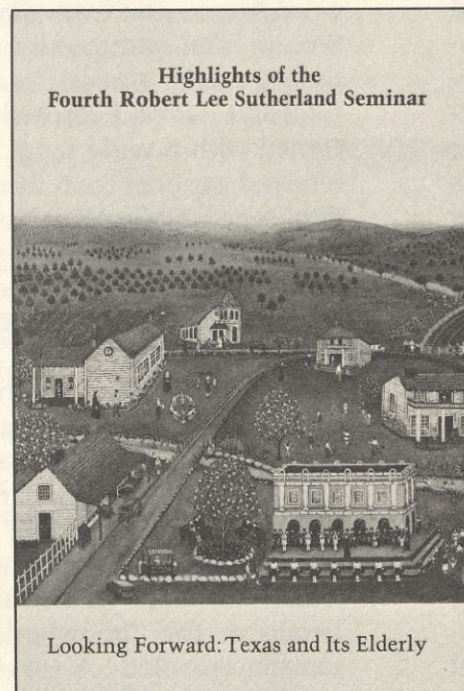


## Our latest publications

Society has traditionally dealt with child victimization by punishing offenders and attempting to treat the children. A different approach is found in *We Help Ourselves*, a new Hogg Foundation pamphlet enclosed. Its subject is a project in which children learn how to avoid becoming victims in the first place. Ralph E. Culler III has written about a program conducted by the Mental Health Association of Houston and Harris County through the Houston (Texas) Independent School District. Over 50,000 boys and girls, with their parents, received instruction during the first two years of operation. Mental Health Association volunteers, especially trained for this effort, worked with youngsters to teach them to identify potentially dangerous situations and individuals and to build their self-esteem and assertiveness to enable them to resist and say "No" when they recognize such hazard.



*Highlights of the Fourth Robert Lee Sutherland Seminar: Looking Forward—Texas and Its Elderly* is a new publication enclosed in this mailing. The seminar, held May 11 and 12, 1984, was the latest in a series named in memory of the late President of the Hogg Foundation. Its subject, aging, is one of special interest to this staff and to the general public. This pamphlet's features from the seminar are major addresses by Robert N. Butler, chairman of the Department of Geriatrics at Mt. Sinai Medical Center of New York City and former director of the National Institute on Aging, and by George L. Maddox, director of the Center for the Study of Aging and Human Development at Duke University, Durham, North Carolina. A prologue describes the charge to participants and summarizes the two days' activities. Recommendations from five workshop groups are detailed with the groups' proposals on issues of Living Patterns and Changing Family Situations, Community Opportunities, Employment and Retirement Issues, Housing, and the Non-Anglo Elderly. An epilogue looks at hopes for developments following up these recommendations. Bert Kruger Smith, Marion Tolbert Coleman, and Charlene Warren edited the compilation.

## Focus on Older Texans

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When the Hogg Foundation staff and advisors chose, as the topic of the fourth Robert Lee Sutherland Seminar, "Looking Forward: Texas and Its Elderly," their hope was that such a conference could focus the attention of the citizens of Texas on this growing segment of the state's population and its many needs. If community leaders and social service providers could become more aware of the elderly and their problems, then more programs would hopefully be developed to meet some of those needs. More specifically, it was hoped that those agencies, service providers, and researchers who focused on mental health related problems of the elderly would develop projects that might merit Hogg Foundation support.

It has been one year since 218 concerned Texans gathered in Austin to spend a day looking into the future of older Texans. It seems especially appropriate on this anniversary of the conference, and with the publication and distribution of the highlights of the seminar, to try to determine if the Foundation's call to action was answered. The answer is yes. Since the seminar last May, ten projects concerned with the elderly have been funded by the Hogg Foundation. These ten awards represent a total of \$107,962 in grant monies and spread the gamut from service delivery to mental health research.

Two of the projects with which the Foundation has become involved are concerned with the mental health needs of older persons who live in nursing homes. One program in College Station, under the auspices of the Educational

Psychology Department at Texas A&M University, is training older persons to be mental health paraprofessionals in local nursing homes. Another similar project is being supported at the Mental Health Association of Tarrant County. In this effort, a training program is being developed for nursing home activity directors so that they will be able to train their own volunteers to better meet the mental health needs of their residents.

The seminar even spurred other communities to hold conferences on different aspects of growing older. The Foundation has provided small grants for conferences on Alzheimer's Disease in Dallas and Nacogdoches and on special housing needs in San Antonio. In each of these three cases, the Foundation supported a keynote speaker who not only gave a major address at the conference but provided hours, and even days, of consultation to the community in addressing these issues.

Finally, several research projects concerned with a wide range of issues have received support from the Hogg Foundation. A gerontologist at North Texas State University is in the midst of a survey focusing on alcohol and drug abuse among older persons. The results of this research should lead to a greater understanding of factors which contribute to older persons' substance abuse. Another research project which traces its roots directly to the Sutherland seminar is being conducted at The University of Texas Health Science Center in San Antonio. The focus of this study is winter Texans or the "Snowbirds" as they are sometimes called. A survey of over 200

winter Texans has just been completed which will provide data on the mental health of these part-time citizens. Finally, at The University of Texas at Austin, the gerontology program under the Institute of Human Development and Family Studies continues to grow. This grant supports not only the publication of the *Gerontology Newsletter*, which now has a circulation of 1,700, but provides very small grants to new researchers in gerontology at the University.

As these brief summaries indicate, growing attention is being given to the elderly population in Texas and their mental health needs. We would like to think, however, that these projects represent only a beginning in both service and research efforts aimed at this population. The fourth Sutherland seminar, as with the first three, was in essence only the planting of the seed. It is up to all of us as concerned, caring Texans to ensure that the ideas and dreams which germinated there continue to grow and come to full fruition.

Marion Tolbert Coleman

### Announcing the Ima Hogg Fellowship

In 1956, Miss Ima Hogg made a gift to the Hogg Foundation for the purpose of providing scholarship aid "needed in the broad field of mental health." At that time she expressed an awareness of the need for more trained psychiatric social workers and visiting teachers. She also indicated, however, an awareness that other types of training might become more important at different times. This year the Hogg Foundation was able to reactivate this fellowship. In keeping with Miss Hogg's interests, the fellowship is now offered to those graduate students at The University of Texas at Austin in training to provide direct mental health service delivery to children and their families in a nonprofit or public agency setting. Special attention will be given to those working with populations underserved by the mental health system. In the school year of 1985-1986, two awards of \$4500 each will be given. Funds for graduate study have always been scarce, so it is gratifying to be able to offer these fellowships at a time when the support of education may become more difficult.

The Hogg Foundation for  
Mental Health

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*The Hogg Foundation News* is an informational newsletter published at intervals throughout the year for the benefit of readers on our mailing list.

## Wayne Holtzman elected president of International Union of Psychology

Dr. Wayne H. Holtzman, president of The University of Texas System Hogg Foundation for Mental Health, is serving as president of the International Union of Psychological Science.

His term concludes at the next Congress which is scheduled in Australia in 1988. His election came during the XXIII Congress in Acapulco, the first meeting of the organization to be held in a third world country.

The Union was founded in 1951 to bring together representatives from 45 countries for the exchange of ideas and scientific information between psychologists of those different nations, and in particular to organize international congresses and other meetings on subjects

of general or special interest in psychology internationally.

Dr. Holtzman served as secretary-general of the Union for 12 years.

The primary publication of the IUPsyS is the *International Journal of Psychology*. Also published is the *International Directory of Psychology*.

IUPsyS also sponsors ongoing studies bringing together psychological research of special relevance on the international scale such as women's role and status, environmental psychology, man-machine systems, and a project of special interest to Dr. Holtzman, the child research network.

### Mailing List Procedure

The Hogg Foundation's general mailings are free to anyone who wishes to be placed on the mailing list. Each one contains new pamphlets and leaflets published since the preceding mailing. Anyone wanting on the list to receive such publications gratis may simply send in his or her name and address. The form below may also be used by present recipients to give us a change of address. When changing addresses, attach the computer label from the current mailing to give us the previous address and enter the new address, please.

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