



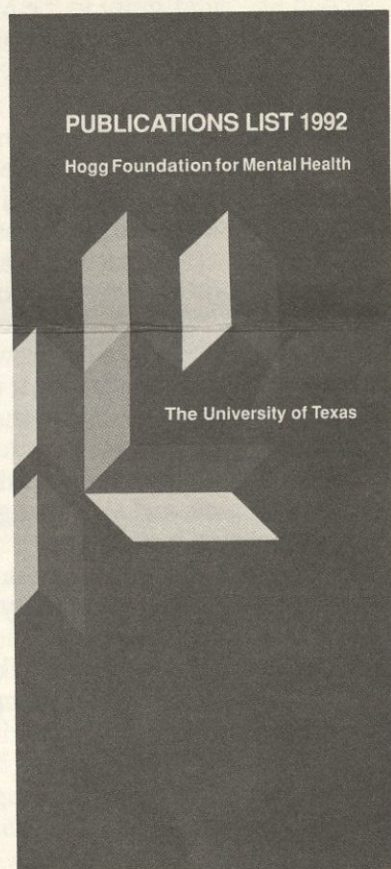
# Hogg Foundation News

No. 1

The University of Texas, Austin, Texas 78713-7998

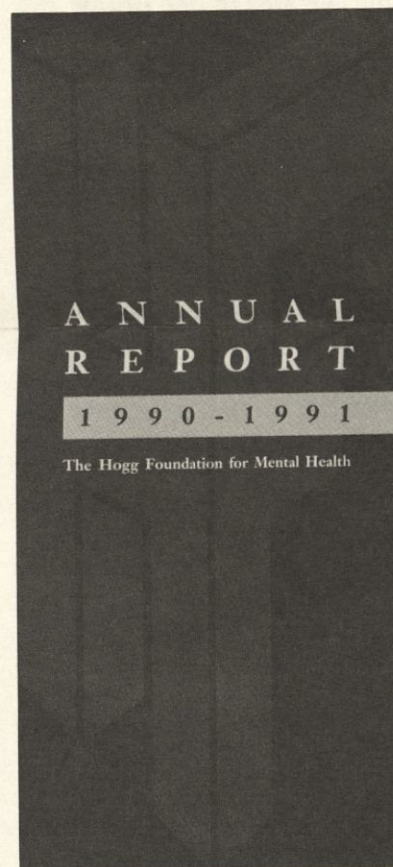
1992

## THE LATEST PUBLICATIONS



### **Publications List for 1992**

The new catalog listing of Foundation publications is included in this mailing. Titles of materials produced during 1991 have been added.



### **1990-1991 report available**

The Hogg Foundation's annual report for the most recent fiscal year is ready for distribution. It is available to readers upon request.

### ***Mailing List update under way—please fill out, mail the reply card***

Enclosed in this packet is a card by which our readers can help us review our address list for these quarterly mailings of new Foundation publications. Will you please take just a minute to fill out the back of the response card, giving us any corrections needed in the way your mail is addressed?

Most readers—those in U.S. Zip Codes—are receiving a prepaid business reply card which can be dropped in the mail without a stamp.

On cards being sent back to the Foundation from outside the United States, the correct postal card postage of each country will be needed. Recipients at The University of Texas at Austin may return their cards via the campus mail delivery.

Please let us hear from you soon. We hope to complete the update of our list by summer, and we want to be sure you are on the rolls accurately.



## A LOOK AT SOME CURRENT PROJECTS...

### **PROGRAMS RELATED TO HOMELESSNESS IN TEXAS**

How many times, as you have walked through the downtown area of one of our major cities, have you thought to yourself, "Why doesn't someone do something to help these homeless people?" The answer is, "Someone is. Indeed, many are." Yet just as visible as is the plight of these persons, the efforts that are helping and making a difference for some of these people are often invisible.

The Hogg Foundation currently funds three projects that are directly related to mental health services for the homeless. Winding down a three-year commitment to HOB0, Inc (Helping our Brothers Out), a Foundation grant has supported the salary of a social worker on-site at a transitional housing apartment complex in East Austin. In this protected environment, homeless individuals and families can refind stability and begin the journey back to self-sufficiency. Hogg Foundation support of this effort has been a small part of this organization's evolution from a storefront emergency drop-in center to an integral link in the service delivery system for homeless individuals and families in the Texas state capital.

A similar story can be told concerning a newly refurbished apartment complex near the downtown Dallas area. This project, an expansion of Family Gateway (formerly the Downtown Dallas Family Shelter), also serves as a transitional living facility for homeless families. One year of Hogg support of a Residential Services Counselor/Mental Health Specialist ensures that those families moving into Gateway Apartments from the downtown 30-day emergency family shelter will have the greatest opportunity for acquiring needed life skills, counseling, and other support services necessary to sustain them once they are on their own.

Finally, the Foundation has just made its second and final grant to the Mental Health Association of Greater San Antonio in support of a pro bono mental health project for the homeless. Again, the Foundation's focus is on the mental health needs of the homeless and, in this instance, the funding supports the salary of the coordinator of this project whose primary responsibility is to match professional mental health workers willing to volunteer service hours with host agencies that serve the homeless. Careful pairing of professional skills with individual therapeutic needs ensures that clients receive high quality care selected to meet their individual needs.

So the next time you walk through a downtown area and you are again struck by the presence of homeless persons, remember also that there are caring, committed people not so readily seen who are trying to make a difference.

Marion Tolbert Coleman  
*Executive Associate*

### **STUDENT MENTAL HEALTH AWARENESS PROJECT**

Many school-based mental health programs exist, and the Ima Hogg Foundation has funded a number of these projects in Houston. Some of the efforts have taken a tertiary prevention approach, treating children with severe emotional and behavioral problems. An example is the *Trilevel Children's Services Program* instituted by Communities in Schools of Houston. The majority of the school-based programs are secondary prevention efforts, targeting at-risk youngsters or children who have existing problems. Examples include



the Urban Affairs' *Fifth Ward Enrichment Program* in Houston's Fifth Ward and *School-Based Prevention of Conduct Disorder in Single-Parent Families* implemented by the University of Houston. One of the few primary prevention efforts the Foundation has supported is We Help Ourselves (WHO), a project sponsored by the Mental Health Association. For more than a decade, WHO has been teaching Houston children how to avoid victimization.

A recent initiative for Houston children is the *Student Mental Health Awareness Project*, run by Houston Advocates for Mentally Ill Children (HAMIC). The project offers a unique mixture of short-term and long-term prevention. A number of studies have shown that most students lack a basic understanding of child mental health issues as they relate to parenting. The ramifications of this deficiency include failure to identify and cope adequately with mental health problems which are encountered while growing up and the perpetuation of inadequate parenting from generation to generation.

Two of the central goals of the *Student Mental Health Awareness Project* are, first, through education, students are given a better understanding of mental health problems, enabling them to seek appropriate help when they are troubled and, second, by increasing awareness of the relationship between parenting practices and children's mental health, it is hoped that the students will become better parents themselves. Achieving the latter will help to break the cycle of dysfunctional parenting which is responsible for so many mental health disorders in children today.

The project is delivered by teachers in the HISD who are trained to implement the program and who are paid an honorarium for their participation. The teachers develop and

facilitate guided role plays with the students. The plays, developed by a child psychiatrist, focus on typical family interactions involving children. After students perform an initial dramatization of the play, they participate in a teacher-guided discussion of the events and feelings which were experienced by each of the characters. Following the discussions, the play is dramatized a second time with emphasis on positive parenting practices which encourage positive child development.

The program has been initiated at several Houston schools and will be evaluated at the end of its first year. Possible replication at other schools will be considered in the future.

Ralph E. Culler III  
*Executive Associate*

## **CHILD STUDIES PROJECT**

In 1990, when the Hogg Foundation's Commission on Mental Health of Children and Their Families reported on its three-year study, it offered several recommendations for social action on behalf of Texas children.\* In 1991, with the establishment of the Child Studies Project, one of its major recommendations became a reality.

The Child Studies Project grew out of the recognition that, although many state and private agencies collect and analyze data, conduct research, and provide services for children and their families, no single organization or agency has full information on these data and their implications, on current and potential research, on existing

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\**Texas Children* (1990). Austin, TX: Hogg Foundation for Mental Health



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services, or on gaps that exist between needs and services. And, despite the various data bases that have been established, no single organization can provide a comprehensive knowledge base for developing policy or planning coordination and cost-effective services.

The goals of this project are to meet these needs. It is housed in the Institute for Human Development and Family Studies on the campus of The University of Texas at Austin, where it can serve as a liaison among researchers, policymakers, administrators, and service providers. Here it will maintain information from across the state on Texas youngsters and the programs and research designed to serve them. It also will serve as a catalyst for developing networks to strengthen and support services and conduct activities to increase public awareness of the needs of children and families.

Director of the Child Studies Project is Rosemary Ellmer, Ph.D.; director of the Institute, Ira Iscoe, Ph.D. Funding is provided by the Institute for Human Development and Family Studies and the Hogg Foundation for Mental Health.

Louise Iscoe  
*Research Associate*

### **New book by D. Rieman released**

Dwight W. Rieman, long-time colleague of staff and faculty of the Hogg Foundation and The University of Texas, is author of a new book published by Longman of New York and London. *Strategies in Social Work Consultation* is described by the former dean of the School of Social Work at UT as "useful to scholars and teachers in all the mental health disciplines," with areas of application including "education, continuing education, staff training, organizational improvement, and research."

Mr. Rieman, professor emeritus with the School of Social Work at the University of Missouri-Columbia, was earlier consultant and chief psychiatric social worker with the Texas Department of Mental Health and Mental Retardation.

### **Recent kudos**

In a membership survey of the State Agency Librarians of Texas, a September program led by Allison Supancic tied for "Best Presentation of 1991." The Hogg Foundation librarian conducted a session on "Grants and Grants Procedures" for the statewide group.

A memento booklet prepared for distribution at the Hogg Foundation's fiftieth anniversary has received an award of merit from the International Association of Business Communicators in the "1991 Best of Austin" competition. Designer Linda Adkins was recognized for her work on a one-time publication, *For the People of Texas*. The booklet's text was adapted from a multimedia script written by Bert Kruger Smith, and Charlene Warren was editor.

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*The Hogg Foundation News* is an informational newsletter published at intervals throughout the year for the benefit of readers on our mailing list.