

Foundation Awards 27 Scholarships to Bilingual Social Work Students Nearly \$300,000 distributed in first round of three-year program

In what is believed to be the first statewide program of its kind, the Hogg Foundation for Mental Health has awarded 27 bilingual scholarships to narrow the gap between the need for Spanish-language mental health services in Texas and the availability of trained professionals to meet those needs.

The foundation awarded nearly \$300,000 in the first round of scholarships as part of its com-

mitment of up to \$1 million for the three-year scholarship program.

The scholarships cover tuition and required fees for recipients, who must be fluent in Spanish and English and agree to work in Texas after graduation providing mental health services for a period equal to the timeframe of the scholarship.

"This program was enthusiastically embraced by participating schools and attracted talented,

highly qualified students who will increase cultural and linguistic diversity in their higher education programs," said Dr. Gregory J. Vincent, vice president for diversity and community engagement at The University of Texas at Austin. The foundation is part of the Division of Diversity and

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New Executive Director Returns to Texas, Ready to Move Foundation's Work Forward

By Elisabeth Kristof

After just one week in his new position, the Hogg Foundation's new executive director, Dr. Octavio N. Martinez Jr., felt right at home and



Dr. Octavio Martinez Jr.

eager to embark on a career opportunity he believes will allow him to contribute to a greater quality of life for all Texans.

Martinez, a native Texan, moved from North Carolina to assume his new post on Aug. 11. He succeeded Dr. King Davis, who after five years as executive director returned to teaching at the School of Social Work at The University of Texas at Austin.

The role of executive director immediately appealed to Martinez because of the leadership opportunities to shape the foundation's initiatives, reform cultural beliefs surrounding mental health, improve health care services, and positively impact the lives of all Texans.

"It is an honor to accept the role of executive director because it allows me to contribute and give back to a state that has given me so much," said Martinez. "I'm also very happy to be back with my family here in Texas."

Martinez brings to the foundation an exceptional professional and academic history, scattered with an array of divergent experiences. As an undergraduate at The University of Texas at Austin, he explored various career options in

search of inspiration: the Air Force Reserve Officer Training Corps, finance classes and pre-med courses. But a love of numbers eventually led him to pursue a career in banking.

After obtaining a master's degree in business administration with a concentration in finance from the university, Martinez worked as a commercial real estate banker in Austin. Then, the savings and loan crisis of the early 80's hit, creating a work environment that sparked a period of transition in Martinez's life.

"During the crisis I began to question whether I should continue working in the banking industry and if I was really contributing to society in that role," he said. He decided to turn to medicine, enrolling at Baylor College of Medicine in Houston.

His banking experience, however, remains an important professional asset in his current role because he is able to analyze mental health issues from a financial perspective, which many clinicians lack, said Martinez. "Health care is a business," he said. "If you don't have funding, it impacts your ability to deliver services."

It was not until late in his medical school experience, after his one-month external rotation at Bridgewater State Hospital in Massachusetts, that Martinez realized his passion for mental health. "It was such a fascinating experience. I

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Five Students Each Receive \$5K Ima Hogg Scholarships

By Elisabeth Kristof

Five social work graduate students in Texas received the 2008 Ima Hogg Scholarship for Mental Health for their demonstrated commitment to pursuing a career in mental health and providing quality care to those most in need of mental health services.

The one-year, \$5,000 scholarships reflect Miss Ima Hogg's commitment to training social workers in mental health. They are awarded by the foundation annually to outstanding students in their second year of graduate school at an accredited social work program in Texas.

The goals and experiences of the 2008 recipients vary from working with minority populations to veterans and children with mental health conditions, but they all mirror the foundation's core values of expanding mental health care for the underserved and increasing cultural competency among service providers.

"The immediate need in Texas for culturally competent social workers led me to pursue a master's degree in social work on a full-time

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came back to Texas looking at mental health in a totally different way," he said. "I thought, 'Wow, a field in medicine that is this diverse and this interesting...I need to look into this more.'"

And he did. His interest in mental health led Martinez to pursue clinical and educational positions in mental health services, including work as an assistant professor and psychiatrist at The University of Texas Health Science Center in San Antonio, a clinical psychiatrist at Albemarle Mental Health Center and an affiliate associate professor at the Brody School of Medicine in North Carolina.

He also earned a master's degree in public health from the prestigious School of Public Health at Harvard University and continues to be an active and involved member of Reede Scholars, a network of public health leaders who have completed The Commonwealth Fund/Harvard University Fellowship in Minority Health Policy at Harvard Medical School.

Now, his interest and experience in mental health have brought him home to Texas to become the fifth executive director and the first Hispanic to lead the foundation since it was created in 1940.

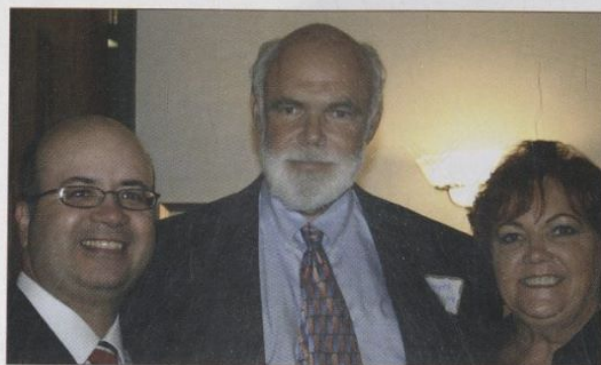
Despite his enthusiasm and energy, Martinez

knows the road ahead will be challenging because Texas has formidable problems to address. "Texas does not contribute enough to mental health care at the state level, which has resulted in the fragmentation of services," he said.

Coming from North Carolina, Martinez knows this fragmentation is not unique. "Problems in Texas are similar to the rest of the nation. Mental health care is in crisis across the United States," he said. And, these problems are exacerbated by the current economic downturns, Martinez noted. "Nationwide, social services are often the first to go with budget cuts."

Yet Martinez remains optimistic about his home state's ability to address these challenges. "One role of the foundation may be to spotlight organizations making positive strides in mental health care reform," he said. "We need to identify what is being done right, so others can see and perhaps replicate that."

Overarching all his aspirations is Martinez's



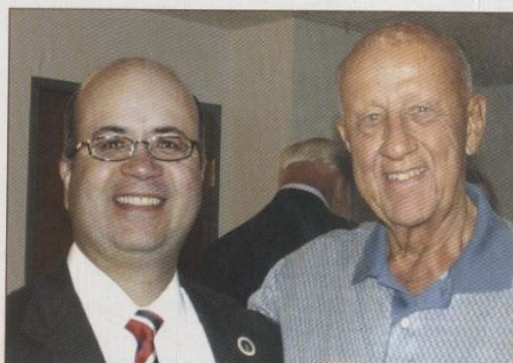
Martinez with Dr. Kenneth Matthews (center), professor and residency training director at the Department of Psychiatry, University of Texas Health Science Center at San Antonio, and his wife Rayetta Matthews at the foundation's welcome reception for Martinez on Aug. 22.

involving consumers of mental health services and their families in improving state policies and programs, workforce development, cultural competency and integrated health care. The greatest challenge for Martinez will be to cipher through all the programs and decide where to concentrate the foundation's limited funding and resources.

As director, Martinez said his first task is to evaluate the foundation's current initiatives, programs and activities, then develop a strategic plan for both current and new areas of focus.

Martinez said he believes all of the foundation's current initiatives are timely and valuable, but limited funding and staff resources require the foundation to prioritize. He knows deciding where to focus next will not be easy. "Texas has so many important needs and issues in mental health today. It is like being asked to choose which family member you love most. They are all equally important," he said.

"We have to ask ourselves, 'At this time, what are the most effective ways to improve mental health in Texas?'" he said. "The foundation can best accomplish its mission of improving mental health of all Texans by concentrating our efforts on the mental health services and policies that have the most potential impact in Texas."



Martinez with Dr. Wayne Holtzman (right) at the foundation's Aug. 22 welcome reception. Holtzman was the foundation's second executive director.

desire to shift the public perception of mental health care away from the predominant belief that mental health is a field of medicine separate and less valuable than physical health care.

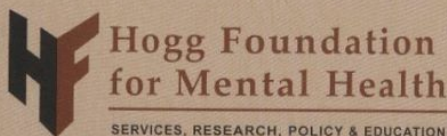
"We need to make a cultural change, not only in Texas, but in all western culture, by recognizing that the mind does not exist separately from the body," said Martinez. "Every person should be interested in improving mental health treatment because human beings have emotional needs beyond their physical well-being."

Martinez believes that as the connections between mental and physical health are more widely understood, the stigma attached to mental illness will be reduced. This in turn will lead to more people seeking better mental health and a higher quality of life – a goal that all Texans can support.

This goal of cultural change already is reflected in many foundation initiatives:



Houston nonprofit Childbuilders held a reception for Martinez on Sept. 4. Betsy Swartz (above left), executive director of Mental Health America of Greater Houston, and Sherea McKenzie, executive director of the Harris County Joint City/County Commission on Children, attended the reception.



Hogg Foundation News is a free quarterly newsletter published by the Hogg Foundation for Mental Health to inform the public of the foundation's programs, services and activities.

The foundation was founded in 1940 to promote mental health in Texas and provides grants and operates programs to support mental health services, research, policy analysis and public education.

The foundation is part of the Division of Diversity and Community Engagement at The University of Texas at Austin. For more information, visit www.hogg.utexas.edu.

For subscription additions and changes, contact the Hogg Foundation News editor.

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Statewide Conference Draws 400 From Across Texas

More than 400 people from across Texas met in Austin Sept. 8 and 9 for a conference on integrated health care, an emerging national movement to improve people's health by treating physical and behavioral health issues together.

The 15th Robert Lee Sutherland seminar, *Integrated Health: Connecting Body and Mind*, was sponsored by the Hogg Foundation for Mental Health. The seminars have been held biennially since 1978 in honor of the foundation's first director, who brought people and ideas together for 30 years to promote innovation and collaboration for mental health initiatives in Texas.

There's no question that a person's physical and behavioral health are linked. Chronic illnesses such as diabetes and heart disease often are accompanied by behavioral ailments such as depression or anxiety. And studies have shown that people with severe mental illnesses such as schizophrenia and bipolar disorder die an average of 25 years earlier than people without these disorders, due to factors such as medication side effects and barriers to receiving medical treatment.

Integrated health care is beginning to be recognized in Texas as a viable, beneficial way to improve people's overall health. Yet most health care systems, insurance plans and public policies are designed to treat a person's body and mind separately. Barriers to integration exist in financial, clinical, organizational and policy processes and systems.

More than 50 national, state and local physical and behavioral health care experts, providers and consumers spoke at the conference about their knowledge and experiences with integrated health care. The conference focused on three themes:

- Best practices.
- Benefits for consumers, providers, employers and insurers.
- Next steps to promote integrated health care in Texas.



Attendees listen to various invited panelists during the conference.



Conference participants network prior to the start of the conference.



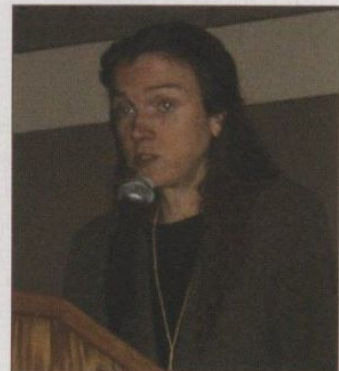
William Peabody is president and CEO of North Central Health Center of Detroit, MI.



Consumer Joann Gilbert (left) and care manager Rachel Quintanilla talk about their experiences with integrated health care at El Paso's Project Vida Health Center.



Conference attendees participate in several breakout sessions.



Peggy Swarbrick is director of the Institute for Wellness and Recovery Initiatives, Collaborative Support Programs of New Jersey.



Consumer Lynda Williams (right) shares her story about integrated health care at People's Community Clinic in Austin.

Resource guide, conference materials online

Visit www.hogg.utexas.edu for a comprehensive resource guide on integrated health care in Texas and the U.S., plus conference presentations, summary notes and related articles.

Hogg Foundation Scholarships Support Graduate

Scholarships Help Bilingual Social Work Students Achieve Dreams

Guadalupe Arvizo, The University of Texas at Arlington, has been providing social services to Spanish-speaking clients in Dallas for two years. She said that treatment for crises must be delivered in a timely manner to be effective, but the waiting list for services is much longer for speakers of languages other than English.

"I used to buy into the myth that Latinos do not seek out counseling services, but the reality is that the language barrier is an obstacle that must be overcome," she said.



Guadalupe Arvizo

Arvizo earned a bachelor's degree in 2006 and wanted to pursue a master's degree, but the fear of taking on the added financial burden kept her from moving forward. Yet she realized through her work that many families' needs

weren't being addressed at all or in a timely manner due to language barriers.

"I became even more determined to work toward a master's degree. I knew I had to do it; I just didn't know how it was going to happen," she said. "This scholarship was the deciding factor for me and has provided what I need. I look forward to completing my degree and providing an even higher level of service to non-English speaking populations."

Salvador Luna Jr., Stephen F. Austin State University, wants to become a mental health services provider in the public school system, mentoring at-risk youth who otherwise might not have access to mental health care.

Luna began his career as a bilingual juvenile probation officer in Angelina County, providing information on mental health services, translating during home visits and advocating for Spanish-speaking families. He is going back to school to help narrow the gap in services due to language barriers.



Salvador Luna Jr.

"Texas has a tough task of meeting the needs of one of its largest ethnic populations," he said. "I have often been frustrated by the lack of mental health services available to Hispanic families because of the language barrier."

"The scholarship has expedited my goal of

Bilingual scholarships awarded From Page 1

Community Engagement.

Studies have shown populations of color and those who speak a language other than English are under-represented in social work and mental health professions in Texas and elsewhere in the United States.

"Texas faces a critical shortage of mental health professionals, especially those who are culturally and linguistically diverse," said Dr. Octavio N. Martinez Jr., executive director of the foundation. "The foundation's scholarships are attracting students committed to working in a mental health career while also expanding access to Spanish-language mental health services in Texas."

2008 Bilingual Scholarship Recipients

- Abilene Christian University: Marcela Martinez, Abilene.
- Baylor University: Esther Castro, Killeen; Abbie Sumrall, Nashville, Tenn.; Flor Avellaneda and Frances Rodriguez, McGregor.
- Our Lady of the Lake University: Odette Gonzalez, San Antonio.
- Stephen F. Austin State University: Salvador Luna Jr., Lufkin; Benjamin Glade, Nacogdoches.
- Texas A&M University—Commerce: Alma Ramirez, Cookville.
- Texas State University: Elizabeth Castaneda, San Marcos; Jacqueline Hanson, Del Rio; Melanie Limon, Kingsland; Lizzette Valles, Hutto.
- The University of Houston: David V. Flores, Houston; Melanee Orellana, Humble.
- The University of Texas at Arlington: Guadalupe Arvizo, Grand Prairie; Anne R. Rivera, Corpus Christi; Karla Salas, Dallas.
- The University of Texas at Austin: Alda Santana, Austin; Eva Jean Shaw, Phoenix, Ariz.
- The University of Texas—Pan American: Raquel Castro, McAllen; Cindy De Leon, Harlingen; Nora Mesa, Weslaco; Nancy Valles, McAllen.
- The University of Texas at San Antonio: Diana Molina, Laredo; Debra Colorado and Abel Garcia, San Antonio.

obtaining a master's degree in social work, which will allow me to better serve consumers in the future," he said.

Diana Molina, The University of Texas at San Antonio, plans to work in public school systems along the Texas-Mexico border to improve students' educational experiences.



Diana Molina

Since 1993 Molina has worked in Laredo schools with children and families affected by disabilities. She has seen an increase in the diagnoses of attention-deficit/hyperactivity disorder, dysthymic disorder and bipolar disorder in children and adolescents. She also said students are experiencing more severe symptoms of these disorders, and they seem to be diagnosed at younger ages.

"The scholarship has provided the opportunity for me to pursue a graduate school education and apply effective evidence-based practice in working with students and their families," she said.

Alma Ramirez, Texas A&M University—Commerce, wants to work with families and

children and help people manage problems in the workplace. She believes the social work graduate program will make her more knowledgeable, confident and better-equipped to provide culturally competent bilingual mental health services.

Ramirez has worked with Spanish-speaking clients at the SAFE-T Crisis Center and a child development center in the Mount Pleasant public school district. She also volunteered at a local women's shelter and worked with teens struggling in school. As a translator, she has seen the frustration of clients and counselors struggling with language barriers.



Alma Ramirez

"I learned English as a second language and I understand exactly how people feel when they have a translator in counseling or training, especially if it has to do with their emotional life and mental issues," she said. "I want to empower others the same way people have empowered me, by sharing their support, understanding, encouragement and life experiences."

Student Study & Research in Mental Health

Scholarship recipients continue work, vision of Miss Ima

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basis. This scholarship will provide the needed support for my training as a mental health social worker," said **Rosanne Dominguez**, a student at The University of Texas at San Antonio's Department of Social Work.

Dominguez and **Tenisha Hunter**, a student at The University of Texas at Austin's School of



Rosanne Dominguez

Social Work, both strive to improve the cultural competency, accessibility and quality of mental health services for the state's largest minority populations, Latinos and African-Americans.

Latinos are projected to become the largest ethnic group in Texas by 2030, and Texas has the

third-largest state population of African Americans. But the state's mental health system has not kept pace with cultural and linguistic service needs of these populations.

As a result, people of color may experience significant disparities in their access to mental health care and in the quality and outcome of the services they receive. Hunter and Dominguez both are committed to reducing this disparity.

A bilingual student, Dominguez is passionate about working with advocacy groups to improve mental health services and policies. In May, she completed an internship at Z-Place, a faith-based community center that provides childcare and vocational training in Bexar County, where 52 percent of the population is Hispanic, according to 2006 federal statistics.



Tenisha Hunter

Hunter's focus is on Texas' African-American population. Her experience includes counseling children and adults affected by sexual abuse, domestic violence and poverty, working as a brain injury social worker, and participating in a research study on mental

health services in the aftermath of Hurricane Katrina.

"My research and practice experiences have enhanced my ability to deal with issues facing the African-American community," she said.

Minority populations aren't alone in needing more qualified, competent mental health providers. "The military health system lacks the fiscal resources and the fully trained personnel to fulfill its mission to support psychological health in peacetime or fulfill the enhanced requirements imposed during times of conflict," according to

"An Achievable Vision," a 2007 report by the U.S. Department of Defense Task Force on Mental Health.

This national phenomenon is echoed loudly in Texas, which contributes the third-largest number of servicemen and women to the military. The number of Texas veterans in need of quality mental health care continues to grow rapidly.

Scholarship recipients **Sarahtyah Wilson**, a student at Our Lady of the Lake University's Worden School of Social Service, and **Warren Ponder**, a student at The University of Texas at Arlington's School of Social Work, chose to pursue a career that will improve Texas mental health services for veterans and active duty personnel. Both have goals that stem directly from their own



Sarahtyah Wilson

military experience. Wilson, a member of the U.S. Army Medical Corps, said her experience in the military makes her uniquely qualified to help soldiers, veterans and their families. "The effects of combat cannot be fully understood without personally going through the experience," Wilson said. After graduation, Wilson plans to continue practicing in the military community, which she believes is in great need of qualified competent social workers.

Iraq war veteran Ponder said witnessing the limited services available to active duty personnel solidified his decision to get a master's in social work and drives his future plans to work either at a Veterans' Administration facility or as an Army mental health officer.

Children are yet another population underserved by Texas mental health services. In 2004, the Texas public mental health system served about 15 percent of potentially eligible children, according to Texans Care for Children, a nonprofit advocacy organization advocating for improvement of the well-being of children across the state.

Scholarship recipient **Elizabeth Huntington**, a student at The University of Texas at Austin's School of Social Work, wants to address this issue by improving mental health resources and programs in the state's public school system. "It's my mission to satisfy the mental health, emotional and social development of all children," said Huntington. "Social work has a very important

role in supporting the mental health of children in our school system."

Huntington's work with children includes managing an after-school volunteer program, tutoring for AmeriCorps and providing counseling services through an internship with the Con Mi MADRE program in Austin.

Though August 2008 marked 33 years since Miss Ima Hogg's death in 1975, her legacy continues through scholarships that embody the foundation's mission of promoting mental health in Texas.



Elizabeth Huntington

Past Recipients Talk About Impact of Scholarships

By Elisabeth Kristof

Previous winners of the Ima Hogg Scholarship say the award provided them with much more than financial aid; it was the inspiration that clinched their decision to pursue a career in mental health.

"I'd thought of going into mental health, but when I got the scholarship it solidified in my mind that it was the right career choice for me," said Jessica M. Findley, a 2006 scholarship recipient who earned a master's degree in social work at Texas State University.

Nancy Saenz, a 2006 scholarship recipient who earned her master's degree at The University of Texas – Pan American, said after nine years in social work she wanted to make a greater contribution.

"I wanted to touch the lives of those with depression and anxiety," she said. "The scholarship provided the funding that allowed me to accomplish my goal."

Today, both Findley and Saenz are improving Texas mental health services, making a significant impact in their communities and realizing their career goals as mental health providers.

Findley works at Austin's Shoal Creek Hospital, where she is co-developing the curriculum of a new cognitive therapy-based unit and helping patients with chemical dependency and their families learn to manage addiction. She hopes to eventually become more involved in advocacy and reducing the stigma of mental illness.

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HF Staff in the News

Integrated Health Topic of Bazelon Center for Mental Health's Law Forum

Program Officer Laurie Alexander was an invited participant in "Mental Health in Health Care Reform: Integration Issues," a discussion forum hosted by the Bazelon Center for Mental Health Law in Washington, D.C. July 28-29. The meeting focused on the need to change financing for mental and physical health care to foster integrated health care.

Ybarra Shares Lessons Learned from Cultural Adaptation Initiative

Program Officer Rick Ybarra presented "Cultural Adaptation Initiative: Providing Evidence-Based Practices to Populations of Color" at the Texas Behavioral Health Institute's Annual Conference in Dallas Aug. 28.

Cultural and Linguistic Competency Focus of Annual Conference in Virginia

Program Officer Rick Ybarra presented at the Commonwealth of Virginia's 2008 Cultural and Linguistic Competency Annual Conference in Portsmouth Sept. 10-12. He discussed building culturally and linguistically competent organizations and the foundation's cultural adaptation initiative.

Workforce Issues and Cultural Competence Discussed at Los Angeles Conference

On Sept. 16-17, Program Officer Rick Ybarra presented at the 14th Annual Latino Behavioral Health Institute's Annual Conference in Los Angeles, Calif. He discussed the foundation's cultural adaptation initiative and workforce issues related to cultural and linguistic competency in Texas.

Frost Leads Workshop at Annual Meeting

Associate Director Lynda Frost facilitated a workshop at the annual meeting of the Association for Conflict Resolution Sept. 25 in Austin. The workshop was entitled "Mediation with Clients with Mental Disabilities."

Frost, Ybarra Moderate Panel Sessions at NAMI Texas Conference

Associate Director Lynda Frost and Program Officer Rick Ybarra moderated panel sessions at the National Alliance on Mental Illness of Texas Annual Conference in San Antonio Oct. 17-18. Frost's session was "Restraint and Seclusion Reduction: The STARS Initiative, Alternative Solutions to Seclusion and Restraint." Ybarra's session was entitled "Cultural Perceptions and Stigma."

Coffee-Fletcher Addresses Consumer and Family Involvement at National Meeting

Program Officer Vicky Coffee-Fletcher and LaVerne Miller, director of Howie the Harp Peer Advocacy Center in New York, presented at the Alternatives 2008 Conference Oct. 29-Nov. 2 in Buffalo, NY. Their discussion centered on how to effectively involve consumers and family members in day-to-day operations of foundations and other organizations.

Alexander Presents Paper at Conference

Program Officer Laurie Alexander presented a paper on the foundation's integrated health care initiative as part of the Collaborative Family Healthcare Association's annual conference in Denver Nov. 8.

Guzmán Joins Foundation as Research Fellow to Focus on Cultural Projects

Dr. Michele R. Guzmán joined the Hogg Foundation this summer as a research fellow and is working with foundation staff on cultural competency, workforce and higher education initiatives.

Guzmán serves as the point person for implementation and management of diversity education within the university community. Her primary areas of teaching and research are multicultural counseling, multicultural competencies and diversity education.

She is a clinical associate professor in the Department of Educational Psychology in the College of Education and assistant vice president for diversity education initiatives in the Division of Diversity and Community Engagement at The University of Texas at Austin. She also serves as the 2007 - 2008 faculty co-president of the Hispanic Faculty/Staff Association at the university.

Some of Guzmán's initial scholarly inquiries included an investigation of the connection between ethnic identity and academic achievement among Mexican-origin youth, and the validity of racial identity constructs when extended beyond African Americans to Asian Americans and Latinos.

Guzmán co-authored a chapter titled, "Psychosocial Issues and Psychotherapeutic Treatment Considerations with Recent Immigrants," which was published recently in the Biennial Review of Counseling Psychology, Volume 1, 2008. She also coauthored an article titled "Frequency and Perceived Effectiveness of Strategies to Survive Abuse Employed by Battered Mexican-Origin Women," published in the November 2008 issue of the journal *Violence Against Women*.

She graduated from Vassar College with a bachelor's degree in psychology, and earned a doctorate in counseling psychology at the University at Albany - State University of New York.



Michele R. Guzmán

Mental Health Policy & Law Clerk Brings Criminal Justice Experience

Jamie Dickson, J.D., began a one-year mental health law and policy clerkship with the foundation in September. She will assist the foundation by researching policy issues and drafting policy-related publications. She also will monitor legislative activities related to mental health during the upcoming session of the Texas Legislature and will develop the foundation's biennial legislative summary following the session.

Dickson graduated from The University of Texas School of Law in May 2008, where she participated in clinics on issues related to capital punishment and mental health. As part of her work with the clinic on mental health, she represented people during hearing processes for commitment to the Austin State Hospital.

During law school, Dickson developed an interest in the intersection between criminal justice and mental health and wrote her seminar paper on how the Texas prison system could better serve violent inmates with mental illness. She also completed internships at the Queens County District Attorney Domestic Violence Bureau and the Texas Task Force on Indigent Defense.

At the foundation, she looks forward to working on policy projects related to mental health and the criminal justice system and how changes in Texas' juvenile justice system could affect the mental health of youth in Texas. Dickson received her bachelor's degree in international relations from Wellesley College, where she played on the varsity tennis team for three years.



Jamie Dickson

Graduate-level Scholarships, Fellowships Offered by Foundation

The Hogg Foundation offers several graduate-level scholarships and fellowships each year to encourage and support research and study in the field of mental health. Visit the foundation's Web site at www.hogg.utexas.edu for information about the application process, timeframe and eligibility requirements for each award.

Bilingual Scholarships for Graduate Social Work Students

Students who are fluent in English and Spanish and are entering an accredited graduate school of social work in Texas may apply through the school of their choice for a full tuition scholarship from the foundation.

Recipients must commit to work in Texas after graduation providing mental health services for a period equal to the timeframe of the scholarship. Individual schools may have additional selection criteria for their programs.

The foundation launched the three-year, \$1 million scholarship program in 2008 to raise awareness of the need for more cultural and linguistic diversity in the state's mental health workforce and to begin to meet that need. The program also will help build cultural competence and linguistic diversity in higher education programs for mental health professions.

Ima Hogg Scholarships in Mental Health

Five one-year scholarships of \$5,000 each are awarded annually to students pursuing a master's degree in social work in Texas. Recipients must demonstrate a strong commitment to providing mental health services after graduation.

Applicants must be entering the second year

of an accredited graduate social work program in Texas and must be nominated by the head of their program. Applications must be submitted to the school.

The scholarship program was created in 1956 at the request of founder Miss Ima Hogg to address the need for more trained social workers to deliver quality mental health services to people in Texas.

Harry E. and Bernice M. Moore Postdoctoral Fellowship

A one-time fellowship of \$20,000 is awarded annually to a student from The University of Texas at Austin pursuing a doctorate in sociology, nursing, psychology or social work. Applicants must be completing a dissertation on the human experience in crises, including those resulting from natural or other major disasters or, more broadly, stress and adversity.

The Moore Fellowship was established in 1995 to support studies of the human experience in crises. Dr. Harry Moore was a professor and sociologist at the university for nearly 30 years until his death in 1966. He specialized in disaster studies, especially the aftermath of Texas tornadoes and hurricanes.

Frances Fowler Wallace Memorial for Mental Health Dissertation Award

Scholarships of up to \$1,500 are awarded annually to support an outstanding doctoral student's dissertation research expenses, such as survey mailings, software, participant stipends, and trainings. The number of awards may vary from year to year.

Frances Fowler Wallace, wife of former Texas Representative John Forsythe Wallace, created the scholarship in her will in 1974 to support research and study of "the cause and treatment, cure and prevention of mental disease, mental illness and mental disorders."

Interns and Research Assistants

The foundation occasionally offers part-time and full-time graduate-level internships and research assistant positions for various projects and assignments. These opportunities typically are posted on the foundation's Web site as they become available.

Scholarships Make a Difference — From Page 5

"Anything I can do to support the science behind mental illness and educate people that it is a real disease will help those who struggle with a mental health condition," Findley said.

Saenz counsels individuals and families at Hope Family Help Center and leads community mental health education programs in McAllen. She recently obtained her independent practice recognition and hopes to open her own practice soon.

"My greatest reward is providing services to the people who need it most," Saenz said. "Over time, I see the changes in their lives, their goals, their families — I know we are making a difference."

Martinez Recognized with Adolph Meyer Research Award

Executive Director Dr. Octavio N. Martinez Jr. received the Adolph Meyer Research Award at the 8th Annual Bexar County Consumer and Family Support Conference in San Antonio on Aug. 8.

Martinez received the award in recognition of his outstanding contribution to mental health

research through his "work in minority health and his efforts to improve the mental health of all people regardless of their socioeconomic status."

The Center for Health Care Services in San Antonio sponsored the conference — one of several held around the state each year to empower and strengthen Texas mental health consumers

and their families by providing culturally sensitive information, education, support, networking opportunities and partnerships.

According to the Texas Department of State Health Services, the conferences are sponsored by participating state facilities and community mental health mental retardation centers.

Foundation Staff Meets with Houston Strategic Planning Group

Executive Director Dr. Octavio N. Martinez Jr., Associate Director Lynda Frost, Program Officer Vicky Coffee-Fletcher and Communications Director Merrell Foote met with representatives of the Joint City/County Commission on Children in

Houston on Sept. 4.

The commission received a \$99,970 grant from the foundation in 2007 to develop a 10-year strategic plan for mental health services for children and families in the Houston area.

Foundation staff took part in a communications and marketing planning session and attended a briefing of the commission's strategic planning steering committee. The final plan is scheduled for completion by the end of the year.

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AT AUSTIN

WHAT STARTS HERE CHANGES THE WORLD

Hogg Foundation Vision

We envision a Texas that leads the nation in promoting mental health and recovery from mental illness, supporting all Texans in achieving their potential.

Regional Foundation Library Has a New Home

The Regional Foundation Library recently moved as part of an administrative change from the Hogg Foundation for Mental Health to the Office of Thematic Initiatives and Community Engagement, a unit of the Division of Diversity and Community Engagement at The University of Texas at Austin.

Since 1962 the library has been a cooperating collection of The Foundation Center of New York. The library represents one of 20 such collections in Texas and 400 nationally. Library staff link grantseeking and grantmaking communities by providing personal assistance and targeted resources to individuals and organizations seeking funding from the private sector. Workshops on identifying potential funding sources and effective grantwriting, technical assistance related to creating a nonprofit organization and developing effective boards, and two online databases are available on request.

The library's patrons include governmental units, nonprofit and charitable organizations, educational groups, faith-based programs and individuals such as students, writers, independent artists and filmmakers.

The library is open to everyone. Holidays follow the university's calendar.

Visit the library's Web site at www.utexas.edu/diversity/ddce/rfl for more information. Contact staff by e-mail at RFL@austin.utexas.edu or by phone at (512) 475-7373.



NEW LOCATION

Regional Foundation Library
1009 East 11th Street, 2nd Floor
Austin, TX 78702