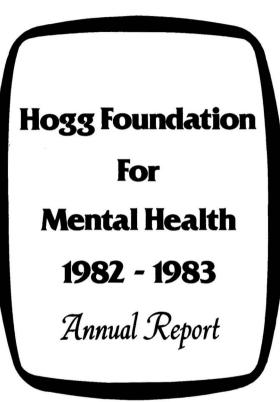
Hogg Foundation For Mental Health

Annual Report

1982 - 1983



Hogg Foundation For Mental Health

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Hogg Foundation For Mental Health



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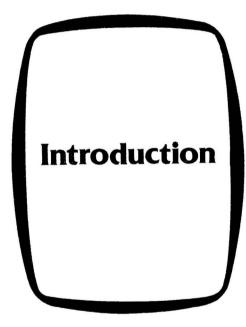


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TABLE OF CONTENTS

INTRODUCTION	1
Review	3
Overview	4
FOUNDATION GRANTS	7
Rural Involvement	11
Aging Programs	12
Weekend Outreach and Crisis Service for Elderly	13
Ima Hogg Foundation	13
Special Funds	14
INTERNAL PROGRAM	15
Evaluation Research Program	17
Mental Health Education	18
General Mailings	18
The Human Condition	19
Talks, Workshops, and Seminars	19
Special Seminars and Conferences	19
Mental Health Survival and Growth Issues	19
Robert Lee Sutherland Seminars	20
Voluntary Associations and Self-Assessment	20
A Retrospective Study	21
Libraries	21
Regional Foundation Library	21
Hogg Foundation Library	22
Conference Room	22
STAFF AND SPECIAL CONSULTANTS	23
Hogg Foundation Executive Committee	25
Hogg Foundation Staff	26
Evaluation Research Fellows	27
Special UT-Austin Campus Consultants to the Hogg Foundation	27
National Advisory Council	
Current Members	28
Former Members	29

SUMMARY OF GRANTS	31
Hogg Foundation for Mental Health	33
Ima Hogg Foundation	55
GRANT HIGHLIGHTS	53
Grant Locations	65
Age of Recipients/Subjects	56
Project Type	
Grant Recipient Type	57
Problem Area	57
Ethnicity	57



Review

The Hogg Foundation for Mental Health has been an integral part of The University of Texas since its beginning in 1940. Its location was decided upon by Mike Hogg and Miss Ima Hogg as they executed the will of their deceased brother, Will C. Hogg. Correspondence from Mike Hogg and from Miss Ima Hogg to the Board of Regents and the President of the University in 1939 recognized the special place the University had held in Will's heart and in his lifelong desire to "bring some far-reaching benefit to the people of Texas." Miss Ima and her three brothers, Will, Mike, and Tom, had long been concerned with and involved in the area of mental health and selected it as the emphasis for the Foundation. Subsequently, the widows of both Mike and Tom made generous financial arrangements with the University to benefit the Hogg Foundation.

In suggesting the purposes of the Hogg Foundation and its administration of the W. C. Hogg Memorial Fund, Miss Hogg envisioned "...a broad mental health program for bringing great benefits to the people of Texas." Later, in tape-recorded interviews with the Foundation's first Director and President, she elaborated, "The mental health work of the Hogg Foundation would benefit the people of Texas, not merely one group or institution within the state."

She further stated that while the Foundation should cooperate with persons and agencies conducting basic

research, its major mission is to "help put into practice the scientific knowledge already discovered...," that the Foundation has an obligation "to use scholarly standards and methods in all phases of work." and that while the Foundation itself is not a service or operating agency, it helps institutions, communities, and professional groups learn about, and try out new methods of treatment and prevention. "Methods used include consultation, mental health education, and the temporary financing of pilot programs. Foundation grants may include funds for the type of action research which evaluates new methods of prevention and treatment." Miss Hogg's repeated emphasis that Foundation activities should go beyond grantmaking per se and include consultation and education is consistent with the multiple services rendered by the Foundation's professional staff.

In 1964, Miss Ima Hogg created the nonprofit corporation "Ima Hogg Foundation" with all members of the Board of Regents and their successors in office as trustees. The purpose of this fund is restricted by Miss Hogg's will "...for the benefit of active, operating, and functioning programs engaged in promotion of children's mental health and operating in the Houston, Texas area, which may be selected by the trustees in their discretion and judgment from time to time...." She also specified that the Ima Hogg Foundation was to be administered by the staff of the Hogg Foundation for Mental Health.

Mental health education was the Hogg Foundation's major focus during its first decade of existence. Lectures, seminars, training sessions, workshops, and mental health publications were the primary activities. External grantmaking did not become a significant part of the Foundation's operations until the 1950s, and not until the 1960s did funds for external grants exceed internal program expenses. Since 1970, the average annual expenditures for external grants have comprised about 60 percent of the Foundation's total operating budget. For 1982-83, the total budget was \$2,227,349, approximately 62 percent of which was used for external grants. The latter represents an increase of more than \$450,000 over the 1981-82 fiscal year. Thus, while the Foundation has evolved into a major grantmaking organization, its tradition of providing other types of support for mental health programs in Texas continues to be an integral aspect of its mission.

The major activities of the Hogg Foundation consist of the following:

- (1) awarding of grants to qualified organizations within the state of Texas;
- (2) providing technical assistance to grant recipients and other agencies;
- (3) presenting ongoing programs in mental health education through seminars, conferences, a publications program, speeches, and radio programs;
- (4) serving as a catalyst for many programs and services offered by a variety of state and local organizations, which may or may not include grant recipients;

- (5) maintaining the specialized Hogg Foundation Library and Regional Foundation Library; and
- (6) developing and directing mental health projects under Foundation auspices.

Income from the Ima Hogg Foundation is restricted to operating programs in the Houston metropolitan area. These programs stress early detection, treatment, and prevention of mental illness and the enhancement of the mental health of children. The coordination and active furthering of these activities through consultation, site visits, seminars, and other types of meetings are supported by Hogg Foundation operating expenses.

Overview

The University of Texas Centennial year, with its pendulum swinging into the past and projecting into the future, had a counterpart in the Hogg Foundation's self-assessment of past achievements and future directions. Self-evaluation has been and is a continuing process in the Hogg Foundation. Campus consultants and national advisors aid in the process of inward examination.

Programmatic emphases--what they have been and what they might become--were topics of major consideration for the Hogg Foundation staff, both in small staff retreats and in meetings with the National Advisory Council. Challenges offered by several of the members of the Foundation's National Advisory Council and campus consultants concerned a possible enlarged proactive role of the Hogg Foundation. Such activity would include an increasing outreach to people with needs and to those people whose lack of resources or sophistication might make them unable to generate sophisticated proposals for help.

The question of which special populations should be of primary concern to the Hogg Foundation was raised by the Hogg Foundation executive staff. It was noted that women, migrant children, and chronically mentally ill persons--all three populations at the bottom in terms of federal and state funding--should be areas of focus for the Foundation.

Some of the important questions raised were: (1) To what extent should we intervene in people's lives? (2) To what extent should we sensitize mental health leaders in community groups to primary prevention? (3) Should we wait for proposals to come or should we take a proactive role? (4) Should the Hogg Foundation make a commitment to provide support specifically to rural areas or specifically for particular socio-economic groups? For example, the tremendous economic crisis in the Rio Grande Valley means that mental health problems are likely to be manifold. Might this be a place where the Foundation should be proactive?

In reviewing projects undertaken by the Foundation in the 1981-82 year, recognition was given to the fact that attention is moving toward programs in the area of aging, although most funding currently goes into programs for children. A programmatic emphasis on gerontology might be brought about, it was felt, through a Robert Lee Sutherland Seminar on aging in 1984 and through the funding of a gerontology program of research, training, and educational activities under the aegis of the Institute of Human Development and Family Studies at The University of Texas at Austin. The forthcoming seminar might well take a "futures" look and deal with the 21st century housing, health, finances, and support systems.

Another area of concern during the year was the possible realignment of the private sector with public and profit sectors. Opportunities to provide consultation or liaisons with the corporate sector were noted.

One development which has evolved in the Ima Hogg Foundation program has been the building of a network of services for children from a traditionally fragmented and uncooperative set of agencies and programs in Houston. Such a model, where many agencies are working together to provide aid to young people with needs, might serve as a demonstration for other projects in the future.

The past year brought the first holder of the Sutherland Chair in Mental Health and Social Policy to The University of Texas at Austin. Bertram S. Brown. former Director of the National Institute of Mental Health, taught a graduate seminar on strategic thinking in the School of Social Work, drawing a large number of students from psychology, sociology, and social work. His Centennial Observance Address, "Social Policy and Adventure at the Borderline." was Mental Health: subsequently published by the Foundation. Dr. Brown traveled across the state delivering talks to such groups as the Mental Health Association in Texas and the Texas Department of Mental Health and Mental Retardation. In addition, he acted as consultant for several Hogg Foundation and Ima Hogg Foundation projects.

Foundation Grants

The Foundation awarded 88 grants totaling \$1,507,115 during the 1982-83 fiscal year. These grants supported both statewide projects in various areas of mental health (Will C. Hogg fund) and projects offering direct services in the area of children's mental health in Houston and Harris County (Ima Hogg Foundation). As in the past, grants were made to a wide variety of state agencies, private organizations, colleges and universities and private non-profit agencies for research, training, program development, and the provision of direct services to Texans of all ages in almost every region of the state.

Over the past year, Foundation relationships with two key statewide organizations--The Texas Department of Mental Health and Mental Retardation and The Mental Health Association in Texas--were further developed and assumed greater importance as part of the grants program.

Clearly one of the major mental health events in Texas during 1983 was the implementation of legislation revising the state's Mental Health Code. Foundation grants to TDMHMR and to the state Mental Health Association facilitated this process. A \$14,000 grant to TDMHMR helped to support a Mental Health Code Task Force in identifying the most salient mental health issues and needs as they related to current statutes. This award enabled the solicitation of public comment on these issues and the preparation of a document suggesting proposed revisions in the code for legislative consideration. The chair of the Task Force was Mrs. Helen Farabee, an active member of the Mental Health Association, and committee members included representatives of many organizations with active interests and programs in mental health and mental retardation.

The revised mental health code, including many of the Task Force suggestions, became a reality on April 27. 1983. It updates the original code which was passed in 1957 and considers recent medical developments regarding patient treatment and court decisions on patients' rights. The need to provide appropriate and adequate education for the hundreds of individuals who would be interpreting and implementing the code was recognized by those involved in its design and development. Thus, in July, the Foundation awarded a grant in the amount of \$17,918 to the Mental Health Association in Texas for the establishment of a committee to fulfill this function. The committee is serving at the invitation of the Mental Health Association with a sanction from the Texas Department of Mental Health/ Mental Retardation. Also chaired by Mrs. Farabee, its functions will include education, coordination, technical assistance, monitoring, and recommending future policies.

In addition to these grants which involved both the Mental Health Association and TDMHMR, the Foundation made three additional grants to MHA and its local affiliates and six other grants to the TDMHMR central office and its statewide facilities. The Foundation continued its support of FAIR (Family and Individual Reliance), a two-prong statewide mutual support group program. FAIR provides self-help groups for both persons with mental problems and the families of mentally ill persons. During the past year, an evaluation research component was added to the project. This evaluation resulted in some major restructuring and refocusing of the program. Problems such as lack of ownership and personal investment, and potential facilitator/director burn-out were confronted and dealt with by project staff and committed members. Although no longer funded by the Hogg Foundation, FAIR is entering its third year, and is still a growing and vital part of the state Mental Health Association.

The other MHA statewide project also addresses the needs of the mentally ill, in this instance the need for long-term residential treatment programs. "Network for Community Residential Services for the Mentally III" is a task force composed of community leaders and mental health professionals from across the state. Their report, "Open the Door," published in the spring of 1983, received wide attention, being sent to all the state legislators and cited by Mrs. Rosalvnn Carter in an address to the Texas State Senate. The task force was also directly involved in the production of a video documentary, "Five Bucks and a Bus Ticket," which focuses on the need for community support programs for the deinstitutionalized mentally ill. This program, produced in conjunction with the Texas Council of Community Mental Health and Mental Retardation Centers. Inc., has been aired in a number of television markets in Texas. In this one year, the Task Force Network has been extremely visible in its efforts to educate communities on the serious needs of the long-term mentally ill. A preventive program, administered by the Mental Health Association of Houston and Harris

County, Inc., and supported by the Ima Hogg Foundation, is "W.H.O. (We Help Ourselves): An Antivictimization Program for School Children and Their Parents." This project targets school-aged children and teaches children how to avoid victimization. The intervention has, as a goal, a substantial reduction in the incidence of physical, sexual, and other abuse to children in the Houston/Harris County area. Hour-long presentations, geared to the appropriate grade level, are provided to classes throughout the Houston Independent School District. The program utilizes puppets, films, and discussion groups to reach the children. Last year over 10,000 children, teachers, and parents received the antivictimization training, and over 40,000 will be served next year.

Among the new emphases of the Texas Department of Mental Health and Mental Retardation is the implementation of a statewide case management program. A \$26,800 grant was awarded to the agency for partial support of case management manpower development and training. Its major function is to implement the concept of continuity of care espoused by both the Texas Legislature and the State MHMR Board. Implementation of the program will benefit clients by effecting continuity of care mechanisms between state facilities and community programs as well as among multiple community programs serving the same clients.

Yet another grant to TDMHMR was for partial support of their newly organized Research Advisory Council. This council consists of outstanding research scientists and clinicians who evaluate current and proposed research activities and help to establish policies and program planning for TDMHMR supported research activities in the future. TDMHMR system components receiving grants from the Hogg Foundation included the Mental Health and Mental Retardation Authority of Harris County and the Big Spring State Hospital (described below under rural involvement).

Three Ima Hogg Foundation grants totaling \$82,062 were awarded to the Mental Health and Mental Retardation Authority of Harris County. The amount of Foundation support to this organization underscores the Foundation's recognition of its increasing importance as one of the core organizations providing mental health services to children in the Houston area.

The Adolescent Day School, a program which provides day treatment to children who otherwise would require 24-hour institutional care, received its fifth Foundation grant. The services provided by the school include training in living skills, pre-vocational and vocational areas, and medication monitoring. The Ima Hogg Foundation has provided multi-year support totaling over \$145,000.

The After-School Enrichment Program is located at Burbank Elementary School in northeast Houston. This project provides a variety of services for 15 to 30 latency-aged children exhibiting minor behavioral problems at school. The program is aimed at preventing the development of serious problems later in the children's lives. The After-School curriculum includes academic as well as recreational activities and has been well received by the parents and teachers of these youngsters. The three years of Ima Hogg Foundation support will total almost \$100,000. The Bayshore Mental Health Center program received a grant from the Ima Hogg Foundation to provide funding for a therapist and part-time consulting psychiatrist to enable the center to continue to bring mental health services to children in the Baytown area. Without this grant the only services for children in the area would have to be discontinued. This interim grant will assist in the development of a more comprehensive mental health service program for children at the Center.

In addition to the ten grants made to these two statewide associations, relationships between these associations and the Foundation were bolstered by other endeavors as well. In January, representatives from the TDMHMR central office, all executive directors of community mental health centers, and representatives from the Mental Health Association were invited to a Foundation-hosted conference on Mental Health Survival and Growth Issues (this is described in more detail below). With the cooperation of the directors of various community MHMR Centers, Foundation staff members visited the Centers in El Paso, Amarillo, Lubbock, Temple, and Houston and described private sector funding--including Hogg Foundation policies--to staff members and representatives from other community mental health agencies. The response was enthusiastic and other Centers will be visited during the coming year.

Rural Involvement

In general, there is a wide range of mental health needs among rural Americans which may reflect the great diversity in rural communities. Some of these geographic variations contribute to the varying nature of rural communities. Topographical conditions impose stresses on the population through physical barriers, distances, and wide open spaces. Sheer vastness contributes both to the creation of mental health problems and to difficulties in providing services to alleviate these problems. Distance itself may limit the delivery of services in ways that are unknown in urban catchment areas.

Rural mental health agencies have found it difficult to qualify for assistance in the several state and federal government programs that support construction, development, and staffing of local mental health programs. Federal assistance guidelines for resource allocation, technical assistance, and program audit all flow through rigid access channels which tend to deny the realities of rural social life.

Falls County is unable to provide to low income residents the human development services many communities in our state have come to take for granted. Although all segments of the population have unmet needs, the youth population is a particularly vulnerable group.

Approximately ten years ago, with the support of a Hogg Foundation grant, the Marlin-Falls County Committee for Health and Community Development designed a program to address the developmental needs of preschool children from low income families. Although this program has been successful, its services are not designed for children beyond the first grade, leaving its "graduates" without supportive services in the later years of their public school experience. A new project, the Falls County Youth Activities Program, was designed to serve pre-teens and teens enrolled in the Falls County public schools. This program focuses on the social, cultural, and educational needs of youth through the use of recreation and leadership development activities. Enhanced self-esteem and improved family relations are among the desired outcomes of this effort.

In order to narrow the gap created by geographical distance, the Big Spring State Hospital embarked on an interesting project to implement and evaluate a clinical teleconferencing system for the West Texas Mental Health Treatment Network. The Network consists of the Big Spring State Hospital, eleven outreach centers, and five community mental health centers in 46 counties. Because of the great distance between units, the communication and exchange of information between inpatient and outpatient staffs is a key problem. This modest grant will enable the network to supplement and improve existing communication by designing, implementing, and evaluating a teleconferencing system. This is a cost-effective means of improving continuity of care for clients and could serve as a model program for other providers of mental health and social services in Texas.

Aging Programs

An expanding older population with its increasing number of very old persons brings problems and dilemmas to bear on institutions and communities. The Hogg Foundation responded to the efforts of various groups to effect positive change for some elderly persons. A major grant in this area was made to The University of Texas at Austin Institute of Human Development and Family Studies for a program to strengthen and foster gerontology interests and research on The University of Texas at Austin campus. The three-fold goal includes (a) stimulating increased research activities, (b) fostering the development of graduate and undergraduate offerings in this area, and (c) increasing the community/state-university dialogue with reference to gerontological issues.

The needs of nursing home residents, frequently an isolated group of people, have been addressed in three grants. One was a visitation program for institutionalized elderly, drawing on college students to serve as substitute family members for isolated older people. Another grant was made to a day care center for frail elderly persons for a program centered on keeping frail old people as active and community-bound as possible. The third program considers the institutionalized elderly by utilizing effective volunteer groups trained as paraprofessionals.

Other thrusts in the area of aging have included a study of elderly abuse; support of a multi-ethnic, multigenerational, and multi-cultural enrichment program; and a study of post-retirement adjustment among the elderly.

Weekend Outreach and Crisis Service for Elderly

The El Paso Council on Aging provides a comprehensive array of services specifically designed for the elderly. These include counseling, social services, information and referral, transportation, and recreational services. To meet the needs of the frail elderly, the Weekend Outreach Crisis Program was developed to test new approaches to confront the problems of these senior citizens.

A cadre of senior citizens has received specialized training in crisis management, intervention approaches, and counseling techniques. The staff and senior volunteers extend services beyond the normal work week to "shut-in" and homebound elderly for practical assistance, such as prescription and emergency food procurement, friendly visitation, reassurance calls. information and referral services, and emergency medical visits. These paraprofessionals are trained to recognize symptoms of physical and mental illness. Thus, the volunteer is in a key position to link the client to a system of consultation with medical and health providers. Such intervention is appropriate when the response is beyond the limitations of the staff but prior to emergency action. Early identification has resulted in an improved referral system for appropriate treatment and continuity of care.

Ima Hogg Foundation

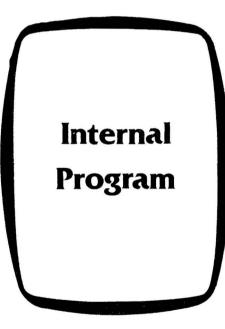
During the fiscal year 1982-83, the Ima Hogg Foundation achieved the largest grant total in the seven years that funds have been given--over one-half million dollars. Nineteen grants, totaling \$514,534, were made to support programs at seventeen different agencies and institutions serving children in Houston and Harris County. Seven continuation grants, totaling \$131,368, went to programs receiving multi-year support from the Ima Hogg Foundation. Agencies receiving continuation grants during 1982-83 included Avondale House, DePelchin Faith Home, Houston Child Guidance Center, March of Dimes Birth Disabilities Center, Mental Health and Mental Retardation Authority of Harris County, and the Urban Affairs Corporation.

Twelve new grants, totaling \$383,166, went to programs receiving their first year of Foundation support. The average first-year grant was almost \$32,000. Agencies receiving first-year project support include the Bayshore Mental Health Center, Can-Do-It, Children's Resource and Information Service, Cities In Schools, DePelchin Faith Home, Houston Child Guidance Center, Meadowbriar Home for Girls, Mental Health Association, Mental Health and Mental Retardation Authority of Harris County, Sand Dollar, Inc., Texas Children's Hospital, and Texas Research Institute of Mental Sciences. Children of all age groups, from infancy to late teens, were targeted by the Ima Hogg projects. The types of services provided ranged from 24-hour residential care for severely disturbed youngsters to short-term intervention aimed at preventing severe mental health problems later in life.

As in the past, the Ima Hogg Foundation has tried not only to meet service needs, but also to maximize the interagency and inter-institutional cooperation to achieve a complete network of mental health services for the children of Houston.

Special Funds

The Mary Yates Memorial Fund continued to provide \$25,000 annually in support of new research in biological aspects of mental illness at The University of Texas Health Science Center in San Antonio.



A listing of internal projects gives only a partial summary of the undertakings by members of the Foundation staff. In addition to the numerous national, state, and local boards and programs on which all members serve, the Foundation officers give assistance and consultation to agencies needing aid in the mental health area. The staff cooperates with many small agencies and groups which are doing worthwhile work but which need some assistance with formulation of ideas and programs. No effort has been made to chart the numbers of hours spent in the area of such aid, but they tally up to a substantial portion of the personal efforts of all of the Executive Committee members.

A large portion of the Foundation efforts involves work with other agencies, institutions, foundations, and community groups. Much of this thrust takes the form of consultation and technical assistance provided by Foundation staff members and consultants. The executive staff members assigned as liaisons to individual projects assist those projects and monitor their progress. When appropriate, the Campus Consultants and other consultants are asked to provide similar services to projects.

A considerable number of proposals to the Foundation request only consulting and technical assistance. These requests are acted upon on an individual basis, and such services are provided by members of the Foundation professional staff or outside consultants. In their dual roles as University professors and Foundation executives, several of the Executive Committee members continue active programs of research and writing in mental health. These internal research and writing activities meet the essential criteria applied to external grants.

Evaluation Research Program

Now in its eighth year, the goals of this internal program are (1) to help train advanced graduate students and to give them field experience in evaluation research, (2) to keep Foundation staff members current in the most recent developments in this area, and (3) to aid in both the internal and external evaluation of selected Foundation projects.

Each year, at least two fellowships are offered to doctoral candidates in the social and behavioral sciences and related fields at The University of Texas at Austin. Campus-wide competition for the fellowship has generated considerable interest in the program, and a number of outstanding applicants from departments and schools such as psychology, sociology, social work, education, and communications, along with those selected for the fellowships, are invited to participate in a nine-month seminar. Presentations on a wide variety of topics within evaluation research are offered by Foundation executive staff members, guest speakers, and the students themselves. The evaluation fellows are encouraged to become acquainted with selected Foundation projects and to offer technical assistance to interested project directors. During 1982-83, fellows and former fellows offered evaluation assistance to the Mental Health Association's project, FAIR; a Gray Panther's Survey on Elderly Abuse; The University of Texas Health Science Center at San Antonio's project with Mexican-American pre-terms; the Adolescent Primary Health Care Center; Project ABC (Any Baby Can); Austin Settlement Club Home; Capital Area Low-cost Mental Health Clinic; and several internal projects, including the publication of the Proceedings of the Third Robert Lee Sutherland Seminar.

During the 1982-83 fiscal year the Foundation's direct expenses, including fellowship stipends, for the program were \$17,643.

Mental Health Education

Innovative program thrusts were reflected in the publications of the Hogg Foundation during the current year. One important pamphlet, entitled Social Policy and Mental Health: Adventure at the Borderline, was developed from the Centennial Observance Address by the first holder of the Robert Lee Sutherland Chair in Mental Health and Social Policy. Dr. Bertram S. Brown spoke at a ceremony formally dedicating the Robert Lee Sutherland Chair and, at the same time, observing the 100th year celebration of the founding of The University of Texas at Austin. The printed copy of Dr. Brown's cogent words has proved to be a "best seller."

General Mailings

During the 1982-83 year the mailing list continued to grow. At year's-end the total number of subscribers came to 10,465. The four quarterly mailings contained the following new publications:

A Conversation with Peter P. Lamy, "Medications and			
Aging Patients"			
Answering the Cry for Help			
1983 Publications List			
The Human Condition, library catalog7th edition			
American Families and Social Policies for Services to			
Children			
A Conversation with James E. Gilliam, "On Autism"			
Social Policy and Mental Health: Adventure at the Bor-			
derline			
Holtzman Inkblot Technique: Annotated Bibliography,			
4th edition			
Hogg Foundation News, fall 1982			
Hogg Foundation News, winter 1982			
Hogg Foundation News, spring 1983			
In press for the summer mailing were the following:			
Living Longer, Living Better (reprint from Looking			
Forward)			
Preparing for Tomorrow: Young LD's Become (O)LD			
Hogg Foundation News, summer 1983			
In press for fall and winter mailings were:			

In press for fall and winter mailings were:

Hope for High Risk Infants and Their Families

Help Without Price: Community Mental Health Center Houston's Children in Crisis (Proceedings of Robert Lee Sutherland Seminar III)

Distribution of individual pieces of printed material came to nearly 200,000. Number of publications sent in response to individual requests came to 73,832. Materials were slated for personal use, for background information, or for workshops and seminars.

The Human Condition

"The Human Condition" library catalog reported the cessation of the radio series after ten continuous years. Some transcripts and cassettes of programs continue to be housed in the Hogg Foundation and to be available upon request for private use or, with permission, rebroadcast.

Talks, Workshops, and Seminars

A significant part of the Foundation's Mental Health Education program is the active participation of its professional staff members in making speeches, serving on program panels, acting as discussants, and otherwise contributing to the educational programs of various local, state, and national mental health and mental health-related organizations. During the last year, Executive Committee members have made major presentations at such national meetings as those sponsored by the World Congress of Mental Health, the President's Committee on the Employment of the Handicapped, the Council on Foundations, the Association of Junior Leagues, the National Institute of Mental Health, and the National Academy of Science; at state meetings ranging from those sponsored by agencies such as the Texas Department of Mental Health and Mental Retardation to those sponsored by voluntary associations such as the Mental Health Association of Texas; and at local meetings of numerous organizations in both metropolitan and rural areas of Texas. In-state speaking engagements are often combined with project site visits and meetings with potential grantees.

Special Seminars and Conferences

Mental Health Survival and Growth Issues

On January 6, 1983, the Hogg Foundation hosted for the Texas Department of Mental Health and Mental Retardation a half-day seminar entitled "Community Mental Health: Survival and Growth Issues." The seminar drew about 100 administrative personnel, board members, community mental health and mental retardation centers staff, and others from across the state. Dr. Bertram S. Brown keynoted the event. His talk focused on the problems confronting those working in community mental health today and some possible strategies for handling those problems. His remarks were responded to by a panel including the Commissioner of Texas Department of Mental Health and Mental Retardation, center directors, and members of the University academic community. The seminar was viewed as important for a number of reasons. First, it gave TDMHMR persons an opportunity to come together for thought-provoking discussion. It allowed community mental health staff the opportunity for dialogue with personnel outside of their local communities, from both the central office and other local mental health centers. Finally, it gave them an opportunity to learn a little more about the Hogg Foundation, its role, and its granting policies.

Robert Lee Sutherland Seminars

The Robert Lee Sutherland Seminars, begun in 1978 and continued biennially since then, have become benchmarks of the Hogg Foundation program and indicators of future directions. The first seminar, "Mental Health for the People of Texas," brought then-First Lady Rosalynn Carter to Austin to speak. The second dealt with "Private Initiative in Support of Public Purpose." The third, in Houston, coincided with an observance of Miss Ima Hogg's 100th birthday, and focused on "Houston's Children in Crisis."

As planning began for the fourth seminar, it was decided that the topic should concern aging. The question was how to make this seminar different from the others; how to create an ambience which will help people think in fresh fashion; how to address the situation as it may be in the future; how to provide services to prevent deterioration; how to solve the needs of a changing population; and how to stimulate action.

The seminar, planned for May of 1984, has been a focus of attention and action throughout the 1982-83 year. An advisory committee composed of people from various ethnic groups and geographical placements gathered in Austin in July of 1983 to help shape direction and suggest a program for the meeting to be entitled "Looking Forward: Aging in the Future." It is hoped that this seminar will address a policy agenda for the 80s and beyond, looking into the next century and attempting to pre-think issues and possibilities. It is hoped also that out of this seminar will come a series of really useful action ideas which might be implemented cooperatively with other agencies and institutions.

Voluntary Associations and Self-Assessment

The Foundation's development of a self-assessment packet designed to strengthen voluntary associations by enabling organizational leadership to assess the orientations and sentiments of their memberships entered its final stages during the 1982-83 fiscal year. A joint endeavor of the Association of Junior Leagues and the Foundation, this eight year effort represents an attempt (1) to learn more about volunteers and their organizations and (2) to make it possible for voluntary associations to engage in periodic, valid self-assessments on their own.

Between 1976 and 1980, more than 3,000 League members and officers participated in the research segment of the enterprise to determine among other things, what volunteers were hoping to experience through their participation, what pleased them most and least in their volunteer experiences, and what they thought their organization should be doing in their local communities.

The second phase of the project involved the design, testing and development of a packet that gives each of the more than 240 local Leagues the information and materials necessary for conducting a valid internal assessment on their own. To date, more than 200 of the local Leagues have used it, most with great success, in gathering and analyzing data relevant for their future planning. Many are now going through a second cycle of self-assessment which will enable them to locate changes and trends among their members' orientations and attitudes.

The Association of Junior Leagues and the Hogg Foundation will soon be offering the packet as a model for other voluntary associations. The AJL Organizational Self-Assessment Packet and a brief supplement offering guidelines and suggestions in regard to how it could be modified for use by other organizations will be available to organizations for a nominal fee in the near future.

The Foundation's direct expenses for this internal activity during 1982-83 were \$11,502.52, most of which were support for a graduate student research associate.

A Retrospective Study

How effective were mental health efforts undertaken more than three decades ago? Few studies have been made to cover such a lengthy time span and to see if programs once begun have continued to be viable. The Hogg Foundation had an opportunity to help support a small study undertaken originally by one of the principals of the now-defunct Department of Mental Health of the Texas State Health Department. A cooperative effort of the Department and the Hogg Foundation in the 50s brought mental health consultation to a number of Texas communities.

The new grant gave travel support and minimum office help to one investigator to return to six communities and to study the mental health activities there. His report covers the early effort and the follow-up findings of programs in the six Texas towns.

Libraries

Regional Foundation Library

More than 600 people used the Regional Foundation Library resources during 1982-83. Some represented private tax-exempt agencies; some city, state, or national agencies; and some were individuals attempting to find scholarship or research money. Numerous University of Texas classes and groups of charitable agencies were given group orientations to the library and then came back individually to do research on funding sources and the writing of proposals.

The Regional Foundation Library at the Hogg Foundation for Mental Health is one of over 100 regional collections of The Foundation Center located throughout the United States. These libraries are national clearinghouses for information on foundations and grantseeking. As such, the Regional Foundation Library contains all of the publications of The Foundation Center and microfiche copies of the Internal Revenue Service tax returns for private foundations in Texas. It also has over 300 books, periodicals, and materials on fund raising and proposal writing. Persons wishing to study foundations and/or proposal writing are invited to visit the library weekdays between 8:00 a.m. and 5:00 p.m. Students, University faculty and staff, and the general public all make use of the Hogg Foundation Library. A mental health library, it contains a special collection of books, journals, and vertical file materials in the general areas of mental health, community organization, and allied fields. It is made up of approximately 3,000 books and 3,500 pamphlets and articles relating to psychology, psychiatry, gerontology, and sex roles in our society. The library is open to faculty, students, and the general public weekdays between 8:00 a.m. and 5:00 p.m. The Robert Lee Sutherland Conference Room has many uses. Sometimes formal conferences which bring together national figures are held there; at other times, informal meetings with a few people take place. Selected classes and seminars meet in the conference room; planning sessions for other groups are held. The Hogg Foundation Executive Committee uses the conference room at times. Occasionally University groups convene at the Foundation.

During the 1982-83 year, more than 60 such sessions took place.



HOGG FOUNDATION EXECUTIVE COMMITTEE

Wayne H. Holtzman	President and Hogg Professor of Psychology and Education
Charles M. Bonjean	Vice President and Hogg Professor of Sociology
Bernice Milburn Moore	Special Consultant
Reymundo Rodriguez	Executive Associate
Bert Kruger Smith	Executive Associate
*Terrence R. Tutchings	Executive Associate
Marion Tolbert Coleman	Executive Assistant
Ralph E. Culler III	Executive Assistant
Adrian Rhae Fowler	Executive Assistant

*Resigned August 31, 1983

HOGG FOUNDATION STAFF

Doris C. Bennett Pat Parker Boerner Carolyn E. Bone Anita Faubion Ida R. Fisher J. Kathleen Griffith Thomas L. Horton Betty D. Jones Patrick O. Macken Minhhuy H. Nguyen Dorothy B. Potter **Crescencia** Stanley Charlene Warren Judith C. Wygle Michael R. Zent Dolores Zepeda

Resignations during 1982-1983:

Phyllis Horn Mary Ann Hornbuckle Kevin McCoy

Receptionist/Senior Secretary Administrative Secretary Senior Secretary Librarian Administrative Assistant Senior Secretary Mail and Supply Room Supervisor Administrative Assistant Social Science Research Associate Clerk Senior Procurement Officer Senior Secretary Editor Administrative Secretary Social Science Research Associate Administrative Secretary

Senior Clerk Senior Secretary Clerk

EVALUATION RESEARCH FELLOWS

Michael Fendrich

Carol Yoken

SPECIAL UT-AUSTIN CAMPUS CONSULTANTS TO THE HOGG FOUNDATION

Manuel Ramirez III, Ph.D.; Professor of Psychology

Melvin P. Sikes, Ph.D.; Professor of Educational Psychology

Martha S. Williams, Ph.D.; Dean, Graduate School of Social Work

NATIONAL ADVISORY COUNCIL

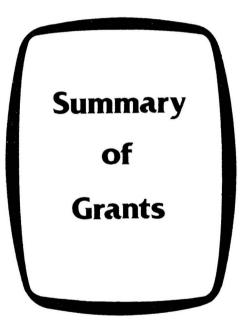
Current Members

Dr.	Robert N. Butler; Brookdale Professor of Geriatrics and Adult Development, The Mount Sinai Medical Center	1980-1983
Mr.	Hugh M. Downs; Radio and Television Broadcaster; Host of "20/20"	1982-1985
Mrs.	Mary D. Poole; Executive Vice President, Presbyterian Center Foundation	1981-1984

NATIONAL ADVISORY COUNCIL

Former Members

Dr. Dr.	William C. Adamson; Professor of Psychiatry, Hahnemann Medical College and Hospital Myrl Alexander; former Director, U.S. Bureau of Prisons	1959-1961 1970-1972
Dr.	Joseph M. Bobbitt; former Executive Director, Joint Commission on Mental Health of	
	Children, Inc. (deceased)	1959-1960
	Bertram S. Brown; President and Chief Executive Officer, Hahnemann University	1970-1973
Dr.	John J. Conger; Professor, Division of Clinical Psychology, University of Colorado	
	Medical Center; Vice President and Director, Health Program of MacArthur Foundation	1979-1982
	Rogelio Diaz-Guerrero; Psychiatrist and Professor, National University of Mexico	1970-1974
Dr.	Robert H. Felix; former Director, National Institute of Mental Health; former Dean,	
	St. Louis Medical School	1961-1964
	Herman E. Gallegos; former Chairman of the Board, U.S. Human Resources Corporation	1978-1981
	Leslie Ganyard; former Executive Director, Rosenburg Foundation (deceased)	1962-1965
Dr.	Ernest R. Hilgard; Professor of Psychology, Laboratory of Human Development,	
-	Stanford University	1960-1963
	J. Cotter Hirschberg; Psychiatrist and Dean of the Faculty, Menninger School	1968-1971
Dr.	Nicholas Hobbs; Director, Center for the Study of Families and Children, Vanderbilt	1000 1000
-	University (deceased)	1963-1966
Dr.	Darrel J. Mase; Associate Chairman for Academic Affairs, Department of Community	
	Health and Family Medicine, University of Florida	1966-1969
	Alan D. Miller; Professor of Psychiatry and Associate Dean, Albany Medical College	1974-1977
	Thomas F. Plaut; Director, Office on Prevention, National Institute of Mental Health	1975-1978
Dr.	Julius B. Richmond; former Assistant Secretary of Health, U.S. Department of Health	
	and Human Services	1977-1980
	Jeannette Rockefeller; former President, National Mental Health Association	1963-1967
	Howard P. Rome; Senior Consultant, Section of Psychiatry, Mayo Clinic	1965-1969
	Eleanor B. Sheldon; former President, Social Science Research Council	1976-1979
	Althea T.L. Simmons; Director, Washington Bureau, NAACP	1973-1976
Dr.	M. Brewster Smith; Professor of Psychology, former Vice-Chancellor, University of	
_	California at Santa Cruz	1972-1975
Dr.	Ralph Tyler; Director Emeritus, Center for Advanced Study in Behavioral Sciences,	
	Stanford University	1959-1962
Mr.	Homer C. Wadsworth; Director, The Cleveland Foundation	1965-1968





PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
987 Y	Biological Psychiatry Research Program \$175,000.00 funded since March, 1977	25,000.00	Dr. Robert L. Leon	San Antonio, UT Health Science Center, Department of Psychiatry	A special grant from the Mary Yates Memorial Fund supports biological psychiatry research projects.
1076	Impact of Mexican Culture and Economic Stress upon Mental and Physical Health \$100,581.82 funded since February, 1978	798.55	Dr. Ira Iscoe	Austin, UT-Austin, Institute of Human Development and Family Studies	The two-stage, cross-cultural project investigates the inter- action of Mexican and Mexican- American mental health support systems.
1250	Family Education Program \$53,161.24 funded since February, 1980	24,415.32	Mrs. Joyce Wein Iliya	Dallas, Dallas Council on Alcoholism	This organization seeks to strengthen families in which one member is an alcohol abuser by emphasizing the role of each family member in the treatment and intervention processes.
1263	Bilingual Infant Development and Parent Education Program \$108,176.34 funded since March, 1980	302.27	Dr. Emily Vargas Adams Ms. Elisabeth Barnett	Austin, Center for Development of Non-Formal Education	Through intervention models and bilingual audio-visual mate- rials, this project seeks to en- hance parenting skills, improve parent-child relationships, and promote physical and mental health.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1317	Low-cost Mental Health Clinic \$41,544.35 funded since September, 1980	14,378.47	Dr. J.B. Murphy	Austin, Capital Area Psychological Association	This clinic provides low-cost psychological services to per- sons who are neither poor enough to qualify for public services nor wealthy enough to afford private practice fees.
1329	Mexican American Preterms: Parenting and Development over the First Year \$95,047.00 funded since October, 1980	20,025.00	Dr. Marilyn B. Escobedo	San Antonio, UT Health Science Center, Department of Pediatrics, Division of Neonatology	Family support programs pro- vide stability and minimize familial dysfunction during delivery and aftercare of pre- mature, high risk infants.
1388	Information Resource Program \$52,993.58 funded since June, 1981	162.91	Dr. David M. Austin Dr. Norton Grubb	Austin, UT-Austin, School of Social Work	This program develops re- sources on the nature and potential consequences of changing federal funding patterns and allows dissem- ination of this information to local mental health service agencies in Texas.
1399	Curriculum Design and Testing for National Training Institute \$18,139.23 funded since November, 1981	200.00	Ms. Eloise M. Campos	Austin, Big Brothers/ Big Sisters of America	The testing of this curriculum developed a model for train- ing Big Brothers/Big Sisters agency executives and case workers and for future use by other agencies with similar objectives.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1404	Rural Texas Domestic Violence Health Professionals Education Program \$24,150.85 funded since May, 1982	13,857.85	Dr. Mary Walker Ms. Karen Mountain	Austin, UT-Austin, School of Nursing	Rural health professionals are trained to identify domestic violence victims and resources for meeting their needs. This program develops specific ma- terials and workshops for health care providers and fam- ily violence professionals.
1431	Women's Center \$15,000.00 funded since February, 1982	5,000.00	Mrs. Lisa Allman Pate	Alpine, The Women's Center	This center cooperates with community agencies to provide both crisis and follow-up ser- vices for women and children who are victims of domestic violence, abuse, and neglect.
1456	Impact of Political and Economic Changes upon the Field of Mental Health in Texas	12,887.85	Dr. Bertram S. Brown	Austin, UT-Austin, School of Social Work	A study of changes in human services policy and decision- making assists in strategic planning for mental health services delivery in Texas.
1459	Weekend Outreach and Crisis Service for Elderly/Project Elders \$30,116.05 funded since April, 1982	20,233.00	Mrs. Amelia M. Castillo	El Paso, El Paso Council On Aging, Inc.	The goals of this program are the enhancement of self-help, psychosocial, and socialization skills; promotion of physical and mental health; evaluation of intervention approaches; and training of volunteers.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1462	Vocational Placement Program for Emotionally Disturbed Adolescents \$20,049.73 funded since April, 1982	10,049.73	Ms. Bobbie Mae Matthews	Austin, Settlement Club Home	The purpose of this program is to provide vocational expe- rience and career planning for emotionally disturbed youth to prepare them for independent living in the work world.
1464	Family Counseling Component \$27,226.01 funded since March, 1982	27,150.00	Brother Joseph H. Esparza	San Antonio, Holy Cross Center	This plan for Mental Health and Social Services incorpor- ates community outreach and volunteer coordination.
1469	Falls County Youth Program \$34,641.63 funded since May, 1982	16,591.63	Mrs. Lucile Hampton	Marlin, Marlin-Falls County Committee for Health and Community Development	Designed to expose preteens and teens in Falls County to career options and involve them in personal development activities, this program seeks to improve their sense of self- esteem and prevent delinquent behavior.
1487	Giles Childcare and Family Center- Emergency Funding \$12,500.00 funded since June, 1982	2,500.00	Ms. Mellaney Rutherford	Beaumont, Giles Childcare and Family Center	Based on the success of the Center's enrichment program for preschoolers, this addi- tional grant is to match local funds supporting two care- givers during a period of transition to other funding.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1490	Abilene Day and Health Care Center for Elderly \$13,000.00 funded since June, 1982	5,000.00	Mrs. Veronica Dallies	Abilene, Abilene Day and Health Care Center for Elderly	Supplemental funds provide a challenge grant for a pro- gram of mental health care and physical therapy for frail elderly.
1491	Young Family Project \$39,087.00 funded since June, 1982	39,012.00	Dr. Martha J. Cox	Dallas, Timberlawn Psychi- atric Research Foundation, Inc.	An initial study of young couples anticipating the birth of their first child focuses on the important transition from early marriage to parenting, giving considerable insight in- to family development at its early stages.
1501	Sudden Infant Death Syndrome Information and Counseling Center	15,000.00	Dr. Arthur G. Weinburg	Dallas, UT Health Science Center, Department of Pediatrics	This Center provides infor- mation and counseling to families of SIDS cases, edu- cates law enforcement and health care professionals about the SIDS problem, and organizes parent groups to cope more effectively with tragic consequences of SIDS deaths.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1502	Social Role of the Personal Computer - Implications for Familial Mental Health	5,500.00	Dr. David Gottlieb	Houston, University of Houston, The Center for Social Policy, Department of Sociology	Through delineation of the family and individual changes resulting from acquisition of a microcomputer, this re- search documents positive mental health effects and de- termines ways to avoid nega- tive influences.
1519	Intervention Program for Preschool Children	17,824.00	Dr. Nancy Hazen-Swann Dr. Carol Wegley-Brown	Austin, UT-Austin, Department of Home Economics	This program, designed for preschool children who are not successfully adapting to their peers, is being eval- uated with results being made available to others.
1520	Computer-Assisted Instruction in Self- Control	4,967.00	Dr. Martin L. Tombari	Austin, UT-Austin, Department of Educational Psy- chology	The mental health application of microcomputers in a school setting is tested in this pro- gram for recording behavior and providing incentives for good behavior to children with behavior problems.
1527	Research Evaluation of the Outcomes of Child Abuse Cases Involving Sexual Abuse	25,594.35	Dr. Kathryn J. Dolan	Fort Worth, Texas Christian University, Center for Organi- zational Research and Evaluation Studies	This project evaluates the impact of a new program de- veloped by the Texas Depart- ment of Human Resources and the Tarrant County District Attorney for protecting vic- tims of child abuse.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1528	Computer-Assisted Special Education Training for Small Schools \$30,376.00 funded since August, 1982	15,112.00	Dr. Cleborne D. Maddux	Lubbock, Texas Tech University, Department of Education	This special education train- ing program enables teachers in rural areas of West Texas to meet their in-service training requirements via a computer-controlled videotape training package.
1531	Project "Any Baby Can" (A.B.C.) \$50,035.16 funded since August, 1982	30,035.16	Dr. Marian Sokol	San Antonio, San Antonio Coalition for Children, Youth, and Families	Goals and services of this program are identification and referral of mentally de- layed infants; a coalition of parents, professionals, and agencies concerned for these children; and an information and referral system.
1537	Texas Foundations Directory – Sixth Edition	950.00	Mr. William T. Hooper, Jr. (deceased)	Austin, Texas Foundations Research Center	These funds partially subsi- dized the publication of the sixth edition of the <u>Directory</u> of Texas Foundations which contains new data on approx- imately 1,300 Texas founda- tions, available for the use of both grantmakers and grantseekers.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1539	Community Resource Exchange: Networking/ Educating	20,000.00	Ms. Jeanne Huibregtse	El Paso, Mental Health Association of El Paso	This program examines alter- native strategies for obtain- ing resources and seeks to establish partnerships with private industry for mental health-related services.
1541	Support Program for Indigent Female Alcoholics	13,000.00	Mr. Don Johnson	Dallas, Welcome House, Inc.	Support to Welcome House ensures the expansion and strengthening of educational and vocational skills evalua- tion and development of med- ically supervised physical and psychological regimens for female alcoholics.
1547	Network for Community Residential Services for the Mentally III	8,240.00	Ms. Kathy Edwards	Austin, Mental Health Asso- ciation in Texas	This statewide program in public information and educa- tion and in community organi- zation seeks to develop local answers to the problems asso- ciated with the deinstitution- alization of mental patients.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1549	Use of Telephone Consultation to Increase Counsel- ing Skills of Rural Clergy	7,254.00	Dr. Karl A. Slaikeu	Austin, Austin Presbyterian Theological Seminary	These funds provide an eval- uation study of rural minis- ters from Texas and Oklahoma who attended a seminar on Crisis Counseling in order to determine the feasibility of expanding this program.
1552	Interrelationship of Litigation, Texas State Government, and Mental Health Advocacy	16,194.00	Dr. Kathryn Moss	Austin, UT-Austin, School of Social Work	By studying earlier mental health institutional law- suits, this research gives important guidance to state agencies and advocacy groups involved in improving mental health services and also leads to increased cooperation.
1554	Mental Health Services for Deaf Clients	18,460.00	Dr. Donald J. Zappone	Austin, Austin Child Guidance and Evaluation Center	These funds support develop- ment of a specialized program for mental health services for deaf children and families with deaf parents.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1568	Community Parenting Skills	22,900.00	Dr. James E. Maddux	Lubbock, Texas Tech University, Department of Psychology	With a component designed to teach parents to be "Behavior Modifiers" with their children, this service focuses on making constructive changes in the interaction patterns between children and parents.
1569	Research Advisory Council	7,216.64	Dr. Gary E. Miller	Austin, Texas Department of Mental Health and Mental Retardation	These funds provide partial support to organize an advi- sory council of outstanding research scientists and cli- nicians to assist in evaluat- ing TDMHMR research activi- ties and establishing policies and program plans for future mental health research.
1571	Infant-Mother Attachment in Twins	4,995.00	Dr. Margaret Tresch Owen	Dallas, UT-Dallas, School of Human Development	Using subjects already re- cruited for another project, this analysis contributes to a greater understanding of the sources of individual dif- ferences in social behavior of twins and their mothers.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1575	Teleconferencing Program for West Texas Mental Health Units	13,271.00	Mr. A.K. Smith	Big Spring, Big Spring State Hospital	As an aid to communication and exchange of information between inpatient and out- patient staffs in this large service area, a clinical teleconferencing system is being designed, implemented, and evaluated.
1578	Evaluation of the Hill Country Senior Citizens Activity Center	682.00	Mrs. Rose Duvall	Dripping Springs, Hill Country Senior Citizens Activity Center	This grant provides half the cost of a professional evaluation of a program, ex- panded from a weekly meal center to multiple services for the elderly.
1586	Health Care and Func- tioning Among Children in Special Education	9,000.00	Dr. Patricia M. Shell	Houston, Houston Independent School District	As an extension to an ongoing major national study of handi- capped children in regular school grades, this research on 100 preschool children provides a basis for program planning of special services through Houston schools.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1587	Case Management Man- power Development and Training	26,861.23	Dr. Gary E. Miller	Austin, Texas Department of Mental Health and Mental Retar- dation	These funds assist in the development of a state-wide plan whose primary goal is the implementation of a case management program to meet the concept of continuity of care espoused by the Texas legislature and TDMHMR board.
1591	Adolescent Pregnancy Prevention Program	37,650.00	Dr. Marvin B. Eisen	Austin, UT-Austin, Department of Physical and Health Education	This grant supports a two- stage project to develop and evaluate an educational inter- vention designed to strengthen motivation for fertility con- trol among teenagers.
1594	Longitudinal Study of Relationship Development and Change	12,331.00	Dr. John H. Harvey	Lubbock, Texas Tech University, Department of Psychology	This study examines how couples maintain long-term bonds, the factors contrib- uting to the maintenance or dissolution of the relation- ship, and why unhappy mar- riages continue.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1597	Educating for Mental Health Services	12,346.00	Dr. Robert P. Anderson	Lubbock, Texas Tech University, Department of Psychology	The preparation and evalua- tion of an intake videotape for Hispanic outpatients is designed to reduce dropout rates of these clients among community mental health cen- ters throughout the state.
1603	Comprehensive Primary Prevention Program for Delinquent Behavior	34,433.32	Ms. Nancy Ney	New Braunfels, Teen Connection	Partial funding of salaries makes possible the estab- lishment of a foster group home, emergency shelter, and counseling services for youth aged 12-17 in Comal County.
1605	Research on Psycho- social Models of Psychiatric Disorders	23,770.36	Dr. Howard B. Kaplan	Houston, Baylor College of Medicine, Department of Psychiatry	Analysis of a unique set of longitudinal data gathered between 1972 and 1983 iden- tifies risk factors gener- alized to various psychiat- ric disorders and social identity categories as well as risk factors associated with particular disorders and social categories.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1609	Role of Endorphins in the Chronic Pain Syndrome	\$13,500.00	Dr. R. Sanford Kiser	Dallas, UT Health Science Center, Department of Psychiatry	With mounting clinical evi- dence of the usefulness of acupuncture in treatment of chronic pain, this experi- mental analysis provides es- sential mental health infor- mation relating to the endor- phin function as an outcome of either acupuncture or placebo treatment.
1616	"Second House" - Housing Project for Battered Women and Their Children	22,500.00	Ms. Sue W. Dyke	Corpus Christi, The Women's Shelter of the Corpus Christi Area, Inc.	Some staff salaries are pro- vided for this model project addressing the special needs of children of victims of do- mestic violence and seeking to broaden and strengthen the network of services.
1619	Multi-Cultural Enrich- ment Program	14,984.00	Mr. Sam Seward	Dallas, Creative Services for the Elderly, Inc.	A summer program for 100 inner city youth in families receiving AFDC funding. The goal is to teach social respon- sibilities in an effort to im- prove self-concept.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1623	Social Development of Children in Step- parent Families	4,066.00	Dr. John W. Santrock	Dallas, UT-Dallas, Program in Psy- chology and Human Development	Support of two part-time re- search associates is being provided to aid in the final compilation and analysis of data resulting from a larger NIMH-funded study.
1627	Kaleidoscope '83: First Three Years of Life Conference	1,219.18	Mrs. Mary E. Taylor	San Antonio, San Antonio Coali- tion for Children, Youth and Families	Funds were provided for travel and consultation of a world-renowned child de- velopmentalist who delivered the conference keynote ad- dress and consulted with leaders from over 30 local community children's pro- grams.
1633	Impact of Mexican Culture and Economic Stress upon Mental and Physical Health, Phase II	32,270.00	Dr. Manuel Ramirez III Dr. Rogelio Diaz-Guerrero	Austin, UT-Austin, Institute of Human Development and Family Studies	Because of the recent econo- mic crisis in Mexico with massive unemployment and peso devaluation, this re- search involves a follow- up study of 60 families in Monterrey (Mexico) and San Antonio (Texas).

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1638	Mental Health Volun- teers in Long-Term Nursing Home Care of the Elderly	20,074.00	Dr. Michael Duffy	College Station, Texas A & M University, Department of Educational Psychology	A demonstration project is training retired senior vol- unteers to achieve parapro- fessional level skills in counseling for use with nursing home residents.
1639	Strengthening and Fostering Interests and Activities In Gerontology	45,040.00	Dr. Ira Iscoe	Austin, UT-Austin, Institute of Human Development and Family Studies	This new program offers technical assistance to com- munity and voluntary groups both local and state-wide, makes available a multidisci- plinary course on aging using visiting lecturers, and spon- sors campus-wide gerontology conferences.
1648	Sleep Disorder Research	18,000.00	Dr. Howard P. Roffwarg	Dallas, UT Health Science Center, Department of Psychiatry	Studies of two sleep disor- ders often associated with serious psychiatric and behavioral disturbances are of value in refining diag- nostic procedures and treat- ing both the organic distur- bance and their associated personality and social prob- lems.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1664	Mental Health Needs and Services in the Texas-Mexico Border Region	7,567.00	Dr. Michael Lauderdale	Austin, UT-Austin, School of Social Work	Data from this study contrib- ute to the development of a social work curriculum fo- cusing on the cultures and special human problems and needs in the Texas-Mexico border region.
1666	Special Care Unit for Mentally Impaired Residents	12,048.00	Dr. Rosemary Wade Wilson	Dallas, Dallas Geriatrics Research Institute	This grant supports the plan- ning of a special care unit, including program develop- ment evaluation, for the in- stitutionalized aging affected by Altzheimer's disease.
1667	Mental Health Code Committee	17,918.00	Mrs. Stella Mullins Mrs. Helen Farabee	Austin, Mental Health Association in Texas	In providing education, coor- dination, technical assistance, monitoring, and recommenda- tion of future policies, the Committee is working with vari- ous agencies and individuals responsible for implementing the new code.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1674	Rural Environment and Its Stressors	21,832.00	Dr. Michael Lauderdale Dr. Mary Walker	Austin, UT-Austin, School of Social Work	The major thrust of this project is to identify causes of stress in rural Texas and implement strate- gies to alleviate potential psychological trauma.
1675	Development of a Prospective Payment System for Inpatient Mental Health Care	1,818.00	Dr. Neal Mertz Dr. P. Alan Lankford	Clear Lake City, The University of Houston at Clear Lake City	Foundation funding enables the completion of a pilot study evaluating a New Jersey payment system and its poten- tial effectiveness for patient care and effectiveness in Texas.
1678	Establishment of an Internship/Externship Training Program	34,700.00	Ms. Patricia N. Johnson	Galveston, Transitional Learning Center	Designed to provide special- ized training for profession- als preparing for careers in rehabilitation of head trauma patients, this program is ho- listic in nature and addresses the psychological, social, and cognitive consequences of a head injury.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1690	Ecumenical Border Conference	700.00	Rev. Gerald F. Stacy	San Antonio, Mission Union Presbytery of the Presbyterian Church (USA)	Funds provided for a confer- ence keynote speaker who also discussed mental health and human service problems at a special seminar for faculty and students of The Univer- sity of Texas at Austin's M.S.W. program in El Paso.



PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
993H	Comprehensive Mental Health Services Pro- gram for Children in Houston and Harris County \$604,637.76 funded since September, 1976	36,023.00	Dr. Jay D. Tarnow	Houston, UT-Health Science Center, Houston Child Guidance Center	A special grant supports a comprehensive treatment and training program for provid- ing mental health services to children in Houston and Harris County.
1158H	Adolescent Day School \$147,245.31 funded since January, 1979	18,019.91	Dr. David Diehl	Houston, Mental Health Mental Retardation Authority of Harris County	These funds provide day school services for adoles- cents (aged 13-17 years) re- turning from Rusk and Austin State Hospitals.
1167H	DePelchin Faith Home Staff Development and Program Evaluation \$115,882.04 funded since February, 1979	8,187.00	Mr. Robert E. Barker	Houston, DePelchin Faith Home	This program supports a resi- dential treatment center for 6- through 12-year-old severe- ly emotionally disturbed chil- dren in the areas of family and milieu therapy, general program consultation, and evaluation research.
1208H	Family Support Services \$99,879.00 funded since August, 1979	24,000.00	Mr. Pat Cox	Houston, Avondale House	In providing multiple services to developmentally disabled youngsters in the Houston area, the program views the family as the client and pro- vides for respite care.

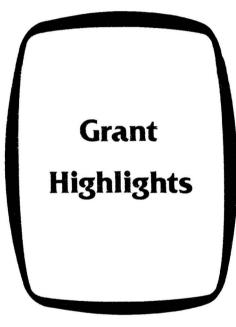
PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1371H	Adolescent Primary Health Care Center \$84,744.73 funded since July, 1981	4,337.14	Ms. Donna Rinaldo Bryant Ms. Sharon Lovick	Houston, Urban Affairs Corporation	Support of a psychologist and a social worker at the center makes possible crisis counsel- ing and other mental health services for adolescent mothers.
1408H	March of Dimes Birth Disabilities Center \$45,000.00 funded since August, 1981	10,000.00	Dr. Luther Robinson Ms. Riki Weinstein	Houston, March of Dimes Birth Disabilities Center	These funds go hand in hand with larger commitments by the March of Dimes and the UT-Health Science Center at Houston to provide mental health-related services to birth-disabled infants and their families in the Houston area.
1488H	PreventionEarly Intervention Pro- gram for Predelin- quent Youngsters	33,200.00	Ms. Suzanne Cuthbertson Mr. Mel A. Kaufman	Houston, Meadowbriar Home for Girls	This grant provides funds for delivery of follow-up care and training by two social workers who help Meadow- briar's graduates adjust to independent living.
1506H	W.H.O. (We Help Our- selves)-An Antivictim- ization Program for School Children and Their Parents	56,728.00	Ms. Betsy Schwartz	Houston, Mental Health Association of Houston & Harris County	An innovative program with a central goal to teach children "not to be victims" provides them, their parents, and their teachers information and opportunity to plan and discuss alternatives.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1514H	After-School Enrich- ment Program	45,134.80	Ms. Beverly Shively	Houston, Mental Health and Mental Retardation Authority of Harris County	The after-school enrichment program at Burbank Elemen- tary School provides a vari- ety of therapeutic services for latency-aged children at risk for serious emotional disturbance later in life.
1523H	Community-based Youth and Family Counseling Service	37,000.00	Mr. Roger LaFollette Ms. Anne Moore	Houston, Sand Dollar,Inc.	Support of an innovative "satellite center" expansion of an existing crisis inter- vention and family therapy service directed at runaway, cast-off, and homeless chil- dren enables the agency to reach underserved neighbor- hoods in Harris County.
1526H	Family Crisis Inter- vention Program	34,809.83	Dr. Jay D. Tarnow	Houston, Houston Child Guidance Center	This program uses a multidis- ciplinary crisis team com- prised of child psychiatrists, psychologists, and social workers to work with dis- turbed adolescents and their families in crisis situations.

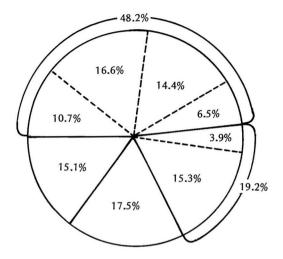
PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1544H	Preventive Inter- vention for Children	20,200.00	Dr. Jack Franklin Dr. Pamela Yu	Houston, Texas Research Institute of Mental Sciences	This project is one of the few programs which provide preven- tive mental health services for children. The children bene- fiting from the program are mildly disturbed and at risk for serious problems later.
1650H	Prevention of School Failure in Prematurely Born Children	35,200.00	Dr. Murdina M. Desmond	Houston, Baylor College of Medicine, Houston Meyer Center for Devel- opmental Pediatrics	A program at Texas Chil- dren's Hospital evaluates three-year-old prematurely- born children at 3, $4\frac{1}{2}$, and 6 years of age to identify weak- nesses or deficiencies and when necessary, refers chil- dren to community-based re- medial programs.
1656H	Parent Preparation Program	38,000.00	Mr. Robert E. Barker	Houston, DePelchin Faith Home	This new program is designed to meet the current crisis in Houston among pregnant, un- married adolescents who have no support system for them- selves or their newborn infants.

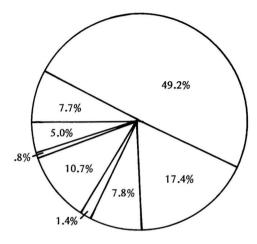
PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1662H	Advocacy to Protect Children	21,000.00	Mrs. Alberta L. Anderson	Houston, Children's Resource and Information Services	This comprehensive child abuse prevention program sus- tains existing social ser- vices to troubled children and families, creates low-cost support systems, and develops a holistic advocacy model to promote community awareness of family violence.
1663H	Bayshore Mental Health Center Program	29,062.00	Mr. Eugene Williams	Houston, Mental Health and Mental Retardation Authority of Harris County	Support of a therapist and a part-time consulting pediatric psychiatrist provides mental health services to children in the Baytown area.
1665H	Trilevel Children's Services Program	50,000.00	Ms. Jill Shaw	Houston, Cities in Schools, Houston, Inc.	In response to the needs of students having severe emotional/behavioral problems, a program of intensive thera- putic intervention and coun- seling and ongoing staff training is being developed.

PROJECT NUMBER	TITLE	AMOUNT \$	PROJECT CONTACT	CITY AND/OR INSTITUTION	DESCRIPTION
1673H	Comprehensive Mental Health Day Center for Children	16,000.00	Ms. Stephanie Smith	Houston, Can-Do-It	This child advocacy group, is using the grant to hire a part-time community mental health program specialist to plan the implementation of a comprehensive mental health day center for children in Houston.







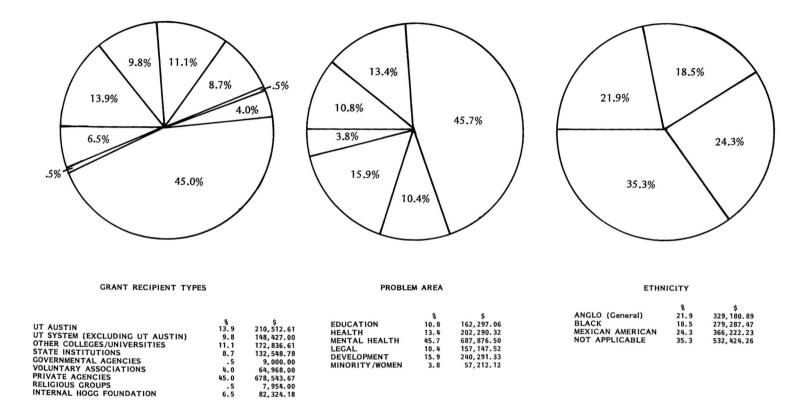


AGE OF RECIPIENTS/SUBJECTS

	90	\$	96	\$
CHILDREN :			48.2	725,635.77
Ages 0 - 5	10.7	160,881.43		
Ages 6 - 12	16.6	250,710.35		
Ages 13 - 17	14.4	216,060.99		
All Ages	6.5	97,983.00		
ADULTS:			19.2	289,075.81
Elderly (65+)	3.9	58,037.00		
All Adults	15.3	231,038.81		
ALL AGES:			17.5	264, 147.77
FAMILY:			15.1	228,255.50

PROJECT TYPE

		QQ	\$
1.	PROFESSIONAL TRAINING	7.7	115,688.03
2.	IMPLEMENTATION AND PROVISION OF		
	SERVICES	49.2	741,845.27
3.	PROGRAM DEVELOPMENT	17.4	262,092.22
4.	APPLIED RESEARCH	7.8	118, 387.21
5.	GENERAL MENTAL HEALTH EDUCATION		
	PROGRAM PRESENTATION	1.4	20,715.55
6.	BASIC RESEARCH	10.7	161,242.91
7.	PRODUCING MATERIALS FOR MENTAL		
	HEALTH EDUCATION	. 8	12,346.00
8.	OTHER	5.0	74,797.66



\$1,507,114.85 Grants funded in fiscal year 1982-1983

