member of your household (for example, your father, mother, brother, sister, grandparent, or other relative) provided transportation to places where you can do physical activities or play sports?

GQ05SS1

- 1 NEVER
 2 ONCE
 3 SOMETIMES
 4 ALMOST EVERY DAY
 5 EVERY DAY
- 63) During a typical week, how often has a member of your household (for example, your father, mother, brother, sister, grandparent, or other relative) watched you participate in physical activities or sports?

GQ06SS1

- 1 NEVER
 2 ONCE
 3 SOMETIMES
 4 ALMOST EVERY DAY
 5 EVERY DAY
- 64) During a typical week, how often has a member of your household (for example, your father, mother, brother, sister, grandparent, or other relative) told you that you are doing well in physical activities or sports?

GQ07SS1

- 1 NEVER
 2 ONCE
 3 SOMETIMES
 4 ALMOST EVERY DAY
 5 EVERY DAY

SELF MANAGEMENT STRATEGIES

HOW OFTEN was each of these things true for you in the LAST MONTH?

- 65) I think about the benefits I will get from being physically active.

GQ01SMS1

- 1 NEVER
 2 RARELY
 3 SOMETIMES
 4 OFTEN
 5 VERY OFTEN

- 66) I say positive things to myself about physical activity.

GQ02SMS1

- 1 NEVER
 2 RARELY
 3 SOMETIMES
 4 OFTEN
 5 VERY OFTEN

- 67) When I get off track with my physical activity plans, I tell myself I can start again and get right back on track.

GQ03SMS1

- 1 NEVER
 2 RARELY
 3 SOMETIMES
 4 OFTEN
 5 VERY OFTEN

- 68) I try different kinds of physical activity so that I have more options to choose from.

GQ04SMS1

- 1 NEVER
 2 RARELY
 3 SOMETIMES
 4 OFTEN
 5 VERY OFTEN

69) I set goals to do physical activity.

GQ05SMS1

- 1 NEVER
- 2 RARELY
- 3 SOMETIMES
- 4 OFTEN
- 5 VERY OFTEN

70) I make back-up plans to be sure I get my physical activity.

GQ06SMS1

- 1 NEVER
- 2 RARELY
- 3 SOMETIMES
- 4 OFTEN
- 5 VERY OFTEN

PERCEPTIONS OF THE PHYSICAL ACTIVITY ENVIRONMENT

71) Please tell us about your yard. You have:

GQ00APEH

- GQ0 No yard at all
- ~~GQ0~~ A small yard (e.g. enclosed area of grass and cement patio)
- ~~EAM~~ A medium yard (e.g. a normal block of land around a house)
- ~~EAM~~ A large yard (e.g. land around a ranch or farm)

72) Which of the following do you have in your home or outside in your yard?

GQ00BPEH

- GQ0 Front fence
- ~~GQ0~~ Swimming pool
- ~~EAM~~ Trampoline
- ~~EAM~~ Basketball hoop
- ~~EAM~~ Covered area outdoors
- ~~EAM~~ Paved area outdoors
- ~~EAM~~ Sandpits, swings or play equipment

EAM
EHM
1

73) Think about the LAST MONTH. Did you do the following activities at home?

GQ00CPEH

- GQ0 Played with baseball bats/racquets/golf clubs
- ~~EAM~~ Played with balls (e.g., volley ball, basketball, soccer, baseball)
- GQ0 Rode my bike
- ~~GQ0~~ Went rollerblading
- ~~EAM~~ Rode my skateboard
- ~~EAM~~ Jumped with my jump rope
- ~~EAM~~ Rode my scooter
- ~~EAM~~ Played with toys that I run around with (e.g. frisbees, water guns)
- GQ0 Played outside with my pet

74) Think about the LAST MONTH. Did you walk or ride your bike to the following places?

GQ00APEN

- GQ0 My friends' houses
- ~~GQ0~~ The mail box
- ~~EAM~~ Public transport/bus stop
- ~~EAM~~ School
- ~~EAM~~ Bike/walking tracks or trails
- ~~EAM~~ The local basketball courts
- ~~EAM~~ The local oval/cul de sac
- ~~EAM~~ The local park
- ~~EAM~~ The local recreation center
- ~~EAM~~ The local shopping center
- ~~EAM~~ The local swimming pool
- ~~EAM~~ The local tennis courts

~~EAM~~
ENB
1

75) Which of the following statements are TRUE about the neighborhood you live in?

GQ00BPEN

- GQ0 There are lots of nice houses
- ~~G00~~ It's a nice and quiet place to live
- ~~E00~~ The houses have nice gardens
- ~~G00~~ There is lots of litter and trash
- ~~E00~~ There is lots of graffiti
- ~~E00~~ It's easy to walk/ride bike around
- ~~E00~~ It's a safe area to walk/ride bike
- ~~E00~~ It's safe to walk/ride bike to school
- ~~E00~~ Feel safe crossing the road
- ~~G00~~ There is heavy traffic
- ~~E00~~ Worried about dogs roaming the streets
- ~~E00~~ Worried about strangers
- ~~G00~~ Worried about older kids hanging around

76) Which of the following statements are TRUE about the neighborhood you live in?

GQ00ASEN

- GQ0 I have many friends in my area
- ~~G00~~ I have friends who live within a walking or bike riding distance from my house
- ~~E00~~ I have children living next door or on my street who I can play with
- ~~G00~~ I know many people in my area
- ~~E00~~ There are lots of children around to play with
- ~~E00~~ I know all of my neighbors quite well
- ~~E00~~ I know some of my neighbors quite well

PERSONAL CONTENTMENT AND SELF-PERCEPTION

How well does each of the following statements describe you? Is each statement a lot like you, somewhat like you, not much like you, or not at all like you? There are no right or wrong answers.

77) I have a lot of friends.

GQ01PC1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

78) I get along well with my parents.

GQ02PC1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

79) I am often bored.

GQ03PC1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

80) I often feel sad and unhappy.

GQ04PC1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

81) I have been unhappy at school this year.

GQ05PC1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

82) I get into trouble a lot.

GQ06PC1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

83) I think that I could do well at just about any new sports activity that I haven't tried before.

GQ01SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

84) I do very well at all kinds of sports.

GQ02SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

85) I feel that I am better than others my age at sports.

GQ03SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

86) I wish that I could be a lot better at sports.

GQ04SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

87) I don't do well at new outdoor games.

GQ05SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

88) In games and sports, I usually watch instead of play.

GQ06SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

89) I am happy with my height and weight.

GQ07SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

90) I am happy with the way that I look.

GQ08SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

- 91) I wish my physical appearance (how I look) were different.

GQ09SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

- 92) I wish my body were different.

GQ10SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

- 93) I wish that something about my face or hair looked different.

GQ11SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

- 94) I think that I am good-looking.

GQ12SP1

- 1 NOT AT ALL LIKE ME
- 2 NOT MUCH LIKE ME
- 3 SOMEWHAT LIKE ME
- 4 A LOT LIKE ME

- 95) How do you describe your weight?

GQ19WT1

- 1 Very underweight
- 2 Slightly underweight
- 3 About the right weight
- 4 Slightly overweight
- 5 Very overweight

- 96) Which of the following are you trying to do about your weight?

GQ20WT1

- 1 Lose weight
- 2 Gain weight
- 3 Stay the same weight
- 4 I am not trying to do anything about my weight

STRESS

The questions below ask you about your feelings and thoughts during the LAST MONTH. Mark HOW OFTEN you felt or thought a certain way.

- 97) In the last month, how often have you felt that you were unable to control the important things in your life?

GQ01ST1

- 1 NEVER
- 2 ALMOST NEVER
- 3 SOMETIMES
- 4 FAIRLY OFTEN
- 5 VERY OFTEN

- 98) In the last month, how often have you felt confident about your ability to handle your personal problems?

GQ02ST1

- 1 NEVER
- 2 ALMOST NEVER
- 3 SOMETIMES
- 4 FAIRLY OFTEN
- 5 VERY OFTEN

99) In the last month, how often have you felt that things were going your way?

GQ03ST1

- 1 NEVER
- 2 ALMOST NEVER
- 3 SOMETIMES
- 4 FAIRLY OFTEN
- 5 VERY OFTEN

100) In the last month, how often have you felt things were piling up so high that you could not overcome them?

GQ04ST1

- 1 NEVER
- 2 ALMOST NEVER
- 3 SOMETIMES
- 4 FAIRLY OFTEN
- 5 VERY OFTEN

MEDIA

101) Do you have your own cell phone?

CELLOWN

- 1 Yes
- 0 No

102) Do you regularly use someone else's phone, like your parent's or your brother's or sister's?

CELLSHAR

- 1 Yes
- 0 No

The next questions ask you about gaming systems.

103) Which of the following video game systems do you play at home?

GQ13MD1

- 1 I don't have any video game systems at home
- 2 Gamecube
- 3 Playstation
- 4 Wii
- 5 X-box

104) Which of the following games do you play at home? (Mark as many as apply)

GQ14MD1

- GQ1 Dance Dance Revolution
- ~~GQ1~~ Guitar Hero or Rock Band
- ~~GQ1~~ Wii Play
- ~~GQ1~~ Wii Fit
- ~~GQ1~~ Wii Sports
- ~~GQ1~~ Wii Resort
- ~~GQ1~~ None of these

105) Where is the gaming system that you use?

GQ15MD1

- 0 Bedroom
- 1 Public space at home, such as family room or kitchen

DEMOGRAPHICS

106) How old are you?

AGE

- 1 8 years old
- 2 9 years old
- 3 10 years old
- 4 11 years old
- 5 12 years old
- 6 13 years old
- 7 14 years old

107) What grade will you be in (Fall 2011)?

GRADE

- 1 2nd grade
- 2 3rd grade
- 3 4th grade
- 4 5th grade
- 5 6th grade
- 6 7th grade
- 8 8th grade

7

108) What is your race or ethnic background?

EITHNCTY

- 1 Hispanic, Latina, or Mexican-American
- 2 Other

109) Do you live with your father (birth father, adoptive father, stepfather, foster father)?

GQ03FTDM

- 1 Yes
- 0 No

110) Do you live with your mother (birth mother, adoptive mother, stepmother, foster mother)?

GQ03MTDM

- 1 Yes
- 0 No

111) Do you live with a guardian (grandmother, grandfather, uncle, aunt, cousin, brother, sister)?

GQ03GNDM

- 1 Yes
- 0 No

112) How many DAYS a week do you take care of yourself in the afternoon or evening after school without an adult being there?

GQ04DM1

- 1 0 days a week
- 2 1 day a week
- 3 2 days a week
- 4 3 days a week
- 5 4 days a week
- 6 5 days a week

113) On a typical day, how many HOURS each day do you take care of yourself in the afternoon or evening after school without an adult being there?

GQ05DM1

- 1 0 hours a day
- 2 1 hour a day
- 3 2 hours a day
- 4 3 hours a day
- 5 4 hours a day
- 6 5 hours a day

Thank you for completing the survey. Please give the device back to the interviewer. Have a great day!