

### Intervention Supplement

**Section 1:**

Please think about your experience with the **Be Fit with Friends** (BFF) program over the past **6 months**.

Please tell us if you agree or disagree with the following statements.

		Completely disagree	Somewhat disagree	Neither agree or disagree	Somewhat agree	Completely agree
1.	Being in the BFF program has motivated my daughter to be more physically active.	1	2	3	4	5
2.	Being in the BFF program has motivated my daughter to set goals to increase physical activity.	1	2	3	4	5
3.	My daughter's physical activity goals were achievable.	1	2	3	4	5
4.	BFF community events helped encourage my daughter to be more physically active.	1	2	3	4	5
5.	I expected to receive text messages from BFF.	1	2	3	4	5
6.	I received texts messages from BFF.	1	2	3	4	5
7.	The text messages helped remind me about BFF community events.	1	2	3	4	5
8.	My daughter received BFF text messages.	1	2	3	4	5
9.	BFF text messages encouraged her to be more active.	1	2	3	4	5
10.	The text messages did not improve my experience with BFF.	1	2	3	4	5
11.	The BFF program helped my daughter become more physically active.	1	2	3	4	5
12.	I am aware that BFF has a Facebook page.	1	2	3	4	5

**Section 2:**

Please answer the following questions. Remember, there is no right or wrong answer.

1. Did you find the BFF page Facebook page useful?

Yes

**Please explain why you found the page useful:**

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No

**Please explain why you did not find the page useful:**

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I did not access the Facebook page

2. Did your daughter enjoy the BFF Program?

Yes, **please explain why:**

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No, **please explain why:**

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3. I would recommend the BFF program to other girls and their families.

Yes, **please explain why:**

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No, **please explain why:**

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4. My daughter and I will continue to use the information we learned during the BFF program.

Yes, **please explain why:**

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No, **please explain why:**

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5. How many events did your daughter attend during the BFF Program?

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6. In general, did you find the amount of time your daughter spent in the program:

Reasonable.

Too long.

Too short.

Comments About the time spent in the program:

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**Section 3:**

Please be as honest as possible when answering the following questions. We will use your feedback to improve the BFF program.

1. What event(s) or program(s) did you find the most useful?

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2. What event(s) or program(s) did you find the least useful?

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3. What event(s) or program(s) did your daughter enjoy the most?

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4. What event(s) or program(s) did your daughter enjoy the least?

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5. If you could change something about the program, what would it be and why?

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Thank you for your time and feedback!