

Consent to be part of a Research Study

Title of Study: Partnership to Address Physical Activity among Low-Income Latino Adolescent Girls

**The University of Texas Health Science Center at San Antonio (UTHSCSA)
To be conducted at**

University of Texas Health Science Center at San Antonio

Information about this form

Your child may be eligible to take part in a research study. This form gives you important information about the study. Parents or legal guardians, who are giving permission for a child, please note: in the sections that follow the word “you” refers to “your child.”

Please take time to review this information carefully. You should talk to the researchers about the study and ask them any questions you have. Before you sign this form, be sure you understand what the study is about, including the risks and possible benefits to you.

Please tell the researchers or study staff if you are taking part in another research study.

Taking part in this study is completely voluntary. If you leave the study before it is finished, there will be no penalty to you, and you will not lose any benefits to which you are entitled.

General Information – “Who is conducting this research?”

Principal Investigator

The Principal Investigator (PI) is the researcher directing this study; the PI is responsible for protecting your rights, safety and welfare as a participant in the research. The PI for this study is Deborah Parra-Medina, PhD, Assistant Professor, Department of Epidemiology and Biostatistics, at the University of Texas Health Science Center at San Antonio.

Research Partners: This research is being conducted in partnership with the following organizations: University of Texas San Antonio, Girl Scouts of Southwest Texas, and Edgewood Family Network.

Study Sponsor: National Center for Minority Health and Health Disparities through the grant, Partnership to Address Physical Activity among Low-Income Latino Adolescent Girls.

The National Center for Minority Health and Health Disparities, a federal agency that promotes scientific research, is funding this study (the sponsor). This organization is providing money to the University of Texas Health Science Center at San Antonio so that the researchers can conduct the study.

Purpose of this study – “Why is this study being done?”

You are asked to participate in this research study of the promotion of physical activity. Latino adolescent girls in the United States and Texas have among the highest rates of overweight and sedentary lifestyle. Both of these are important risk factors for heart disease and diabetes. Increasing daily physical activity can prevent weight gain and improve overall health and mental well-being.

In partnership with communities, the researchers hope to determine the most effective methods for promoting physical activity among adolescent girls.



Consent to be part of a Research Study

Title of Study: Partnership to Address Physical Activity among Low-Income Latino Adolescent Girls

Information about Study Participants – “Who is participating in this research?”

Latinas in the United States and Texas are at high risk heart disease and diabetes. Developing healthy behaviors early in life, such as regular physical activity, can prevent these diseases. You are being asked to be a participant in this study because you are a Latino female, are 11-14 years old, and live in Westside San Antonio, TX. Your participation in the study will last for only one day

This study will enroll approximately 100 study participants.

Information about Study Procedures – “What will be done if you decide to be in the research?”

You will be asked to complete a survey that asks questions about the types of media you have access to at home and how frequently you use it. Examples of media that you will be asked about include: television, computers, internet, cell phones and gaming systems such as Wii and X-box. The survey has been designed to protect your privacy; therefore, information collected in these surveys will not have names or other identifying information attached to it.

This survey will take about 20 minutes to complete and will be administered during a regular program meeting.

Could your participation end early? There are several reasons why the researchers may need to end your participation in the study (early withdrawal). Some reasons are:

- The researcher believes that it is not in your best interest to stay in the study.
- You become ineligible to participate.
- You do not follow instructions from the researchers.
- The study is stopped.

Risks – “What are the risks of participation in the research?”

Every precaution will be taken to minimize your risk including loss of privacy and physical harm. To protect your privacy, in any publications resulting from this research, no names or other identifying information will be noted unless specific written permission has been obtained from you. Only the study staff and investigators will handle information from the survey.

For more information about risks and side effects, ask one of the researchers or study staff.

Benefits – “How could you or others benefit from your taking part in this study?”

You may not receive any personal benefits from being in this study. We hope the information learned from this study will benefit other people with similar conditions in the future.

Compensation – Will there be any compensation for participation?

You will receive a \$10 gift card incentive upon completion of the survey.

Costs – Will taking part in this study cost anything?

You will not have to pay any money to take part in this study.



Consent to be part of a Research Study

Title of Study: Partnership to Address Physical Activity among Low-Income Latino Adolescent Girls

Confidentiality – How will your records be kept confidential?

Information we learn about you in this study will be handled in a confidential manner, within the limits of the law. If we publish the results of the study in a scientific journal or book, we will not identify you. The Institutional Review Board and other groups that have the responsibility of monitoring research may want to see study records which identify you as a subject in this study.

Contact Information – Who can you contact if you have questions, comments or complaints?

If you have questions now, feel free to ask us. If you have additional questions, comments or complaints later or you wish to report a problem which may be related to this study please contact:

Primary contact:

Daisy Morales-Campos, PhD can be reached at 210-562-6509.

If primary is not available, contact

Deborah Parra-Medina, PhD can be reached at 210-562-6500.

The University of Texas Health Science Center committee that reviews research on human subjects (Institutional Review Board) will answer any questions about your rights as a research subject, and take any comments or complaints you may wish to offer. You can contact the IRB by calling 210-567-2351, or by mail to IRB, UTHSCSA, Mail Code 7830, 7703 Floyd Curl Drive, San Antonio, TX 78229-3900.



Consent to be part of a Research Study

Title of Study: Partnership to Address Physical Activity among Low-Income Latino Adolescent Girls

Research Consent Signature Section

If you agree to participate in this research sign this section. You will be given a signed copy of this form to keep. You do not waive any of your legal rights by signing this form.

SIGN THIS FORM ONLY IF THE STATEMENTS LISTED BELOW ARE TRUE

- You have read the above information.
- Your questions have been answered to your satisfaction.
- You are voluntarily giving your consent for another person to participate in this study because you believe this person would want to take part if able to make the decision and you believe it is in this person's best interest.

Printed Name of Subject	Signature of Child , indicating Assent, if Age 7 or Older (If incapable of signing, PI should initial here)	Date	Time
Printed Name of Person Consenting for Subject	Signature of Person Giving Consent <input type="checkbox"/> Parent/ <input type="checkbox"/> Guardian/ <input type="checkbox"/> Legally Authorized Representative	Date	Time
Printed Name of Witness	Witness Signature	Date	Time
Printed Name and Title of Person Obtaining Consent	Signature of Person Obtaining Consent	Date	Time

