

ANNUAL REPORT

THE HOGG FOUNDATION FOR MENTAL HEALTH

THE UNIVERSITY OF TEXAS

1962 - 1963

Many changes in the views and methods of coping with mental illness have come to a climax during the last two years. The trends have been developing for some time, but actual advances in medical practices and in behavioral science approaches have been applied quite rapidly in recent months. The President's special interest and support have been an added impetus. The Hogg Foundation wants to lead in new developments at the same time that its own program is also affected by new procedures initiated by other organizations. The medical branches of the University, the Board of Texas State Hospitals and Special Schools, the Division of Mental Health, State Department of Health, the Houston Psychiatric Research Institute and the State Welfare Department are some of the agencies with which the Foundation cooperates in its efforts to facilitate research, spread knowledge, and change practices in the field of mental health.

During the fiscal year of 1961-62 the mandate to the Foundation was once again clarified by means of a review of the intent of the will and by interviews with Miss Ima Hogg by Dr. Harry H. Ransom and Dr. Robert L. Sutherland. These interviews reiterated family events and interests which led to the decisions that (a) the residue of Will C. Hogg's estate would be left to The University of Texas to establish a mental health foundation for service to the state, and (b) numerous gifts by Miss Hogg and Mrs. Alice N. Hanszen would come to the University for a similar purpose.

The Foundation has a National Advisory Committee composed of three members serving for a three year period on a rotating basis. For 1962-63 the Committee was composed of Dr. Robert H. Felix, Director, National Institute of Mental Health; Dr. Ernest (Jack) Hilgard, Professor of Psychology, Stanford University; and Mrs. Leslie Ganyard, formerly Director of the Rosenberg Foundation, California. A meeting of the Committee was held December 12-14, 1962, in Houston at which time investigators or directors of some thirty projects supported by the Foundation in that area presented progress reports. The work was reviewed and evaluated by the committee. In May, 1963, Dr. Robert L. Sutherland went to Stanford, California to hold the second meeting of the year. Dr. Holtzman, Dr. Hilgard, and Mrs. Ganyard were already located in California. At this time, studies being conducted in other universities as well as national trends were reviewed with special reference to their importance to the program of the Hogg Foundation. Dr. Ralph Tyler, Director of the Center for Advanced Studies in the Behavioral Sciences, a former member of the committee, also participated.

THE BUDGET AND FISCAL CONTROL

Only the income from the endowment is used for the current program of the Foundation. The amount for each year is determined by earnings available from the capital investment and is reported to the Foundation by Dr. James C. Dolley, Vice-Chancellor, and Mr. William W. Stewart, Endowment Officer. The Foundation budget for 1962-63 was based on the sum of \$345,000, which represented income from the endowment of the current year and a sum carried over from earlier earnings of the endowment.*

Members of the Board of Regents of the University are the trustees of the Foundation. The Chancellor of the University is their designated official, who consults with the staff of the Foundation regarding program plans and who gives final approval of expenditures.

STAFF

Each member of the professional staff of the Foundation is actively engaged in mental health education, research, writing, and consultation service. Only a portion of his time can be regarded as devoted to overall planning and administrative functions of the Foundation. It has purposely maintained a small professional staff, saving as high a proportion of the budget as possible for direct grants to other faculty members, community agencies, and colleges whose staff members conduct community pilot projects, professional education experiments, or research in the field of mental health.

The staff of the Foundation consists of:

- | | |
|----------------------|---|
| Robert L. Sutherland | - Director, Professor of Sociology, Lecturer in the Medical Branches, and Consultant in Community Projects. |
| Wayne H. Holtzman | - Associate Director in Charge of Research and Research Publications, Professor of Psychology, and Lecturer in the Medical Branch in Galveston. |
| Bernice M. Moore | - Assistant to the Director in the fields of Community Demonstrations and Professional Education** |
| Bert K. Smith | - Mental Health Education Specialist, in charge of the program of Communications in Mental Health. |

* The division of expenditures within the budget will be presented in a later section concerned with the program of the Foundation. A detailed budget report is available upon request.

** Dr. Moore's service is made possible in part through a grant from the Texas Education Agency to the Austin Public Schools.

Etelka S. Lynn	- Executive Assistant
Betty D. Jones	- Librarian in charge of the Regional Foundation Library.
Pearl Gardner	- Administrative Secretary
Mary Beth Curtis	- Administrative Secretary
Louise Chathan	- Secretary
Betty Sutton	- Secretary
Ellen Patton	- Secretary
Helen Sanderson	- Secretary
Robert Glaeser	- Mail Clerk

Dr. Ira Iscoe - Professor of Psychology, served as a part time staff member assisting in the program of the Hogg Foundation during Dr. Holtzman's leave of absence. Dr. Iscoe's assistance in this capacity will continue during the first semester of 1963-64.

NATIONAL RECOGNITION

National recognition of the work of the Foundation personnel in mental health education, in professional training, in consultation, in planning, and in research, is reflected in the following appointments during 1962-63:

Robert L. Sutherland:

Member, Citizens Advisory Council to the President's Committee on Juvenile Delinquency and Youth Crime

Member, Demonstration Project Review Panel, President's Committee on Juvenile Delinquency and Youth Crime

Member, ad hoc Advisory Committee on Research, Southern Regional Education Board, Atlanta, Georgia

Member, Educational Advisory Council, National Association of Mental Health

Member, Evaluation Panel for the project, "Re-education of Disturbed Children," supported by a five-year grant from the National Institute of Mental Health and directed by Dr. Nicholas Hobbs of the George Peabody College

Member, Executive Committee, Steering Committee, State Mental Health Plan, along with Dr. Cyril J. Ruilman, Director of Mental Health and Hospitals, and Dr. J. E. Peevy, Director of State Department of Health. Funds for the development of the State Mental Health Plan were appropriated by the federal government and matched by the state. Texas' share of these funds is \$182,000.

Member, Special Panel for first meeting of American Medical Association Committee on Mental Health.

Member, Governing Board of the World Federation for Mental Health: U.S. Committee, Inc.

Wayne H. Holtzman:

Dr. Holtzman was on leave of absence for the 1962-63 year in order to accept an appointment as a fellow at the Center for Advanced Study in the Behavioral Sciences, Stanford, California.

Research Consultant, evaluation studies in Brazil related to the Peace Corps program. (Dr. Holtzman collaborated in designing the research and is serving as principal investigator.)

Chairman, Social Science Committee, U.S. National Committee to UNESCO.

Vice Chairman, Board of Directors, Social Science Research Council.

Vice President, Inter-American Society of Psychology.

Member, Board of Directors, El Centro de Investigaciones Sociales, A.C.

Member, Special Grants Review Committee, National Institute of Mental Health.

Member, Research Advisory Committee, Russell Sage Foundation.

Consulting Editor - Psychology Bulletin.

Consulting Editor - Psychology Series, Harper & Row.

Dr. Bernice M. Moore:

Consultant, Task Force on After Care of Mentally Ill - Clinical Facilities Division, Research Utilization Branch, National Institute of Mental Health.

Member, National Advisory Board for "Children" - Childrens Bureau, Department of Health, Education, and Welfare.

Special Consultant, Home and Family Life Education, President's Panel on Vocational Education.

PROGRAM

All five emphases in the Foundation's program are interrelated. Action programs are evaluated through research techniques. The graduate students who receive professional education stipends study mental health problems. Community demonstration and research projects provide the opportunity for publications which report the latest developments.

The figures used to denote expenditures for specific phases of the Foundation program include that portion of the salaries of staff members which is estimated to represent field service instead of administrative duties.

Professional Education - \$33,000 - 12% of the Budget

Because of its limited funds and the critical need for trained personnel in mental health fields, the Foundation has made its expenditures as strategically as possible. For example, it does not provide individual fellowships for graduate study but gives scholarship support to new training programs which have special promise. Such grants have helped establish the training programs in testing and counseling, in human relations training, in social work, psy-

chology, sociology, and psychiatry. An occasional travel grant has enabled the leader of a new program to visit other centers or to take part in a seminar or national meeting which is particularly relevant to plans in Texas. Of the total budget assigned to professional education, 58% was spent at the University, and 42% in community agencies and in other colleges. Through the patterns of grants mentioned above, assistance was given to 48 individuals, 26 of whom were students or faculty members representing 8 different departments or schools of The University of Texas.

Bowman, Henry A. - Sociology
 Byrne, Donn E. - Psychology
 Caldwell, Billy S. - Graduate Student
 Clark, Charles M. - Educational Psychology
 Embree, Royal B., Jr. - Educational Psychology
 Gibbs, Jack P. - Sociology
 Gladden, John H. - Southwestern Medical School
 Hill, Richard J. - Sociology
 Hubbard, James S. - Graduate Student
 Hungate, Joseph - School of Social Work
 Iscoe, Ira - Psychology
 Koile, Earl A. - Testing & Counseling Center
 Laughton, Charles W. - School of Social Work
 Martin, Harry W. - Southwestern Medical School
 Moore, Harry E. - Sociology
 Mumma, Edwin W. - School of Business Administration
 Papageorgis, Demetrios - Psychology
 Peck, John R. - Educational Psychology
 Peck, Robert F. - Educational Psychology
 Pederson, Lora Lee - School of Social Work
 Sanford, Fillmore H. - Psychology
 Stehlin, John D. - M. D. Anderson Hospital
 Tittle, Charles R. - Graduate Student
 Tittle, Drollene - Graduate Student
 Wolfe, William G. - Educational Psychology
 Zubrzycki, Jerzy G. - Sociology

Through the cooperative efforts of the Hogg Foundation and administrative officials, The University of Texas was the recipient of a grant in the amount of \$49,975.00 from the President's Committee on Juvenile Delinquency and Youth Crime, Department of Health, Education, and Welfare, for the purpose of planning for a regional training center for personnel working with youth and their problems. The application for the grant was prepared by the Director of the Foundation in cooperation with the Executive Assistant and with Dr. Ira Iscoe of the Department of Psychology. The project is entitled, Southwest Planning Program on Problems of Delinquency and Youth with Dr. Carl M. Rosenquist serving as Director and Dr. Ira Iscoe as Associate Director. It is anticipated that at the conclusion of this year, an application will be forwarded to the President's Committee requesting a much larger grant to assist in setting up a permanent Regional Training Center located on The University of Texas campus and serving Arkansas, Louisiana, Oklahoma, and New Mexico, as

well as Texas.

When it was learned that Dr. R. Nevitt Sanford, Professor of Psychology, University of California, Berkeley, would be in Austin for another meeting, the Hogg Foundation asked him to stay over a day and a half for a follow-up conference on studies which had grown out of a symposium, "Personality Factors on a College Campus," sponsored by the Foundation in November, 1960. Dr. Sanford was one of seven leaders of the earlier symposium. In addition to UT faculty members, 22 representatives of 16 colleges participated in three working sessions held June 25-26, 1963. The college representatives came at their own expense.

Community Demonstration Projects - \$118,000 - 41% of the Budget

Rather than making community grants merely for the purpose of increasing mental health service, the Foundation supports a new pattern which can serve as a demonstration with built-in evaluation and communication of results. Frequently, the Foundation and other public or private sources collaborate in the financing of such projects. In some instances, the Foundation has worked with statewide organizations to establish new patterns of service as an indirect means of carrying its mental health program to local communities without becoming involved in an extensive plan of local grants. Its aid to such state organizations has taken the form of leadership training, consultation or program planning, and the design of evaluation instruments. Seventeen University of Texas faculty members have served as consultants during the preceding year:

Anderson, Gordon V. - Testing & Counseling Center
 Browning, Harley L. - Sociology
 Hazard, William R., Jr. - Journalism
 Hiett, Norris A. - Extension Division
 Hill, Richard J. - Sociology
 Hungate, Joseph - School of Social Work
 Iscoe, Ira - Psychology
 Kelley, H. Paul - Testing & Counseling Center
 Kennamer, Lorrin G., Associate Dean - Arts & Sciences
 Koile, Earl A. - Testing & Counseling Center
 Ledbetter, Robert E. - Student Health Center
 McGee, Reece - Sociology
 McLemore, S. Dale - Sociology
 Mumma, Edwin W. - School of Business Administration
 Pederson, Lora Lee - School of Social Work
 Reddick, DeWitt C., Jr. - Journalism
 White, Paul L. - Student Health Center

In addition, Dr. Bernice M. Moore has been active in this phase of the program, having worked on staff development seminars with a number of Texas colleges (including two of the medical schools), hospitals, other professional groups, community agencies, citizens' organizations, and has directed the USAF Chaplain's Seminar described under a later section, "Special Funds

Administered by the Foundation". Mrs. Bert K. Smith and Mrs. Etelka S. Lynn have served as leaders in mental health workshops for citizens' groups and for local mental health association executives.

Research Projects - \$103,600 - 37% of the Budget

Research studies supported by the Foundation have been conducted by faculty members in the behavioral and medical science departments of The University of Texas and its branches. Grants have also been made to faculty members in other colleges and universities and to community agencies in the state. An interesting aspect of some of these grants is that a young professional person is given experience which generally leads to more liberal support from outside sources for his future research.

Of the total amount expended by the Foundation for research during 1961-62, 47% went to staff members and departments of The University of Texas and its branches, while 53% was granted to other colleges and agencies in the state. The following 14 University of Texas faculty members, representing 9 different departments or schools, either served as consultants to a research project or were themselves principal investigators:

Byrne, Donn E. - Psychology
 Hazard, Wm. R., Jr. - Journalism
 Iscoe, Ira - Psychology
 Kelley, Paul - Testing and Counseling Center
 Koile, Earl - Testing and Counseling Center
 Martin, Harry - Medical Branch (Dallas)
 McGee, Reece - Sociology
 McGregor, Robert - Medical Branch (Galveston)
 McLemore, Dale - Sociology
 Mumma, Ed - School of Business, Extension Division
 Papageorgis, Demetrius - Psychology
 Petersen, Kay H. - Physical & Health Education
 Reddick, DeWitt, Jr. - Journalism
 Wilson, W. Cody - Educational Psychology

Dr. Holtzman serves as editor of the Foundation Research Monograph Series, published by The University of Texas Press. These volumes represent the culmination of research efforts which the Foundation has financed in total or in part. The books which have been published in this series are: Electrical Stimulation of the Brain (An Interdisciplinary Survey of Neurobehavioral Integrative Systems), edited by Daniel E. Sheer; Tornadoes Over Texas (A Study of Waco and San Angelo in Disaster), by Harry E. Moore; and Inkblot Perception and Personality, by Wayne H. Holtzman, Joseph S. Thorpe, Jon D. Swartz, and E. Wayne Herron. Two more books are expected to be published in 1963-64.

One of these books has already returned to our revolving fund an amount in sales which is double the cost of production. A second major volume is returning an amount equal to the cost of the production. The sales on all of

the volumes continue at a satisfactory pace.

Mental Health Communications - \$28,200 - 10% of the Budget

When the Foundation was originally established within the University system, one of the main concerns of the donors was that the knowledge of human behavior and mental health which is to be found on a university campus be transmitted "to the people of Texas." In fact, one of the possible uses of his estate as described by Will Hogg was the establishment of a lectureship foundation. This did not become the final legal mandate because another option of the will was chosen, but the Foundation staff has been mindful of Will Hogg's interest in reaching outlying colleges and communities. The same interest has been expressed repeatedly by Miss Ima Hogg, the advisor to the executor of the will and herself a donor to the Foundation.

Mrs. Bert K. Smith is in charge of the publication and distribution of all mental health materials except the Research Monograph Series. The Foundation does not solicit manuscripts for publication. Rather, it encourages faculty members and other persons who have taken part in demonstration projects, special training programs, and other unreported developments to prepare brief analyses of their work. Progress reports on research studies are included from time to time. An effort is made to maintain a high quality of readability and attractiveness of format. Dr. Sutherland works closely with Mrs. Smith in choosing manuscripts for publication and in carrying out the editorial function. Faculty consultants also assist in this process. Many of the materials are sent to a mailing list of 6,000 persons. Others are distributed to professional groups whose members are interested in a special field. During 1962-63 the following pamphlets were published:

Self-Acceptance, Eugene C. McDonald, Jr.
Mental Health in the Community Public Health Program, Dwight W. Rieman
Interpretation of the Mental Health Code (Revised), Millard Ruud
Developing Discussion Leaders (In Brief Workshop), Frank Cheavens
Clearing in the Wilderness, John R. Peck
Women View Their Working World (Based on a Study in Mental Health for the Texas Federation of Business and Professional Women), Glenn V. Ramsey, Bernice M. Moore, Bert K. Smith
Role Conflicts and Congruences (An Exploratory Study in Mental Health), Lucile Allen and Robert L. Sutherland

Work With Other Foundations

In July, 1963, the Board of Regents of The University of Texas accepted a grant in the amount of \$550,000 from the Ford Foundation for a five year program to be supervised by the Hogg Foundation for Mental Health. Dr. Robert L. Sutherland will be the director of the program with an associate director to be designated. The grant is made for the purpose of establishing and supporting a consultation service for local foundations in the Southwest and for the provision of matching grants for selected projects. The program will start in the fall of 1963.

During 1961 - 1962, the Regional Foundation Library was established through the cooperation of the Foundation Library Center of New York City. The library, one of seven such depositories in the United States set up since 1959, contains foundation reports, books and articles on philanthropy, current news items, and miscellaneous information on numerous foundations throughout the United States and particularly in Texas and the Southwest. Mrs. Betty D. Jones of the Foundation staff is in charge of the collection. The library is serving as a research center for faculty and students as well as interested citizens for the development of studies concerning foundations and their operations. The Foundation's participation consists of furnishing quarters for the library and providing a person to organize and maintain the collection.

The Hogg Foundation helped establish the Conference of Southwest Foundations in 1949 and continues to be active in its program. Dr. Sutherland was chairman of the program committee during 1962-63.

SPECIAL FUNDS ADMINISTERED BY THE FOUNDATION

In accordance with the expressed hope of the Hogg family that funds from other sources also be used for the expansion of mental health programs in the state, the Foundation was set up to receive and administer designated funds. In the case of scholarships and fellowships, the Foundation, having no such program of its own, depends on the screening committee of the department involved to select recipients of the awards. Other funds are distributed according to the philosophy and purposes stated.

J. W. and Cornelia Scarbrough Gift. A gift in the amount of \$5,000 was received by the Foundation from the J. W. and Cornelia Scarbrough Foundation for the purpose of supporting our program in mental health.

Gift to be Used for Houston Child Guidance Center. Miss Ima Hogg has presented a gift to The University of Texas consisting of 300 shares of Allied Stores Corporation Common Stock, the income of which is to be used under the supervision of the Hogg Foundation by the Child Guidance Center of Houston in developing a special mental health education program. It is estimated that the income will amount to approximately \$1,000 annually.

De Rossette Thomas Estate. In 1947, Miss De Rossette Thomas gave to the University her residence in San Antonio, two other pieces of real estate, and other possessions, to be administered for the benefit of a mental health clinic in San Antonio. In 1955, the Bexar County Child Guidance Center was established. Income from the property is granted to this facility for assistance in its program.

Ima Hogg Scholarship Fund. Scholarships are limited to those who are receiving graduate training for psychiatric social work, and the awards have been made through the School of Social Work.

Mike Hogg Memorial Fund - Mental Health Program. This fund has received several gifts from Miss Ima Hogg and Mrs. Alice Hanszen for the purpose of

training visiting teachers for the public schools. The awards have been made through the School of Social Work.

Alice Hanszen Gift - Mental Health Program. These scholarships are earmarked for professional training in the mental health field but are not limited to the visiting teacher program. Several departments of the University have chosen the recipients of such grants.

A. Caswell Ellis Memorial Fellowship for a Professional Biography. Before her death in the fall of 1961, Mrs. Mary Ellis, widow of Dr. A. Caswell Ellis, made all arrangements for this fellowship. The Foundation is cooperating with the History Department in completing this assignment.

Seminars for Air Force Chaplains. In 1955, the chief of chaplains of the United States Air Force chose The University of Texas as a center where a series of cooperative training seminars concerned with human factors in counseling might be established for Air Force chaplains. The Foundation was requested to design and conduct these month-long courses, with Air Force grants approximating \$9,000 annually to cover the costs. The Air Force selects 25 chaplains from throughout the United States to attend each session. Dr. Bernice M. Moore is the director of this program. In 1962-63, the Foundation conducted two classes staffed by eight members of the faculty of the University and its branches. This contract was concluded at the close of the 1962-63 fiscal year.

WORKING MATERIALS

In addition to the usual project file folders, the permanent files, and the archives, the Foundation also maintains two Program Notebooks which contain a brief description of each project. These notebooks, which are indispensable planning and control aids, consist of face sheets for all grants. These sheets describe briefly the purpose and procedure of the project, the amount of money involved, and the reports which are available. There are two bound copies of these notebooks showing projects which have been completed. The current book is looseleaf and receives new entries as the program develops for each year. By glancing through these books, any University official or consultant may obtain an up-to-date concise review of the Foundation program.

The Report Shelf, located in Main Building 2407, contains reports from each project. These statements are written by the recipients of grants and all consultants involved in the development of a project. They are designed to indicate the processes by which the project developed, the obstacles which were encountered and methods by which these obstacles were surmounted, the results of the study, and perhaps, recommendations for similar studies in other localities. The reports are available for reference or study in the Foundation offices and can be of assistance to persons interested in comparable undertakings.

For many years the Foundation has maintained a library of mental health books, periodicals, and pamphlets for the use of interested personnel and students. Library materials are constantly culled and added as new professional publications become available. Approximately 150 books and several hundred pamphlets have been added during the past year.