H4K- Measurement Messages: Decision Points

Welcome

Day to Send	Sequence	Message	Character Count
Telephone eligibility screen [date]+ 5min	M01	Health4Kids: Please reply to this message with the word OK for verification. **(May repeat 2x every 30min if no response)**	76
Telephone eligibility screen [date]+ 0 day	M02	Health4Kids: Welcome to Health4Kids! We will send appointment reminders and healthy tips from this number.	106
Telephone eligibility screen [date] + 1 day	M03	Health4Kids: To opt out of Health4Kids text messages at any time reply STOP. If you need help call (210)562-6524.	113
Anytime STOP response received	**M40**	Health4Kids: Thank you for your response. We will no longer send you text messages.	?
Telephone eligibility screen [date] + 2 days	M04	Health4Kids: Have you saved this number (210-667-7375) into your contacts? Saving the number makes it easier to identify Health4Kids messages.	142

Assessment 1: If Rescheduled, use sequence M45, M46 & repeat as needed

Day to Send	Sequence	Message	Character Count
Assessment 1 - 7 Days	M05	Health4Kids: Your 1st appointment is [**ba1_date**]. We look forward to seeing you at the clinic!	~93
	M45	Health4Kids: Your 1st appointment is [**baseline1_date**]. We look forward to seeing you at the clinic!	
Assessment 1 - 1 Day	M06	Health4Kids: Your 1ST appointment is TOMORROW at [**ba1_date**]. We look forward to seeing you at the clinic!	~105
	M46	Health4Kids: Your 1ST appointment is TOMORROW at [**baseline1_date**]. We look forward to seeing you at the clinic!	

Monitor

Day to Send	Sequence	Message	Character Count
Assessment 1 + 2hr	M07	Health4Kids: If you have any questions about the monitor you received today please call (210)562-6524.	102
Assessment 1 + 1 day	M08	Health4Kids: Remember to have your child wear the monitor ALL DAY, EVERY DAY until the next appointment	104

Assessment 1 + 3 days	M09	Health4Kids: It is important for your child to wear the monitor from when they wake up until bed time.	102
Assessment 2 – 5 days	**M09**	(same for rescheduled)	
Assessment 1 + 4 days	M10	Health4Kids: HELPFUL HINTS! Take the monitor off ONLY for: SWIMMING, SHOWERING, BATHING & SLEEPING!	99
Assessment 2 - 3 days	**M10**	(same for rescheduled)	

Assessment 2 & Fasting (use M21 if labs not done)

Day to Send	Sequence	Message	Character Count
Assessment 2 - 5 Days	M11	Health4Kids: Your 2nd appointment is [**assess_2date**]. Make sure your child gets blood drawn before the appointment!	~114
(same for rescheduled)	M11	Health4Kids: Your 2nd appointment is [**base2_date**]. Make sure your child gets blood drawn before the appointment!	
Clinic Visit 1 – 5 days	**M21**	Health4Kids: Make sure your child gets blood drawn before the appointment!	

Fasting

Day to Send	Sequence	Message	Character Count
Assessment 2 – 3 Day	M12	Health4Kids: Have your child ONLY DRINK WATER (NO FOOD) THE NIGHT BEFORE the blood draw. Please don't forget to go to the lab. See you soon!	140
Clinic Visit1 – 3 days	**M12**	(same for labs not done)	

Labs Done? ⟶ NO. Go back to M14, M21, M12, M15, in that order

Assessment 2: If Rescheduled, repeat M09-M13 using Day to Send in BLUE font and [field] indicated in Message text

Day to Send	Sequence	Message	Character Count
Assessment 2 - 1 Day	M13	Health4Kids: Just a reminder that your next appointment is TOMORROW at [**assess_2date**]. DON'T FORGET to BRING IN THE MONITOR!!!	~127
(same for rescheduled)	**M13**	Health4Kids: Just a reminder that your next appointment is TOMORROW at [**base2_date**]. DON'T FORGET to BRING IN THE MONITOR!!!	

Enough Monitor Data/Labs done? ⟶YES

Clinic Visit 1

Day to Send	Sequence	Message	Character Count
Clinic visit 1 -5 Day (same for labs not done)	M14 **M14**	Health4Kids: It's time to meet the doctor! Your appointment is scheduled for [**clinic1_date**] with [**clinicvisit1_prov**]. (same for labs not done)	~116

Day to Send	Sequence	Message	Character Count
Clinic visit 1 -2 Day (same for labs not done)	M15 **M15**	Health4Kids: Just a reminder that your child will meet [**clinicvisit1_prov**] on [**clinic1_date**].We look forward to meeting with you! (same for labs not done)	~128

Enough Monitor Data?⟶NO: Repeat Monitor Texts

Day to Send	Sequence	Message	Character Count
Assessment 2 + 2hr	M16	Health4Kids: If you have any questions about the monitor you received today please call (210)562-6524.	102
Assessment 2 + 1 day	M17	Health4Kids: Remember to have your child wear the monitor ALL DAY, EVERY DAY until the next appointment	104
Assessment 2 + 3 days	M18	Health4Kids: It is important for your child to wear the monitor from when they wake up until bed time.	102
Assessment 2 + 4 days	M19	Health4Kids: HELPFUL HINTS! Take the monitor off ONLY for: SWIMMING, SHOWERING, BATHING & SLEEPING!	99

Assessment 3

Day to Send	Sequence	Message	Character Count
Assessment 3 - 1 Day	M20	Health4Kids: Just a reminder that your next appointment is TOMORROW at [**cbase_accelreturn**]. DON'T FORGET to BRING IN THE MONITOR.	~129

Labs Done? ⟶ **NO. Go back to M14, M21, M12, M15, in that order. Use [clinic1_date2] as reference point for Day to Send**

Enough Monitor Data/Labs done? ⟶YES

Clinic Visit 1

Day to Send	Sequence	Message	Character Count
Clinic visit 1 -5 Day	M14	Health4Kids: It's time to meet the doctor! Your appointment is scheduled for [**clinic1_date2**] with [**clinicvisit1_prov**].	~117

Day to Send	Sequence	Message	Character Count
Clinic visit 1 -2 Day	M15	Health4Kids: Just a reminder that your child will meet [**clinicvisit1_prov**] on [**clinic1_date2**]. We look forward to meeting with you!	~130