

## Houston Commission Awarded Grant to Develop Child & Family Mental Health Plan

**T**he Hogg Foundation has awarded a grant of \$99,970 to the Houston Joint City/County Commission on Children (JCCCC) to spearhead the development of a comprehensive, long-range plan to address the mental health needs of children and their families in Houston and Harris County.

"The Commissioners Court and I truly appreciate the grant awarded to the Joint City/County Commission on Children in Houston by the Hogg Foundation for Mental Health," said Harris County Judge Robert Eckels, whose office will administer the grant.

"This grant will allow us to bring together members of the public, private, and nonprofit

organizations to discuss what works and what does not work in the delivery of mental health services to our children," said Judge Eckels. "By working together, we can do so much more than any of us can do on our own."

JCCCC will use the grant to assess the community's needs and resources and to partner with stakeholders to map strategies for providing effective prevention and treatment for the area's children, an estimated 186,000 of whom have mental health problems.

"Each year, the Foundation has approximately \$1.5 million available to distribute from the Ima Hogg Endowment, which must be used in support of child and family services in Harris

County," said Hogg Foundation Executive Director King Davis. "We are hopeful that the Joint City/County Commission's work will highlight investment opportunities worthy of Miss Ima's strong commitment to Harris County children's mental health."

JCCCC's work will be completed in several stages over the remainder of 2007. The project team will begin with a comprehensive assessment of the community's needs and resources, including existing mental health initiatives and data collection efforts. The assessment will reveal critical information gaps to be filled.

These activities will be complemented by a  
**See Houston Commission, Page 7**

## Visit Foundation Website to Track Mental Health-Related Legislation

**W**ith the 80th Texas Legislative Session now underway, legislators are proposing numerous reforms that could significantly impact mental health service delivery in the state. Melissa Cook, Hogg Foundation Mental Health Policy and Law Clerk, and Anna Geismar-Bowman, a law student intern, are tracking the session's mental health-related bills and posting their findings on the Foundation's website.

To keep informed on the progress of mental health-related legislation during the session, visit

the Hogg Foundation website at [www.hogg.utexas.edu/Session80](http://www.hogg.utexas.edu/Session80) for updates on relevant bills. Some of the bills filed to date address:

- Conditions for detention and transportation of people with mental illnesses in the criminal justice system;
- Emergency apprehension and detention of an individual believed to have a mental illness;
- Coverage of mental illness by health insurance policies;
- Eligibility standards for the Children's Health Insurance Program; and



- Allocated but unspent monies to provide health insurance (including coverage for mental illnesses) for more low-income children in Texas.
- Other bills focus on areas such

as special education services in public schools, the juvenile justice system, and immigrants' eligibility for public benefits that could impact mental health service provision in the state.

The deadline to file bills is March 9. Legislators have until May 28, the last day of the session, to pass bills into law. On June 17, all bills not signed or vetoed by the Governor will automatically become law.

Check the Hogg Foundation website for updates on legislative action on mental health-related bills.

## Foundation Added to Diversity and Community Engagement Portfolio

**I**n February, the Hogg Foundation for Mental Health began reporting to Dr. Gregory J. Vincent, the Vice President for Diversity and Community Engagement at The University of Texas at Austin.

Dr. Vincent reports to the University's president, Mr. William Powers, Jr., who created the new position. His responsibilities include working

with a broad range of student, faculty, staff, and community constituents to help make The University of Texas at Austin a more inviting and inclusive environment and to develop strategies to connect intellectual resources of the University to communities across Texas.

"The Office of Diversity and Community Engagement is the perfect home for the Hogg

Foundation, and we could not be more enthusiastic about working with Dr. Vincent," said Hogg Foundation Executive Director Dr. King Davis.

"We look forward to collaborating with Dr. Vincent's office to promote President Powers' vision of a campus that is diverse and responsive to the community's needs," said Davis. "The Foundation has much to offer in both regards."

**See University Adds, Page 7**



# Group Formed to Provide Leadership to State in Reducing Seclusion and Restraint Use

Consumers, family members, mental health advocates, and representatives of private and public agencies have joined together to move Texas forward in reducing seclusion and restraint use.

The Hogg Foundation convened the Seclusion and Restraint Reduction Leadership Group on February 9 to provide leadership that will sustain momentum in the field generated by recent activities around the state. The group assessed the progress that has been made to date, and discussed ongoing needs for technical assistance to support facilities in reducing their seclusion and restraint use. They looked at ways to build on last September's Hogg Foundation-sponsored training and encourage participants to continue their seclusion and restraint reduction efforts.

Some attendees shared that a major struggle they have encountered



Gayle Jensen-Savoie of Presbyterian Hospital of Plano discusses progress in her facility.

is the resistance to cultural change among staff. They attributed this in part to the length of employment of staff members, especially those that have worked there a long time. Changing the way of doing things can be difficult and buy-in can take time.

Many of the facilities do not practice seclusion and are focusing efforts on reducing the use of restraint. Training and education are essential, but have been difficult to obtain and sustain on a continued basis. Providing education from the consumer's point of view is often effective. "Education is the key," said Mary Ryan, a Leadership Group member



Attendees (left to right) Back: Bruce Weinheimer of Texas Dept. of Aging and Disability Services, Carrick Walker of Texas Juvenile Probation Commission, Jay Norwood of Texas Dept. of State Health Services, Donald Forrester of STARRY, Mike Downing of The Settlement Home for Children; Middle: Mike Foster of Caring Family Network, Carlin Troy of Meridell Achievement Center, Beverly Pratt of Texas Mental Health Consumers; Front: Sasha Wozniak Rasco of Texas Dept. of Family Protective Services, Bibiana Gutierrez of San Antonio State Hospital, Lynda Frost of the Hogg Foundation, and Aaryce Hayes of Advocacy, Inc.

who has experienced seclusion and restraint. It is important that facility staff understand that "you are not the police and I am not the criminal," she said.

One facility reported changing language, calling mental health technicians "coaches" and replacing "rules" with "expectations." They hope this will encourage positive behavior and discourage children from breaking "rules."

The group also discussed ongoing policy barriers to seclusion and restraint reduction. The Leadership Group expressed the need for developing practical tools to replace seclusion and restraint.

The Group will continue to meet periodically to support multiple efforts in the state to reduce the use of seclusion and restraint.



Consumer and President of Alliance for Mental Health Consumers Rights, Mary Ryan (left) listens as Bibiana Gutierrez (right) talks about changes adopted in her unit.



Holly VanScoy (left) of Academic Research Associates talks with Carlin Troy of Meridell Achievement Center.

## Trainees Take Action on Seclusion & Restraint Reduction Plans

Since attending the Hogg Foundation-sponsored training institute last September, a number of private and state agencies from across Texas have put in place seclusion and restraint reduction plans, some of which are already yielding results.

One central Texas facility has reported a drop in restraints from an average of thirty a week to an average of five since a newly formed committee began meeting weekly to review the agency's seclusion and restraint incidents. The facility has committed to cutting its seclusion and restraint usage further through continued work with the committee.

Some agencies have focused on changing their facility environments by replacing seclusion rooms with sensory and calming rooms. Other agencies have used materials from the September training institute to augment their internal staff training and to train outside community agencies. A number of organizations are planning trips to visit facilities across the nation that have successfully reduced their seclusion and restraint usage.

To learn more about efforts to reduce seclusion and restraint use in Texas, visit the Hogg Foundation for Mental Health website: [www.hogg.utexas.edu/programs\\_S&R.html](http://www.hogg.utexas.edu/programs_S&R.html).



SERVICES, RESEARCH, POLICY & EDUCATION

The *Hogg Foundation News* is a quarterly newsletter of the Hogg Foundation for Mental Health.

The Foundation is an administrative unit of The University of Texas at Austin.

For over 65 years, the Foundation has accomplished its mandate through grantmaking to mental health service, research, public education, and policy projects in the state of Texas.

The Hogg Foundation for Mental Health also fulfills its benefactors' intent by operating its own programs – including mental health services research, public policy analysis, public education, conferences on timely issues, and the Regional Foundation Library – to the benefit and enrichment of organizations and communities statewide.

Information about the Hogg Foundation, including its programs and current initiatives, can be found online at [www.hogg.utexas.edu](http://www.hogg.utexas.edu).

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## Library Works with Graduate Students to Find Grant Monies

The spring semester is a busy one for graduate students at The University of Texas at Austin. Many are anticipating that the summer months will provide them with the opportunity to conduct research activities related to their degree programs. Others use the time to study abroad in various disciplines or to compete in regional, national, and international competitions and festivals. The common thread for all of them is the need for financial support to enable them to accomplish their goals.

There is a growing expectation that graduate students broaden their experiences, especially in regard to outreach and international exchange. There are a number of ways this can be accomplished. Attending conferences to present student and faculty research, study abroad programs, and language acquisition opportunities are a few that have demonstrated growth in the last several years.

The Regional Foundation Library (RFL) of the Hogg Foundation for Mental Health guides graduate students to potential funding resources through a series of workshops presented in collaboration with the Graduate School's Professional Development and Community Engagement program.

Allison Supancic, RFL Librarian, now offers two courses in the series. For several years,

Supancic has offered a basic workshop on obtaining funding for travel and research opportunities at the graduate level and beyond.

In January, 47 graduate students from various disciplines across the University attended the "How to Find and Receive Research and Travel Grants" workshop to explore methods of funding and strategies for obtaining support. Students were presented with information to assist them in planning and budgeting their needs. They then explored the research tools and strategies best suited to their funding needs. Finally, they received tips for making their application packet compelling and appropriate for a variety of funders.

A new workshop, titled "Alternative Strategies for Getting Small Grants," was offered in February. The purpose of the workshop was to introduce graduate students to non-traditional options for funding their various projects and programs. Because most private funding entities only give to non-profits, there is a belief that individuals will not qualify. The workshop explored ways students can navigate situations in which monies are available - just not to individuals.

The main intent was to encourage students to think creatively about presenting their ideas, explain fully to a potential funder how their work

would have significant benefit for particular groups or audiences, and budget wisely in order to accomplish all their funding needs. The workshop will be presented again during each fall and spring semester.

The RFL is exploring future collaboration with the Graduate School's Professional Development and Community Engagement program to make some of the workshop materials available in a web-based format.



RFL Librarian Allison Supancic (right) reviews information with an attendee of a grantwriting workshop. Appointments are recommended to set up a time for library staff to provide personal assistance.

## Hogg Foundation Goes Online with *An Analysis of the Texas Mental Health Code*

In March 2007, the Hogg Foundation will release an online edition of its popular publication, *An Analysis of the Texas Mental Health Code*. Since 1957, legal professionals navigating the intricacies of Texas statutes affecting people with mental disabilities have turned to a version of the publication for guidance and clarification.

The online edition will be current through the 79th Legislative Session and will incorporate the changes to the Mental Health Code in recent years. This edition represents an effort to

move to an exclusively web-based version of the resource, complete with links to the most current statutes.

After the 80th Legislative Session ends in June, the Foundation will print its last hard copy edition of this publication. Because the online edition can be updated quickly after each legislative session, the Foundation encourages readers of the *Analysis* to access it online.

Michael J. Churgin, Professor of Law at The University of Texas School of Law and an expert on mental health law in Texas, drafted

this and earlier editions of the publication going back to 1987.

The Foundation's associate director for mental health policy and law, Lynda Frost, edited the volume. Public affairs specialist Sara Gutierrez and law student intern Anna Geismar-Bowman prepared the online version of the text.

Please visit the Hogg Foundation website ([www.hogg.utexas.edu](http://www.hogg.utexas.edu)) to access the online version of *An Analysis of the Texas Mental Health Code*.

## Foundation to Co-Sponsor Special Education and Juvenile Justice Program in Texas

On June 8, 2007, the Hogg Foundation will co-sponsor with the State Bar of Texas a continuing legal education course entitled "Special Education Issues and the Juvenile Justice System in Texas."

This is the third year that the Foundation has co-sponsored this one-day course designed to educate lawyers, probation officers, school personnel, and parents about issues related to students with mental disabilities who may interact with the juvenile justice system. The keynote speaker will be Pete Wright, a national expert in special education law and advocacy for children with disabilities.

Lynda Frost, Associate Director of the Hogg Foundation for Mental Health, will serve as the Course Director and present the topic, "Ethical Guidelines for Representing a Juvenile Who May Be Unfit to Proceed."

An outstanding faculty of other legal and mental health professionals will present topics such as:

- When is Student Behavior a Crime?
- An Overview of Special Education Law
- Important Recent Special Education Cases
- Discipline and Behavioral Issues Under IDEA 2004
- A Primer in the Adjudication of Mentally Disabled Juveniles
- Legal Duties of Law Enforcement, Courts and the TYC to Juveniles

The draft agenda and registration information for this Austin-based conference is posted on the Hogg Foundation website. Additional information is available through the State Bar of Texas (1-800-204-2222, x1574; [www.TexasBarCLE.com](http://www.TexasBarCLE.com)). Early bird registration ends May 25.



# 14th Robert Lee Sutherland Seminar Wrap-up

## Seminar Sparked Rich Dialogue on the Intersection of Culture and Mental Health



Rene Olvera discusses the importance of "Minority Inclusion in Psychiatric Research."

On November 30 to December 1, 2006, the Hogg Foundation for Mental Health hosted the Fourteenth Robert Lee Sutherland Seminar, *Transforming Mental Health Services in Texas: Building Bridges Between Cultural Competence and Evidence-Based Practice*. This biennium's seminar was held in Houston.

Approximately 200 clinicians, researchers, policymakers, consumers, and family members from around the state attended the Robert Lee Sutherland Seminar, which focused on cultural adaptations of evidence-based mental health treatments.

The Hogg Foundation sponsored the seminar to share a wealth of information and diverse perspectives on cultural adaptations and to promote dialogue and progress on this vital issue.

More information about the seminar, including the conference agenda, is available on the Foundation's website at: [www.hogg.utexas.edu](http://www.hogg.utexas.edu). Video clips, speakers' PowerPoint presentations, and related articles will be posted on the website.



Shalonda Kelly's presentation focused on "Assessing Cultural Perspectives and Experiences Relevant to the Treatment of African American Clients."



Cultural competency expert Delia Saldaña (left) has a lively chat with Kim Szeto (right), Executive Director of Asian American Family Services, during a break.



Giuseppe Costantino provides information on the development of the TEMAS (Tell-Me-A-Story) test.



RLS Seminar advisory committee member Sue (right) who gave the opening plenary session.



Steven Lopez talks with seminar attendees. Dr. Lopez's presentation on "Developing Mental Health Care that is Empirically Supported."



King Davis, Executive Director of the Hogg Foundation (center), and seminar attendees discuss cultural competency and mental health.

### History of the Robert Lee Sutherland Seminars

Biennially, since 1978, the Foundation has convened the Robert Lee Sutherland Seminars to encourage people to work cooperatively to address timely issues for the improvement of mental health and the quality of life in Texas.

The Seminars are a living tribute to the first director of the Hogg Foundation for Mental Health, Dr. Robert Lee

Sutherland, who led the Foundation for 30 years (1940-1970).

During his tenure, Dr. Sutherland brought together people and ideas in the pursuit of innovation and cooperation for mental health initiatives in Texas.

Through these seminars, the Foundation brings together participants with state and national experts to discuss critical issues in mental health. It



# of Cultural Competence and Evidence-Based Practices

## *Cultural Adaptation: A Timely Focus*

Nationwide, policymakers and payers are encouraging, sometimes even requiring, mental health providers to use evidence-based practices (EBPs) in their work with clients. EBPs, like cognitive-behavioral therapy, are mental health treatments that have been shown to work across multiple research trials.

The rationale is that treatments that are successful in carefully designed research studies are more likely to help clients in the "real world" than untested approaches that providers may use. EBPs are equated with quality mental health care. While no one would argue against the need for quality mental health services, the push for EBPs as the solution is controversial. A critical issue is the cultural relevance of these treatments.

The majority of participants in EBP research are white and middle class. Although people of color are rarely well represented in these studies, the assumption is that a treatment that works well for a white, middle class population will work well for everyone.

Unfortunately, this assumption runs counter to decades of research demonstrating that there are important ethnic and racial differences in how people think about mental illness, seek help, and participate in treatment.

There is good reason to believe that one size may not fit all. Now a "majority-minority" state, Texas must find ways to provide quality mental health services to people of all cultures. Some research studies have shown that EBPs can work for people of color.

Particularly compelling is the emerging research demonstrating that EBPs are successful with people of color when their delivery is modified to address clients' cultural differences. Culturally adapting EBPs is the cutting edge of quality mental health care. Visit the Foundation's website to learn more about its Cultural Adaptation Initiative.



Judy Gentry of the DePelchin Children's Center talks about how the center is culturally adapting its Trauma-Focused Cognitive Behavioral Therapy.



Stanley Bernal (left) greets Jesse Terrell.



Ricardo Irizarry of Tropical Texas Center for MHMR discusses their culturally-adapted anxiety disorder treatment.



Steve Lopez gave the luncheon presentation on Friday titled "What is Culturally Competent and Effective?"



Guillermo Bernal who gave the luncheon presentation on Friday has a quick meeting with Steve Lopez and Francis Terrell.



Patrick Leung's presentation focused on using the ASK (Attitudes, Skills, and Knowledge) instrument to assess cultural competency of social work and mental health workers.

In 2004, the Seminar focused on the reduction of seclusion and restraint in "Safe and Appropriate Behavioral Interventions: Changing the Culture of Care."

More information about previous Robert Lee Sutherland Seminars is available on the Hogg Foundation's website at [www.hogg.utexas.edu/programs\\_RLSseminars.html](http://www.hogg.utexas.edu/programs_RLSseminars.html).



Jennifer Hill, Trauma Recovery Project Director, gives information about the program at the Guadalupe Valley Family Violence Shelter.



Carolyn Young (right), Program Officer of the Hogg Foundation, visits with attendees.



## HF Staff in the News

### *Alexander Moderates Conference Session*

Acting Associate Director Dr. Laurie Alexander will moderate a session entitled "Becoming (and Staying) a Learning Organization" for a May 2007 Grantmakers for Effective Organizations conference on organizational learning.

### *Frost to Discuss Public Health at UTHSC at Houston Colloquium*

Associate Director Dr. Lynda Frost will be a discussant at a session on "Reinventing Public Health: Designing an Intersectoral Public Health System" at the University of Texas Health Science Center School of Public Health at Houston colloquium on April 20.

### *Supancic to Provide Funding Information as Part of Conference Panel*

In April Allison Supancic, Regional Foundation Librarian, will be part of a panel for the Texas Association of Museums annual conference in Austin. She will provide information relating to funding research in the workshop titled, "A Great Place to Be: Small Museum Institute."

### *Davis to Focus on Strategic Alliances*

Executive Director, Dr. King Davis, will give a presentation on "Foundations and Behavioral Health Providers: Developing and Maintaining Strategic Alliances to Create a More Certain Future" for the National Council for Community Behavioral Healthcare in Las Vegas, NV. on March 26.

### *Cook Addresses Need for Reducing Use of Seclusion and Restraint*

Mental Health Policy and Law Clerk Melissa Cook spoke at the DePelchin Children's Center agency-wide seclusion and restraint reduction kick-off event on February 14. She discussed the need for safe and appropriate alternatives to seclusion and restraint use and provided information about the Hogg Foundation's seclusion and restraint reduction activities.

### *Current Trends among Texas Funders Discussed at Statewide Meeting*

On January 26, Allison Supancic represented the Regional Foundation Library on a panel at the annual statewide meeting of the Texas Land Trust Council. Panelists presented information about the history and current trends among Texas funders in support of environmental issues in the state of Texas. Other panelists included Lucille DiDomenico, Executive Director of the Conference of Southwest Foundations, and David Todd, a trustee for the Magnolia Charitable Trust.

### *Berndt Attends FAN Meeting*

Program Officer Debbie Berndt attended the Foundations and Agencies Network meeting on Jan. 19 in Baltimore. This forum of leaders from the foundation community meets periodically to exchange information, identify and explore shared interests, and support collaborative efforts that address issues related to children's social and emotional development and mental health.

## Hinchliffe Hired as Administrative Associate

Janie Hinchliffe joined the Hogg Foundation on January 9, 2007, as an administrative associate. Her duties center on providing fiscal and administrative support for the Foundation officers and staff by creating and processing electronic documents. Hinchliffe also assists in coordinating events and provides back-up for the receptionist as necessary.



Janie Hinchliffe

For the past eight years, Hinchliffe worked at The University of Texas at Austin's Office of the Vice President for Student Affairs. Her various duties included scheduling meetings, arranging travel, and preparing associated documents for the vice president. In addition, she assisted in the production of several University-wide events.

Hinchliffe's family involvement with The University of Texas at Austin spans three generations. Her father, mother, grandparents, and many other relatives have graduated from or have been employed by the University. Both of her parents served the University, one as a

professor and the other as a research associate. Her paternal grandfather was a UT professor and her maternal grandmother worked in the Registrar's Office when University enrollment reached 1,000 students.

Hinchliffe received her Bachelor of Science

at the University in 1979, majoring in Interior Design. She worked in the design field for 15 years, with her most notable project being involvement in the completion of an Airbus A300 airplane for The Sultan of Brunei.

She sought variety in her career and began coordinating educational programs for the Central Texas Medical Foundation in 1994. She also helped the Austin Multi-Institutional Review Board to oversee experimental studies involving human subjects. Hinchliffe occasionally guest lectures UT-Austin's undergraduate design students. She enjoys leisure time in her garden and loves to travel.

## UT Law Student Named Spring Intern

Anna Geismar-Bowman, a student from The University of Texas at Austin School of Law, is interning with the Hogg Foundation during the spring semester. While at the Foundation, she will participate in tracking mental health-related bills filed during the Texas 80th Legislative session and assist with activities relating to the publication, *An Analysis of the Texas Mental Health Code*. She expects to complete her Doctor of Jurisprudence degree in May 2007.

## Collecting Quilts: One of Miss Ima's Passions

Philanthropist and Hogg Foundation benefactor, Miss Ima Hogg spent over fifty years acquiring a variety of collectibles including traditional American quilts.

In January, Hogg Foundation staff visited the Bob Bullock Texas State History Museum to view Miss Ima's exhibit of 25 quilts. This exhibit was special because, for the first time, these quilts could be seen in one place. They are usually housed in one of three historic properties Miss Ima donated to the people of Texas: Bayou Bend, Winedale, and the Varner-Hogg Plantation.

Miss Ima's keen collector's eye was evident in the quilts she chose. The variety of quilt types and patterns shows that her focus centered around quality craftsmanship.

The children of Governor James Hogg established the Hogg Foundation.



The above Friendship Quilt (ca. 1842-1844), made of cotton, measures 113 inches square. Elizabeth C. Loudenslager and others were the quilters who lived in Mauricetown, NJ and vicinity.



# University Adds Hogg Foundation to Its Diversity and Community Engagement Portfolio

From Page 1

Dr. Vincent was promoted to the new position of vice president for diversity and community engagement in June 2006. Overseeing a staff of more than 150 people, he has responsibility for the portfolio of University offices including the Hogg Foundation which were previously overseen by Dr. James L. Hill, Vice President for Community and School Relations.

The Foundation's reporting structure officially changed with Dr. Hill's retirement in January 2007.

In addition to his position as vice president for diversity and community engagement, Dr. Vincent continues to participate in the Vice Presidents' Council and the University Leadership Council.

He also remains on the faculty and was appointed as Fellow in the Sid W. Richardson Regents Chair in Community College Leadership in the College of Education's

Department of Educational Administration.

Dr. Vincent came to The University of Texas at Austin in 2005 as Vice Provost for Inclusion and Cross-Cultural Effectiveness.

Prior to joining the University, he was vice provost for institutional equity and diversity, and law professor at the University of Oregon.

He had previously served as vice provost for academic affairs and campus diversity at Louisiana State University at Baton Rouge,

where he was also a law professor and taught graduate courses in the university's College of Education.

Before that, he was assistant vice chancellor for academic affairs and

director of the Equity and Diverse Resource Center at the University of Wisconsin-Madison.

Dr. Vincent's other professional experience includes having been a vice president of Bank One Cleveland from 1994-95; director for



Dr. Vincent with University of Texas Elementary School students.

regional and legal affairs at the Ohio Civil Rights Commission in Cleveland, 1991-94; assistant attorney general for the Civil Rights Section of the Ohio Attorney General's Office in Columbus, Ohio, 1988-91; and an associate with a law firm in Charleston, W. Va., 1987-88.

Dr. Vincent earned his doctorate, with an emphasis in higher education, from the University of Pennsylvania; his Juris Doctor degree from The Ohio State University College of Law; and his Bachelor of Arts degree from Hobart and William Smith Colleges in Geneva, New York.

*"We look forward to collaborating with Dr. Vincent's office to promote President Powers' vision of a campus that is diverse and responsive to the community's needs,"*  
- King Davis, Executive Director of the Hogg Foundation for Mental Health.

From Page 1

## Houston Commission to Develop Mental Health Plan

series of in-depth focus groups with Harris County's consumers, family members, mental health professionals, and allied professionals. JCCCC will hire liaisons representative of the county's diverse communities to conduct the groups.

"The focus groups will be critical in assessing the needs of Harris County children of diverse ethnic and socioeconomic backgrounds and those with different types and severities of mental health problems," said Debbie Berndt, the Foundation's program officer for the grant.

"Ultimately, the plan will be comprehensive and useful to the extent that it reflects all of these voices."

After completing the needs assessment and focus groups, JCCCC will convene a work group of area stakeholders to formulate a plan for moving children's mental health forward in Houston and Harris County.

JCCCC will collaborate on the plan's development with consumers, family members, mental health professionals, and other key community members. Particularly promising is

JCCCC's emphasis on enlisting the support and participation of a comprehensive range of stakeholders, including organizations not usually at the table.

To be completed by the end of 2007, the plan resulting from the work group's efforts will be disseminated throughout the Harris County area to rally and strengthen its support.

JCCCC will also work with business and civic groups in the area, in hopes of fostering future funding partnerships.

## Today's Clips Offers State and National Mental Health-Related Articles to Subscribers

*Today's Clips* is a free clip service provided by the Hogg Foundation to the mental health and philanthropy communities in Texas. Monday through Friday, subscribers receive an email message that lists articles found in major Texas and national online news sources.

The clips cover a range of topics of interest to the Foundation's stakeholders, including mental health policy, research, and services; health care policy and research; philanthropy

news; and pertinent opinion pieces from Texas and beyond.

For each article cited, the first paragraphs or abstract is provided with a link to the entire article. One-time registration or a paid subscription with the online source may be required to access full articles. To receive *Today's Clips* as a daily email message, email [comm@hogg.utexas.edu](mailto:comm@hogg.utexas.edu).

Today's Clips - February 15, 2007

### STATE

**Group wants state to transfer more than 100 defendants to hospital or treatment facility.**  
Austin American-Statesman  
Andrea Ball  
February 15, 2007

Texas routinely violates the constitutional rights of people with mental illnesses who have been accused of crimes by keeping them in jail longer than necessary, claims a lawsuit filed Wednesday in Travis County. <http://www.statesman.com/search/content/news/stories/local/02/15/15mental.html>

### NATIONAL

**US mental health bill moves forward in Congress**  
Reuters  
February 14, 2007

WASHINGTON, Feb 14 (Reuters) - A bill that would require health insurers to cover more of the costs of treating mental health conditions moved forward



## The University of Texas at Austin

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### The Hogg Foundation's Vision

*We envision a Texas that leads the nation in promoting mental health and recovery from mental illness, supporting all Texans in achieving their potential.*

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**HF News**  
Hogg Foundation for Mental Health  
SERVICES, RESEARCH, POLICY, AND EDUCATION  
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*"To Develop a Broad Mental Health Program of Great Benefit to the People of Texas"*  
—Miss Anna Hogg

### Hogg Foundation Supports Texas Agencies Taking the Lead in Reducing Seclusion and Restraint

Twenty-nine private and state agencies from across Texas demonstrated a strong commitment to reducing and eliminating their use of seclusion and restraint by sending leadership teams to a free training institute sponsored by the Hogg Foundation.

Ms. Kevin Ann Huckshorn, RN, MSW, of the National Association of State Mental Health Program Directors' National Coordinating Center to Reduce and Eliminate the Use of Seclusion and Restraint, led the institute, which was held in San Antonio on September 20-22.

With support from the Substance Abuse and Mental Health Services Administration, Ms. Huckshorn has developed "Crafting Violence Free and Coercion Free Mental Health Treatment Environments for the Reduction of Seclusion and Restraint." Her training team leads workshops around the country to help organizations modify their use of seclusion and restraint.

Leadership teams participating in the institute reflected a diverse group of key personnel including higher-level executives, mental health professionals, training specialists, and direct care staff.

The institute covered a wealth of practical information on instituting agency culture change around seclusion and restraint. It also included a panel that featured mental health consumers and family members discussing eye-opening experiences of being subjected to seclusion and restraint.

Following these sessions, the leadership teams met individually to begin drafting a facility seclusion and restraint reduction plan.

During the institute, representatives of the Texas Department of Aging and Disability Services, Texas Department of Family Health Services, Texas Department of State Health Services, and Texas Juvenile Probation Commission also met to identify common issues and to share strategies for incorporating best practices detailed in the Behavioral Management Workgroup report into their agency regulations as directed by SB 325. (A link to the Behavioral Management Workgroup report is available on the Hogg Foundation website.) Contributing to

See Seclusion & Restraint, Page 5

### Foundation Seeks Applications: Fellowship, Journalism Award

#### Moore Postdoctoral Fellowship for Sociologists

Individuals with a doctorate in sociology are invited to apply for the Harry E. and Bernice M. Moore Postdoctoral Fellowship at the Hogg Foundation for Mental Health. The fellow will hold a joint appointment with the Foundation and the Department of Sociology at The University of Texas at Austin.

This full-time fellowship reflects Dr. Harry E. Moore's concern for and sociological contributions to the study of the human experience in crisis. The Moore Fellow will conduct a research project on the mental health impact of crises, such as natural disasters, military conflicts, interpersonal violence, and other traumatic events. Preference will be given to candidates who propose to study Hurricanes Katrina and Rita's aftermath in Texas.

Throughout the fellowship period, the fellow will present his or her research to the Foundation, the Sociology Department, and the larger community. The fellow will also be expected to publish and present his or her research in scholarly publications and conferences.

Applicants must have a Ph.D. in Sociology or must be able to demonstrate that they will defend their dissertation and obtain their doctorate prior to August 31, 2007. Applicants must have a strong research background. Applicants with a track record in research on the sociology of mental health are preferred. However, applicants with a background in related areas who are interested in developing research expertise in mental health are also eligible.

The fellow will receive \$45,000 a year plus benefits. Funding for a second year is contingent upon satisfactory progress on the research project in the first year.

The deadline for applications is January 10, 2007. Application instructions are posted online at [www.hogg.utexas.edu](http://www.hogg.utexas.edu).

#### James S. Hogg Award for Mental Health Reporting

Reporters from across Texas are encouraged to submit entries for the Third Annual James S. Hogg Award for Mental Health Reporting sponsored by the Hogg Foundation for Mental Health.

The Mental Health Reporting Award recognizes exemplary journalism that educates the people of Texas on issues related to mental health and counters negative beliefs about mental illness. Entries must have been published or aired by a Texas news media outlet between Jan. 1, 2006, and Dec. 31, 2006. The deadline for submissions is Feb. 15, 2007.

Entries will be judged on mental health content, consumer perspectives, educational value, respectful representation, and quality. Winning entries will be

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