

Number	AR 28
Title	Establishing that e-CHUG online alcohol self-assessment program is a requirement for first-time entering students to view semester-end grades
Stage	Draft
Owner	Nicole Trinh
Created	2006-02-26 22:48:16
Edited	2006-03-21 19:45:17
Authors	Nicole Trinh
Sponsors	Christopher Diaz, Toyin Falola, Danielle Rugoff, Vanessa Quezada, Jessica Fertitta, Morgan Rucker, Michael Windle, Tepera R. Holman, Nicole Trinh
Version	11
Version Note	
Views	565

[1] **Whereas** more than 30 percent of college students meet criteria for alcohol abuse. 1

[2] **Whereas**

nearly 500,000 students per year are unintentionally injured under the influence of alcohol and more than 600,000 assaulted by another student who had been drinking. 2

[3] **Whereas**

the e-CHUG (electronic check-up to go) online alcohol self-assessment program is completely anonymous, self-guided, requires no personal contact with a counselor or administrator, and takes students 6-10 minute to complete. 3

[4] **Whereas**

the e-CHUG online alcohol self-assessment program includes information to students about quantity and frequency of drinking, caloric intake, as well as typical and peak BAC levels. (1)

[5] **Whereas**

e-CHUG is currently used at approximately 117 universities and colleges across 23 states and has been used at the University of Texas since August 2003.

[6] **Whereas**

clinical experience of college-based trial individualized feedback showed considerable success in terms of recruitment, retention, participation, and motivational intervention of a person's risk status. (2)

[7] Whereas

the National Association of Student Personnel Administrators (NASPA) found significant self-report reductions in consumption of alcohol of students who took an online/drug educational program. 4

[8] Whereas

the University Health Services, Dean of Students Office, and Texas Parents Association are in support of establishing e-CHUG as a requirement for entering students to view semester-end grades.

[9] Therefore Be It Resolved

that the Student Government of the University of Texas at Austin recognizes the importance of alcohol and drug education programs and their effectiveness in addressing those issues.

[10] Be It Further Resolved

that the Student Government of the University of Texas at Austin supports the establishment of e-CHUG online alcohol self-assessment program as a requirement for first-time entering students to view semester-end grades.

Comments

(1) The assessment also gives feedback on norm comparisons, amount and percent of income spent on alcohol, tolerance, negative consequences, and genetic risk scores. In addition, it gives an explanation, advice, and local referral information.

(2) Individualized feedback is information about an individual's personal risk status or a comparison of their drinking with that of other relevant reference groups.

Footnotes

1: <http://cspinet.org/booze/FactSheets/0311CollegeStudents.pdf>

2: <http://www.nih.gov/news/pr/mar2005/niaaa-17.htm>

3: <http://www.utexas.edu/student/health/promotion/selfscreening.html>

4: <http://www.naspa.org/about/index.cfm>

Source:

Chuck Roper, PhD (Coordinator, Alcohol & Drug Education Programs) is the author of the proposal addressing the issue of requiring all first-time entering students to complete an online alcohol self-assessment. His proposal provided information for the resolution.