

Not to be published before Saturday, 6th June, 1942.

BREAD INTO BATTLE.

Nine Commandments for saving bread are among the features of a "Bread into Battle" Exhibition to be opened by Lord Woolton at Charing Cross Underground station on Monday, June 8th at 3 p.m. They show that a change in our table-manners can help the war effort.

These are the nine commandments, which appear under the heading "Even Etiquette can Waste Food":-

1. Don't break a roll or piece of unbuttered toast.
2. Cut it - then if you leave any it can be used in the kitchen.
3. Don't cut and butter bread in quantity.
4. Put the loaf on the table and cut it only as required.
5. Don't serve butter or jam onto your plate.
6. Spread it direct on your bread.
7. Bread has to breathe. It should never be kept in an airtight tin. If your bread bin is not perforated to allow ventilation - leave the tin open.
8. Wipe out the bread bin regularly and wash it every two or three weeks. Make sure it is thoroughly dried.
9. Bread can also be wrapped in a clean cloth and put in a cool, light, dry pantry.

The Exhibition shows that if every household in Britain saved just half an ounce of bread every day, a convoy of 30 ships would be saved in a year, and tells us how we can alter some of our peacetime eating habits to save crusts - and ships.

Housewives will find several suggestions for attractive ways in which stale bread can be used up, and there are also useful hints on keeping bread fresh for as long as possible.

The "Bread into Battle" Exhibition, designed by the Ministry of Information on behalf of the Ministry of Food, will run from Monday, June 8th to Saturday June 27th, and will be open, free, every day including Sundays, between 9.30 a.m. and 7.30 p.m.

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