

Limited Activity of Miltefosine in Murine Models of Cryptococcal Meningoencephalitis and Disseminated Cryptococcosis

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Miltefosine is an alkyl phosphocholine with good oral bioavailability and *in vitro* activity against *Cryptococcus* species that has gained interest as an additional agent for cryptococcal infections. Our objective was to further evaluate the *in vivo* efficacy of miltefosine in experimental *in vivo* models of cryptococcal meningoencephalitis and disseminated cryptococcosis. Mice were infected intracranially or intravenously with either *C. neoformans* USC1597 or H99. Miltefosine treatment (1.8 to 45 mg/kg of body weight orally once daily) began at either 1 h or 1 day postinoculation. Fluconazole (10 mg/kg orally twice daily) or amphotericin B deoxycholate (3 mg/kg intraperitoneally once daily) served as positive controls. In our standard models, miltefosine did not result in significant improvements in survival or reductions in fungal burden against either *C. neoformans* isolate. There was a trend toward improved survival with miltefosine at 7.2 mg/kg against disseminated cryptococcosis with the H99 strain but only at a low infecting inoculum. In contrast, both fluconazole and amphotericin B significantly improved survival in mice with cryptococcal meningoencephalitis and disseminated cryptococcosis due to USC1597. Amphotericin B also improved survival against both cryptococcal infections caused by H99. Combination therapy with miltefosine demonstrated neither synergy nor antagonism in both models. These results demonstrate limited efficacy of miltefosine and suggest caution with the potential use of this agent for the treatment of *C. neoformans* infections.

ryptococcal meningoencephalitis remains a substantial infectious disease challenge. Populations at risk for infections caused by Cryptococcus neoformans include HIV/AIDS patients, recipients of solid organ or hematopoietic stem cells transplants, as well as those receiving high-dose chemotherapy or those having some other immunocompromised condition (1, 2). The Centers for Disease Control and Prevention have estimated that in HIV/ AIDS patients the global burden of cryptococcosis is 1 million cases annually (3), while other studies have reported the 3-month mortality for the treatment of acute cryptococcal meningoencephalitis to be approximately 20% (4, 5). Effective treatment is available in the United States and other developed countries and includes amphotericin B and flucytosine as induction therapy followed by fluconazole (2). However, intravenous medications as well as oral flucytosine may not be available in less-developed areas, and the use of high-dose oral fluconazole is not as effective as induction therapy with amphotericin B (6, 7). Thus, there is a clinical need for new or alternative strategies, including agents that may be administered orally, for the treatment of cryptococcal meningoencephalitis.

Miltefosine (hexadecylphosphocholine) is an alkyl phosphocholine that has been used in the treatment of leishmaniasis, including New World cutaneous, mucocutaneous, and visceral disease (8–15). Miltefosine can be administered by mouth, and good oral bioavailability (82 to 94%) has been reported in rats and dogs (16). Recently, this agent has gained interest as a potent therapeutic against invasive mycoses, including cryptococcal infections as *in vitro* studies have demonstrated potent activity against *C. neoformans* and dermatophytes (17, 18). In one case report, miltefosine in combination with voriconazole and terbinafine was successfully used to treat a child with *Scedosporium prolificans* osteomyelitis (19). Improvements in survival and reductions in tissue fungal burden

with the oral administration of miltefosine were also reported in a murine model of disseminated cryptococcosis (18). Based on the preliminary *in vitro* data that demonstrated activity against *C. neoformans* and *in vivo* efficacy against disseminated cryptococcosis, we sought to further evaluate the effectiveness of miltefosine in our murine model of cryptococcal meningoencephalitis, both as monotherapy and in combination with other antifungals. Studies were also conducted to further characterize the efficacy of this agent against disseminated cryptococcosis.

MATERIALS AND METHODS

Isolates and antifungal agents. Cryptococcus neoformans clinical isolates USC1597 and H99 were used throughout this study. Each isolate was subcultured at least twice on Sabouraud dextrose agar (SDA) (Remel, Inc., Lenexa, KS) before each in vitro and in vivo experiment. Prior to inoculation, the isolates were grown in brain heart infusion broth overnight at 37°C with shaking. The cells were then collected by centrifugation and were washed three times in sterile saline. The inoculum concentrations were determined with a hemocytometer, and viability was confirmed by plating serial dilutions and enumeration of CFU. The clinically available intravenous formulations of fluconazole (Pfizer, Inc., New York, NY) and amphotericin B deoxycholate (X-Gen Pharmaceuticals, Big Flats, NY) were used in all studies and were prepared according to the package inserts. Miltefosine powder was obtained from Cayman Chemical Com-

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pany (Ann Arbor, MI) and was dissolved in physiologic saline prior to each experiment.

Susceptibility testing. Susceptibility testing was done by broth microdilution in accordance with the CLSI M27-A3 methodology in RPMI 1640 growth medium buffered with 0.165 M morpholinepropanesulfonic acid (MOPS; pH 7.0) (20). Stock solutions were prepared in water (fluconazole and amphotericin B deoxycholate) or RPMI 1640 medium (miltefosine). Aliquots of each agent (0.1 ml) at $2\times$ concentrations were dispensed into 96-well microdilution trays. C. neoformans cells in RPMI medium were added (final inoculum, 0.5×10^3 to 2.5×10^3 cells/ml), and the trays were incubated at 35°C. Final antifungal concentrations ranged from 0.125 to 64 μ g/ml for miltefosine and fluconazole and from 0.03 to 16 μg/ml for amphotericin B. The MICs for fluconazole were read at 50% reduction in turbidity compared to growth of the control at 72 h. For amphotericin B and miltefosine, MICs were determined as 100% inhibition relative to growth of the controls. In later experiments, 5% (50 mg/ ml) bovine serum albumin (BSA; Equitech Bio, Inc. Kerrville, TX) was added to the RPMI medium to assess the effects of protein binding on the in vitro potency of miltefosine.

Animal model. Previously described murine models of cryptococcal meningoencephalitis and disseminated cryptococcosis were utilized for all studies (18, 21-23). Immunocompetent outbred ICR mice (Harlan) weighing approximately 25 g were housed five mice per cage and had access to food and water ad libitum. To establish cryptococcal meningoencephalitis, mice were anesthetized using isoflurane, and C. neoformans at 1,500 to 2,600 cells/mouse was delivered in a 0.06-ml volume through a 27-gauge needle fastened to a tuberculin syringe with a cuff to prevent penetration of more than 1 mm. A midline puncture through the cranial vault approximately 6 mm posterior to the orbit was made, and the inoculum was injected, after which the mice were allowed to recover. To establish disseminated cryptococcosis, mice were inoculated intravenously via the lateral tail vein with C. neoformans over a range of inocula in different experiments (4.0×10^3 to 6.1×10^5 cells/mouse) delivered in a 0.2-ml volume of sterile saline. This study was approved by the Institutional Animal Care and Use Committee at the University of Texas (UT) Health Science Center at San Antonio, and all animals were maintained in accordance with the American Association for Accreditation of Laboratory Animal Care (24).

Antifungal treatment. Antifungal therapy with miltefosine was initiated either 1 h or 1 day postinoculation at doses ranging between 1.8 and 60 mg/kg of body weight once daily by oral gavage. Amphotericin B was initiated at either 1 h or 1 day postinoculation at a dose of 3 mg/kg once daily by intraperitoneal injection, while fluconazole was initiated at 1 day postinoculation in all experiments at a dose of 10 mg/kg once daily by oral gavage. Between 8 and 20 mice were included per dosage group of each antifungal in each experiment. The duration of therapy for each agent in each study is specified in Results.

Outcome measures. Survival and brain tissue fungal burden were used to measure the *in vivo* efficacy of antifungal therapy. In the survival experiments, mice were followed off therapy to either day 21 or day 30 postinoculation, and any animal that appeared moribund was humanely euthanized. In tissue burden experiments, brain tissues were aseptically collected 1 day after treatment stopped in order to measure fungal burden. Brains were weighed and then homogenized in sterile saline with a tissue homogenizer. Serial dilutions were prepared in sterile saline and plated on SDA. After 48 to 72 h of incubation, colonies were counted, and the number of CFU per gram of tissue for each animal was calculated.

Statistics. Survival was plotted by Kaplan-Meier analysis, and \log rank and Fisher's exact tests were used to assess for significant differences in median survival and percent survival, respectively. Differences in tissue fungal burden were assessed using analysis of variance (ANOVA) with Tukey's posttest for multiple comparisons. A P value of \leq 0.05 was considered statistically significant.

RESULTS

Susceptibility. Miltefosine demonstrated *in vitro* activity against *C. neoformans* USC1597 and H99 (MICs of 1 μ g/ml and 0.5 μ g/ml, respectively) in RPMI medium. Fluconazole was active against each *C. neoformans* isolate (MIC against USC1597, 1 μ g/ml; MIC against H99, 2 μ g/ml), and amphotericin B also demonstrated potent activity against both isolates (MIC of 0.25 μ g/ml). In contrast to the activity observed in RPMI medium for miltefosine, the potency of this agent was significantly reduced with the addition of 5% BSA (MIC of >64 μ g/ml).

Cryptococcal meningoencephalitis caused by C. neoformans **USC1597.** The objective of this study was to evaluate the *in vivo* efficacy of miltefosine against cryptococcal meningoencephalitis, and the initial experiments utilized a fully susceptible C. neoformans isolate (USC1597) to establish infection. Monotherapy with miltefosine at doses ranging from 5 to 60 mg/kg/day, amphotericin B at 3 mg/kg/day, or fluconazole at 10 mg/kg twice daily was initiated at 1 day postchallenge, and each agent was continued for 10 days in the survival arm and for 7 days in the fungal burden arm. Miltefosine did not lead to a survival advantage at doses as high as 45 mg/kg as the median survival (range, 13.5 to 23.5 days) and percent survival (0 to 10%) at each dose did not differ significantly from rates for untreated controls (19 days and 10.5%, respectively) (Fig. 1A and B). In contrast, median survival was significantly prolonged with fluconazole and amphotericin B (29 and >30 days, respectively) compared to controls and each miltefosine dose (P < 0.05 for all comparisons). In addition, amphotericin B significantly improved the percentage of animals surviving to day 30 (95%; P < 0.05) (Fig. 1B). Although therapy with miltefosine at 60 mg/kg was initially tried, mice were unable to tolerate a dose this high as several died following a single administration; therefore, this dose was discontinued. Combination therapy with miltefosine was also ineffective. Neither a survival advantage nor disadvantage was observed with miltefosine at 45 mg/kg plus amphotericin B or fluconazole as the median and percent survival values for these combinations were similar to those observed with monotherapy with these antifungals (Fig. 1C).

Since the marked survival advantage observed with daily administration of amphotericin B may have masked any benefit of combination therapy, we also evaluated daily high-dose miltefosine with a short course of this polyene. In this experiment, both miltefosine at 45 mg/kg and amphotericin B were initiated at 1 h postchallenge, and amphotericin B was discontinued after two doses. Even when therapy was initiated shortly after intracranial challenge, no improvement in survival was observed with miltefosine monotherapy as the median and percent survival values (17.5 days and 0%, respectively) were similar to those of untreated controls (15.5 days and 0%, respectively) (Fig. 1D). In contrast, monotherapy with a short course of amphotericin B still resulted in longer survival than that of controls and miltefosine treatment (24 days; P < 0.01). Similar to the previous results, miltefosine combination therapy did not lead to a significant benefit compared to amphotericin B alone (median survival, 21.5 days). The lack of efficacy of miltefosine was also evident in the brain tissue fungal burden results (Table 1). No reductions in fungal burden were observed in any miltefosine monotherapy group compared to burden in untreated controls. In contrast, significant reductions were observed in mice that received fluconazole or amphotericin B as well as in those that received combination therapy.

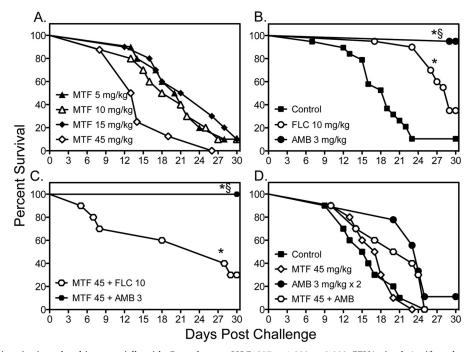


FIG 1 Survival curves in mice inoculated intracranially with C. neoformans USC1597 at 1,900 to 2,800 CFU/animal. Antifungal monotherapy therapy with miltefosine (MTF), fluconazole (FLC), or amphotericin B (AMB) or combination therapy began at 1 day postchallenge (A, B, and C) and continued for 10 days (n=19 to 20 mice per group for untreated controls, fluconazole, and amphotericin B and 8 to 10 mice per miltefosine dose). The early initiation of miltefosine and amphotericin B or combination therapy at 1 h postchallenge was also evaluated (D). Daily miltefosine therapy continued for 10 days, and amphotericin B was administered for only two doses (n=9 to 10 mice per group). *, P < 0.05 for median survival compared to untreated controls; §, P < 0.05 for percent survival at study endpoint compared to untreated controls.

Furthermore, the addition of miltefosine did not result in further reductions in fungal burden compared to treatment with fluconazole or amphotericin B alone.

Cryptococcal meningoencephalitis caused by *C. neoformans* H99. Since the previous study that reported *in vivo* efficacy of miltefosine against disseminated cryptococcosis used a different *C. neoformans* strain (H99), we also evaluated the effectiveness of this agent against cryptococcal meningoencephalitis caused by this isolate. As shown in Fig. 2, miltefosine was also ineffective against central nervous system (CNS) infection caused by H99. No improvements in survival were observed when miltefosine was

initiated 1 h after inoculation at lower doses (1.8 to 7.2 mg/kg/day through day 4) (Fig. 2A) or when higher doses with a longer period of administration were used (15 and 45 mg/kg/day through day 10) (Fig. 2B). In contrast, treatment with both amphotericin B and fluconazole resulted in significant improvements in survival (median survival, 21 and >30 days, respectively) (Fig. 2C) compared to survival of untreated controls (18 days; P < 0.05) and each miltefosine dose (range, 11.5 to 16.5 days; P < 0.0001). The percentage of animals surviving to day 30 was also significantly higher in animals treated with amphotericin B than for all other groups (70% versus 0%; P < 0.001).

TABLE 1 Fungal burden in the brains or lungs of mice with cryptococcal meningoencephalitis or disseminated cryptococcosis following intracranial or intravenous inoculation with *C. neoformans* USC1597

Inoculation method	C. neoformans USC1597 fungal burden (log ₁₀ CFU/gram) by treatment ^a								
		MTF (mg/kg)						MTF (45 mg/kg) +	MTF (45 mg/
and tissue	Control	5	10	15	45	FLC	AMB	FLC	kg) + AMB
Intracranial ^b									
Brain	6.04 ± 0.51	5.57 ± 0.35	5.98 ± 0.51	5.61 ± 0.54	6.03 ± 0.42	$2.64 \pm 1.05^*$	$2.20 \pm 0.92^*$	$3.32 \pm 0.90^*$	$2.83 \pm 1.32^*$
Intravenous ^c									
Lung	7.22 ± 0.62				7.46 ± 0.28		5.77 ± 1.99**		$5.67 \pm 1.61^{**}$
Brain	6.23 ± 0.23				6.34 ± 0.15		$4.35 \pm 1.20^*$		$4.04 \pm 1.02^*$

[&]quot;MTF, miltefosine; FLC, fluconazole; AMB, amphotericin B. Values are means \pm standard deviations. Fluconazole was administered at 10 mg/kg, and amphotericin B was administered at 3 mg/kg, * P < 0.001; **, P < 0.001; **,

^b In the cryptococcal meningoencephalitis model, antifungal therapy with miltefosine, fluconazole, or amphotericin B was continued through day 7, and brains were collected on day 8 for fungal burden quantification (*n* = 19 to 20 mice per group for untreated controls, fluconazole, and amphotericin B and 8 to 10 mice per miltefosine dose).

^c In the disseminated cryptococcosis model, miltefosine therapy was continued through day 7 while amphoteric B was administered for two doses. The lungs and brains were collected on day 8 for fungal burden quantification (n = 10 mice per group).

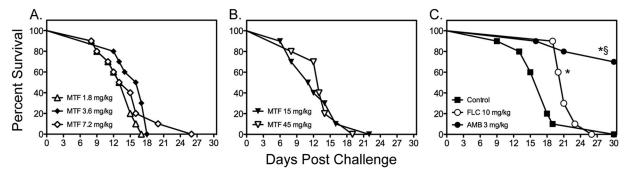


FIG 2 Survival curves of mice inoculated intracranially with C. neoformans H99 at 1,335 CFU CFU/animal. Antifungal therapy with miltefosine (MTF) began at 1 h following infection, while therapy with fluconazole (FLC) and amphotericin B (AMB) was initiated at 1 day postchallenge. Therapy with miltefosine at doses of 1.8, 3.6, and 7.2 mg/kg (A) continued through day 4, and therapy with miltefosine at 15 and 45 mg/kg (B) or with fluconazole and amphotericin B (C) continued through day 10 (n=10 mice per group). *, P<0.05 for median survival compared to untreated controls; §, P<0.05 for percent survival at study endpoint compared to untreated controls.

Disseminated cryptococcosis caused by C. neoformans USC1597 and H99. We also evaluated the efficacy of miltefosine for the treatment of disseminated cryptococcosis following intravenous challenge. In these experiments, miltefosine (1.8 to 45 mg/ kg/day) was initiated 1 h after inoculation, while fluconazole and amphotericin B were started 1 day after infection. As seen against cryptococcal meningoencephalitis, miltefosine did not improve survival at any dose tested (median survival range, 10 to 14 days) compared to rates for untreated controls (12 days) (Fig. 3A and B). Survival was significantly improved with fluconazole and amphotericin B (>21 days for both agents; P < 0.0001). Combination therapy also did not significantly improve survival compared to treatment with amphotericin B alone (Fig. 3C). Furthermore, no significant reductions in fungal burden were observed within the lungs or brain tissue with high-dose miltefosine (45 mg/kg) as monotherapy (Table 1), nor did combination therapy result in further reductions in fungal burden compared to amphotericin B monotherapy.

We also tested the effectiveness of miltefosine against disseminated cryptococcosis caused by *C. neoformans* H99. As shown in Fig. 4, miltefosine and fluconazole did not improve survival compared to survival of untreated controls, while amphotericin B significantly improved survival versus all other groups. As these results were in contrast to what was previously reported in a similar model of disseminated cryptococcosis, we also evaluated the ef-

fects of different infecting inoculum levels on the survival of untreated controls. As expected, the higher inocula $(4.7 \times 10^4 \text{ and } 5.9 \times 10^5 \text{ cells/mouse})$ resulted in 100% mortality early during the course of infection (Fig. 5A). As the survival curve for the inoculum of 4.8×10^3 cells/mouse was similar to that observed in untreated controls in the previous study that reported *in vivo* efficacy for miltefosine (18), we also tested the effectiveness of this agent at this lower infecting inoculum. Interestingly, a trend toward improved survival was observed with miltefosine at 7.2 mg/kg/day versus survival of untreated controls (17.5 versus 20.5 days, respectively; P = 0.09), which was in agreement with the results of the previous study. This suggests that the *in vivo* efficacy of this agent may be inoculum dependent.

DISCUSSION

Miltefosine, an alkyl phosphocholine, has been used as therapy for various forms of leishmaniasis and has recently garnered attention for its potential use against invasive fungal infections, including cryptococcosis. Current interest in this agent is due to the *in vitro* activity against *Cryptococcus* species and dermatophytes and the clinical success that was reported in one patient treated with miltefosine in combination with other antifungal agents for *Scedosporium prolificans* osteomyelitis (17, 19). Additionally, studies have also reported *in vivo* efficacy of miltefosine monotherapy in a murine model of disseminated cryptococcosis as well as meningitis

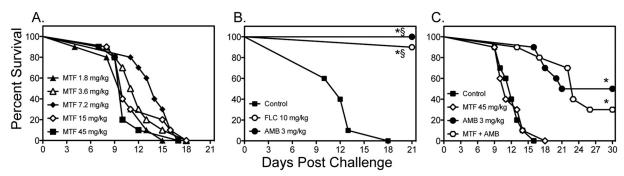


FIG 3 Survival curves in mice inoculated intravenously with *C. neoformans* USC1597 at 0.54×10^5 to 1.6×10^5 CFU/animal. In the monotherapy experiments (A and B), miltefosine (MTF) began at 1 h postchallenge, while fluconazole (FLC) and amphotericin B (AMB) were initiated at 1 day postchallenge. Therapy with miltefosine at doses of 1.8, 3.6, and 7.2 mg/kg continued through day 4, and therapy with miltefosine at 15 and 45 mg/kg, fluconazole, and amphotericin B continued through day 10. For the combination therapy experiment (C), miltefosine at 45 mg/kg was combined with amphotericin B (n = 10 mice per group). *, P < 0.05 for median survival compared to untreated controls; §, P < 0.05 for percent survival at study endpoint compared to untreated controls.

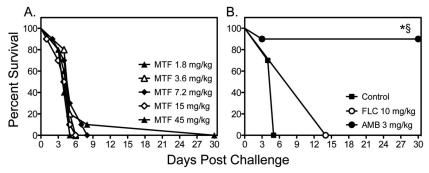


FIG 4 Survival curves in mice inoculated intravenously with *C. neoformans* H99 at 0.54×10^5 to 6.1×10^5 CFU/animal. Treatment with miltefosine (MTF) began at 1 h postchallenge, while fluconazole (FLC) and amphotericin B (AMB) were started 1 day after infection. Therapy with miltefosine at doses of 1.8, 3.6, and 7.2 mg/kg continued through day 4, and therapy with miltefosine at 15 and 45 mg/kg, fluconazole, and amphotericin B continued through day 10 (n = 10 mice per group). *, P < 0.05 for median survival compared to untreated controls; §, P < 0.05 for percent survival at study endpoint compared to untreated controls.

due to *Naegleria fowleri* (18, 25). The mechanism by which miltefosine inhibits fungi has also been elucidated. Following incorporation into *Saccharomyces cerevisiae*, miltefosine rapidly penetrates the mitochondrial inner membrane, where it inhibits cytochrome *c* oxidase and disrupts membrane potential, leading to apoptosis-like cell death (26).

Cryptococcal meningoencephalitis is a common manifestation of disseminated disease caused by C. neoformans, and there is a clear need to develop new antifungal agents as well as to evaluate available drugs for the treatment of this invasive mycosis; as such, we sought to evaluate the efficacy of miltefosine in our established murine model of this CNS infection. Based on the in vitro activity that we observed and that reported by others, as well as previous reports of in vivo efficacy, we expected to see benefit with the use of this agent. However, the results were negative in the majority of our experiments as miltefosine monotherapy did not improve survival in our animal models of cryptococcal meningoencephalitis or disseminated cryptococcosis caused by two different C. neoformans isolates. In contrast, efficacy was observed with the clinically available antifungals fluconazole and amphotericin B. In addition, miltefosine failed to reduce fungal burden within the brains or lungs of these animals and did not improve the effectiveness of therapy when used in combination. The exact reason for this lack of in vivo efficacy in our models is unclear as in vitro activity was observed using the CLSI methodology for antifungal susceptibility testing against yeasts. Furthermore, the MIC values we observed against the two C. neoformans isolates were in agreement with those reported by others (18). However, the *in vitro* potency of this agent was significantly reduced when albumin was added to the growth medium. Miltefosine is highly protein bound (\sim 95%) (27, 28), which could partially explain the lack of *in vivo* activity we observed as there may be only a small fraction of unbound drug available to inhibit the organism at the site of infection. In addition, the effectiveness against disseminated cryptococcosis appeared to be dependent on the size of the infecting inoculum as a trend toward improved survival was observed when a lower inoculum was used to establish infection. The clinical relevance of this finding is unknown, but it is noteworthy that miltefosine lacked activity when mice were challenged with our standard inocula in the cryptococcal meningoencephalitis and disseminated cryptococcosis models, while the clinically available agents fluconazole and amphotericin B remained effective.

A limitation of this study is that we did not evaluate the pharmacokinetics of miltefosine in these animal models, nor did we evaluate different dosing strategies in an effort to potentially improve efficacy. Thus, it is unknown whether effective concentrations were achieved either within the bloodstream or at the sites of infection, including the CNS. However, other investigators have reported favorable pharmacokinetics for miltefosine in mice and other animals, including good oral bioavailability (82% to 95%), a long terminal half-life (range, 73 to 104 h), with extensive tissue distribution, including the brain (16, 29, 30). In addition, peak miltefosine serum concentrations above the MICs for the two *C. neoformans* isolates used in our study and high values for the area under the concentration-time curve (AUC) have

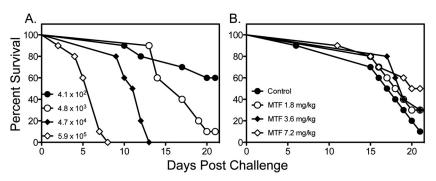


FIG 5 Survival curves in untreated mice challenged intravenously with *C. neoformans* H99 at different inoculum levels (A) or with a single inoculum $(4.0 \times 10^3 \text{ CFU/animal})$ and treated with miltefosine (MTF) (B). Miltefosine was initiated at 1 h postchallenge and continued through day 4 (n = 10 mice per group).

been reported in mice that received doses similar to those we tested (29). Furthermore, in our initial experiment with miltefosine, acute toxicity was observed in several mice following a single dose of 60 mg/kg. Thus, it is unlikely that the concentrations that we achieved were suboptimal.

Although the results of this study do not eliminate the potential utility of miltefosine for the treatment of invasive fungal infections, including those caused by Cryptococcus species, caution is warranted. Additional concerns that may limit the clinical use of this agent include dose-limiting side effects (i.e., nausea, vomiting, and loss of appetite) reported in humans as well as the embryotoxic and teratogenic effects that have been observed in animals (16). Further work is also needed in order to determine the potential role of miltefosine in the treatment of invasive mycoses prior to the widespread clinical use of this agent.

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