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AR 19 In Support of Healthy Vending Machines

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WHEREAS, There are currently no healthy eating options for students on campus between the hours of midnight and 7 am,

WHEREAS, The vending options available are full of food high in fat and sodium content and have a large amount of calories that can be detrimental towards one's Recommended Dietary Allowance¹,

WHEREAS, Students and faculty have expressed a need for smart food choices throughout the day that contribute to a balanced lifestyle,

WHEREAS, Claire Moore², MPH, Work/life Balance and Wellness Manager at The University of Texas at Austin, is already currently working on the healthier vending machine initiative. She plans to further this initiative by meeting with Parking and Transportation, who is in charge of the University's vending machines, and Canteen Vending, who is one of the University's major vendors.

WHEREAS, Healthy vending makes it easy to purchase healthful snacks and drinks at one's convenience,

WHEREAS, Some of the country's leading universities, hospitals³ and organizations have added healthful vending machine options, which have contributed to improved health of users,

WHEREAS, Under President Thor and Vice-President Will's platform, healthy food options will be made accessible to students all hours of the day.

BE IT RESOLVED, That the Student Government of The University of Texas at Austin strongly supports the placement of multiple pilots on campus that can be accessed 24 hours a day. If these pilots are successful, Student Government will then support healthy vending machines to be placed in all areas of campus where there is high traffic of faculty and students.

BE IT FURTHER RESOLVED, Linda Abbey⁴, Constituent Relations Officer of the Vice Provost's Office, has noted having a pilot placed in the PCL is a feasible implementation. As noted, "The library is willing to place the vending machine, pending the final approval from the facility manager."

¹ In conversation with Claire Moore, MPH, Work/life Balance and Wellness Manager at UT- Austin

² In conversation with Claire Moore, MPH, Work/life Balance and Wellness Manager at UT- Austin

³ <http://uppermacungie.patch.com/articles/a-new-breed-of-healthful-vending-machines-at-lehigh-valley-hospital-3>

⁴ In conversation with Linda Abbey, Vice Provost's Office - Constituent Relations Officer

BE IT FURTHER RESOLVED, These vending machines will consist of foods and drinks which may include⁵:

- 250 calories or less
- 10 grams or less of total fat
- 3 grams or less saturated fat
- no trans fat
- 20 grams or less of Sugar
- 230 mg or less of Sodium

The vending machines accept cash and credit cards.

BE IT FURTHER RESOLVED, That copies of this resolution be delivered to the offices of the Dean of Students and Parking and Transportation.

⁵ <http://www.canteen.com/Pages/canteen.aspx?ItemID=43>