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Air Ministry News Service

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W.A.A.F. CATERING OFFICER AT R.A.F. HOSPITAL

The first W.A.A.F. officer to be sent to Cyrenaica has just taken up her duties at a R.A.F. hospital. She is Section Officer Phyllis Williams, of Ystradmynach, near Cardiff, and she has been appointed catering officer to the hospital.

Holder of a diploma in domestic science gained at the London College, she joined the W.A.A.F. in February 1940, in the trade of cook and butcher. After qualifying she was promoted to corporal and was an instructor of cooking until commissioned in September, 1941.

Because of her dietical knowledge she was made one of the first W.A.A.F. catering officers, and was posted to an R.A.F. hospital, where she remained until she came to the Middle East recently.

Section Officer William's duties will consist not only in preparing menus for the entire staff and patients of the Benghazi hospital, but in preparing diets for patients who need special attention or treatment for internal illness.

"I interview every 'special' patient and his doctor", said S/O. Williams, "and diagnose the type of balance in diet necessary while keeping in mind the available vitamin and protein resources in local rations. Then I detail one cook alone to be responsible for the special diets, and try to superintend personally in the preparation of each diet.

"Menus for the service personnel staff I draw up in the same way that
officer
any catering/would, except that I try to utilise my experience of dietetics in the preservation of an even balance in food for meals, and as far as possible obtain some sort of variety."

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