

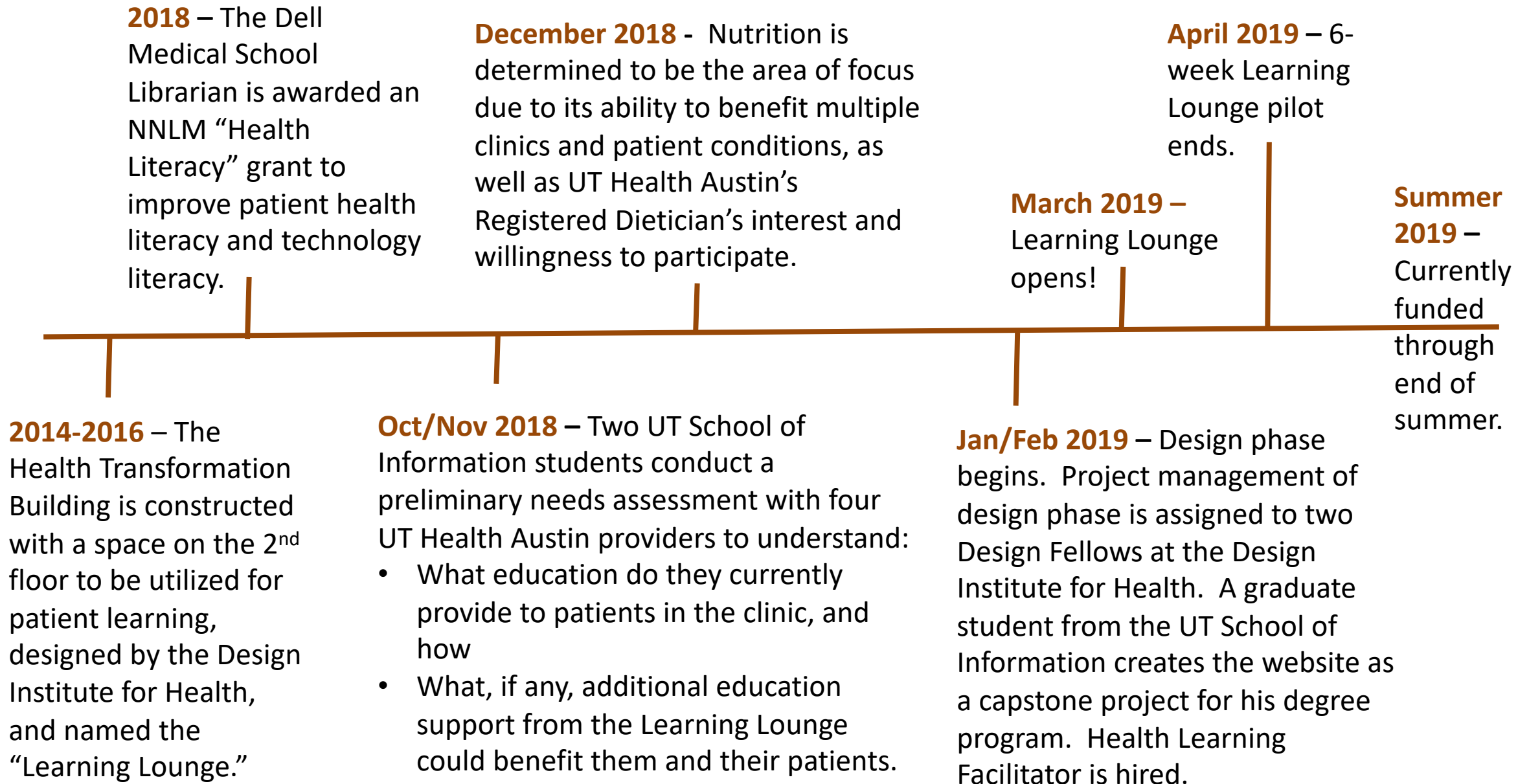


# Learning Lounge Sandbox

Designing Resources,  
Services and  
Curriculum to Advance  
Health Literacy Needs

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# Resources

Website: [https://guides.lib.utexas.edu/learning\\_lounge](https://guides.lib.utexas.edu/learning_lounge)

Brochures

Recipe Cards

Maps

Information Prescription

English/Spanish

Books

Flyers

Welcome

General Resources

Recursos Generales

Nutrition & Fitness

Hygiene & Sleep

Mindfulness

Diabetes

Smoking Cessation

Resources for Kids

Austin Social Services

Credits

How to Talk with Your  
Health Care Providers



**Avena fría y  
deliciosa con  
sabor a fresa**

Una receta deliciosa para avena  
preparada la noche anterior, ideal para  
un desayuno rápido y saludable.



## Learning Lounge



The Learning Lounge is a new consumer health education space located on the second floor of the Health Transformation Building at the Dell Medical School.

Visit [www.LearningLounge.Health](http://www.LearningLounge.Health) to access our online resources.

Your provider has recommended you explore the following categories:

- |  |  |
|--|--|
| <input type="checkbox"/> Recipes         | <input type="checkbox"/> Exercise          |
| <input type="checkbox"/> Cooking Classes | <input type="checkbox"/> Sleep             |
| <input type="checkbox"/> Meal Planning   | <input type="checkbox"/> Other (see notes) |

Notes from your provider:

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# Space





# Results

“Thank you for this space. It was very accessible; The information is in the same place as my appointment. I didn't waste time and it was comfortable being here.”

“I wish I had more time to explore. Health is not something I proactively research.

“This resource is a great help to my process of recovery. The treated me with compassion and dignity.”

“It's a helpful program for health and personally very valuable. Thank you very much for all your efforts towards the community.”

“Thank you for this free service. Please please continue. Very helpful & excellent staff. “

“This is an awesome resource for UT Health Austin patients. I would come to my appts [appointments] a bit early to utilize the resources.”

- 166 visitors of which 112 were UT Health Austin patients and/or people accompanying the patient.
- ½ conversed in Spanish
- 100% of survey responses rated experience in Learning Lounge as “very valuable” or “valuable,” with 75% rating it “very valuable.”
- Services provided:
  - Nutrition, exercise, fitness info
  - Mobile app download & training
  - Groceries & YMCA vouchers
  - Transportation route navigation
  - Identification of food pantries, exercise classes, social services in area
  - Website navigation assistance





# Project Highlights

- Design Process:  
Understand/Frame,  
Strategize, Create,  
Launch
- Interdisciplinary team  
dynamics
- Data methods
- Community mission

